

MEDICAL | HEALTH | WELLNESS

NEW

Massage Therapy Certification Program

Begin your new career as a professional, licensed massage therapist! This program focuses on the western styles massage therapy and will prepare you for entry-level positions as massage therapists in medical, chiropractic and physical therapy offices, gyms, salons, spas, cruise ships, resorts and for private practice. It will also prepare you to take the state board exam to become a licensed massage therapist with the State of Michigan. You will receive a total of 668 hours of training which includes 52 hours of independent study outside of the classroom. First aid and adult CPR training is also included in the program. The following are the required courses included in this training program:

- Massage Therapy: Theory and Technique
- Small Business Management for Massage
- Introduction to Reflexology
- Sports Massage Basics
- Corrective Muscle Therapy Techniques & Academic Theory
- Pathology for Massage
- Anatomy, Physiology and Kinesiology

The program is brought to you through a partnership with Medical Massage Institute of Southeast Michigan. MMISM is a member of the American Massage Therapy Association (AMTA) Council of Schools and is licensed by the State of Michigan. It is designed to prepare and empower you to become successful and prosperous professional massage therapist. Graduates will begin a new massage career with understanding, knowledge, compassion and excitement! In as little as five months, you'll have the training you need to begin your new professional career. Prerequisites to be accepted into the program:

- Must be at least 17 years of age
- Minimum of a high school diploma or GED (transcripts required)
- Pass a criminal background check
- Complete and submit an Application for Enrollment/Agreement Form
- Complete and submit a Student Contract for Enrollment
- Provide two references from non-relatives
- Provide a brief personal biography (500 word minimum)

In addition, all applicants who have been officially enrolled, will be personally interviewed before entering class. Full tuition is due at the time of registration which includes a \$25 non-refundable registration fee. One MMISM logo polo shirt will be supplied to you; additional costs incurred to meet the required dress code are the responsibility of the student. The normal refund policy does not apply to this class; please ask for details. One hour is allocated for lunch daily. Classroom instruction and clinical experience will be conducted at MCCC or Medical Massage Institute of Southeast Michigan, 14989 S. Dixie Highway, Monroe. CEUs: 66.8

MEDCL 819-81

\$9,074 (Senior Fee \$8336.50)

Mon-Thurs Sep. 10 - Jan. 21

9 a.m. - 5 p.m. Medical Massage Institute of SE Michigan

No class on November 26, December 24, 28, 29, 30, 31 & January 18

Ophthalmic Assistant Certificate

Begin your career in the field of vision healthcare as an ophthalmic assistant, specializing in the anatomy, function and diseases of the eye. MCCC's ophthalmic assistant certificate program will provide you with the training you'll need to work with ophthalmologists, assisting with eye exams and providing patient education to people of all ages, including children and the elderly. As an ophthalmic assistant, you'll also be responsible for taking a patient's general medical and ophthalmic history and basic measurements of the eye, testing ocular functions and verifying eye glass prescriptions.

This non-credit program includes both classroom and hands-on clinical experience. The last four weeks of the program will be dedicated to supervised, hands-on experience working directly with doctors, technicians and patients. You'll receive valuable on-the-job training by performing examinations and specialized testing such as auto-refraction (A/R), Heidelberg Retina Tomograph (HRT) and Humphrey Visual Fields. A certificate of completion will be awarded to those who successfully complete this 10-week, 400 hour program, which also includes CPR certification, regular written examinations and periodic performance evaluations. In addition, this program will provide you with the foundation for advancement to become a certified ophthalmic assistant (COA), a career with expanded job duties and responsibilities that could include positions such as ophthalmic photographer or surgical assistant, as well as a higher salary. To be eligible for the examination to become a COA, you must also acquire a minimum of six months supervised work experience in the field of ophthalmology. The minimum requirements to be accepted into the ophthalmic assistant certificate program include:

- Must be at least 18 years old
- Minimum of a high school diploma or GED (transcripts required)
- Ability to stand or walk for long periods of time as well as be able to move and lift as required
- Achieve minimum COMPASS assessment scores of 75 in reading, 53 in math (pre-algebra) and 55 in writing
- Pass a nationwide criminal background check (at your expense--\$37)
- Complete a physical examination (at your expense)
- Complete and submit program application

Class size is limited. Classroom instruction and clinical experience will be conducted at Reed Vision Associates, P.C., located at 1180 N. Monroe Street, Monroe, Michigan. CEUs: 40.0

MEDCL 817-81

\$2,695 (Senior Fee \$2,368.50)

Mon-Fri Oct. 5 - Dec. 21

8 a.m. - 5 p.m. Reed Vision Campbell

No class on October 22, 23, 26, 27, Nov. 26 & 27

Emergency Medical Technician (EMT)

The Basic Emergency Medical Technician program is approved by the Michigan Department of Community Health, EMS and Trauma Services Section. This 25-week program will prepare you for National Registry testing, state licensure and employment with ambulance services, fire departments, hospitals or any other area of emergency care. Class consists of lecture, practical skills and clinical rotation. The Basic EMT program is a prerequisite for a paramedic program.

Minimum requirements to enroll in our EMT program include:

- Must be 18 years of age or older
- Provide documentation of your high school diploma or GED
- Have no felony convictions
- Provide proof of health insurance (before clinical rotations begin)

You will need to buy your own set of scrubs for the clinicals. An additional fee will be expected at the end of the course for the national registry exam.

 CEUs: 24.8

MEDCL 702-81

\$849 (Senior Fee \$462)

Tues/Thurs Oct. 6 - Mar. 19
6 - 10 p.m. H 165 Millsaps

No class on November 26, December 24,
29 and 31

NEW

Intuitive Eating

Diets don't work, and they set you up to fail every time! Categorizing food as "good" or "bad" or cutting out whole food groups, allowing restrictions and deprivation are all diets and lead to backlash bingeing. Learn how to enjoy eating again and that the only foods bad for you are those that either make you sick or those that you are allergic to. Learn how you can have freedom to eat when you're hungry, eat just the right amount, and combine foods correctly to give you energy, all without guilt, shame or regret! Open to age 13 and older.

HLTSC 729-81

\$89 (Senior Fee \$44.50)

Mondays Oct. 5 - Nov. 9
7:30 - 8:30 p.m. Z 260 Searl

First Aid, Adult CPR/AED and Child CPR

This program is designed to provide basic understanding and awareness of ill or injured persons in any environment. You will learn scene safety, first-on-scene emergency care, concerns regarding the complications of medical or trauma patients from improper actions, and instructions to assist trained emergency care providers in caring for victims. It is designed to train lay persons how to deal with adult cardiovascular emergencies such as heart attacks, heart stoppages, or respiratory difficulties for both adults and children. You will observe and practice rescue breathing, CPR techniques and AED use. You must show competency in these skills through a paper and pencil examination and through demonstration to receive a certification card in adult and child CPR and AED use. Materials included in the cost. Continental breakfast and lunch are also included in the cost for those attending the full day of training. CEUs: .9

MEDCL 806-81

\$99 (Senior Fee \$57)

Thursday Oct. 22
8 a.m. - 5:30 p.m. Z 259 Staff

First Aid, Adult CPR and AED

CEUs: .8

MEDCL 806A-81

\$79 (Senior Fee \$47)

Thursday Oct. 22
8 a.m. - 4:30 p.m. Z 259 Staff

Adult CPR/AED & Child CPR

CEUs: .6

MEDCL 806B-81

\$59 (Senior Fee \$29.50)

Thursday Oct. 22
11:30 a.m. - 5:30 p.m. Z 259 Staff

Adult CPR and AED Certification

CEUs: .5

MEDCL 806C-81

\$49 (Senior Fee \$24.50)

Thursday Oct. 22
11:30 a.m. - 4:30 p.m. Z 259 Staff

First Aid

CEUs: .3

MEDCL 806D-81

\$39 (Senior Fee \$19.50)

Thursday Oct. 22
8 - 11 a.m. Z 259 Staff

Pharmacy Technician Certification Program

This 50-hour course prepares students to function effectively in many of the administrative and clerical positions in the health care industry. Administrative medical assistants, medical secretaries, medical records clerks and health unit coordinators are all positions in great demand. This program covers important background information on anatomy and physiology, medical terminology, insurance billing and coding, medical ethics, customer service and legal aspects.

This program is intended to provide students with a well-rounded introduction to medical administration so that they can gain the necessary skills required to obtain or advance in a health care administration position. This program does not include a national or state certification as part of its overall objectives. Text and materials included in the cost. **Note: The normal refund policy does not apply to this class. Please ask for details.** CEUs: 5.0

MEDCL 807-81

\$999 (Senior Fee \$899)

Mon/Wed Oct. 5 - Dec. 14
6 - 8:30 p.m. Z 259 Staff

No class on November 25

NEW

Get a Grip – Aging Gracefully

This workshop is designed to teach you a four-prong approach on how to easily control energy and mood through lifestyle changes, nutritional strategies and more. You'll learn about women's metabolism and weight issues and how to effectively control your energy level. The benefits you can expect from attending include: more energy, decreased sugar craving, improved digestion, improved body composition as well as a sharper mind. This class is intended for women 35 and older but anyone interested in the topics covered are welcome.

HLTSC 730-81

\$42 (Senior Fee \$21)

Mondays Nov. 16 - 30
7:30 - 8:30 p.m. Z 258 Searl

Medical Assistant Administration Program

This 50-hour course prepares students to function effectively in many of the administrative and clerical positions in the health care industry. Administrative medical assistants, medical secretaries, medical records clerks and health unit coordinators are all positions in great demand. This program covers important background information on anatomy and physiology, medical terminology, insurance billing and coding, medical ethics, customer service and legal aspects.

This program is intended to provide students with a well-rounded introduction to medical administration so that they can gain the necessary skills required to obtain or advance in a health care administration position. This program does not include a national or state certification as part of its overall objectives. Text and materials included in the cost. **Note: The normal refund policy does not apply to this class. Please ask for details.** CEUs: 5.0

MEDCL 811-81

\$999 (Senior Fee \$899)

Mon/Wed Oct. 5 - Nov. 23
6 - 9:30 p.m. Z 272 Staff

EKG Technician Certification Program

This comprehensive, 50-hour EKG Technician Certification Program prepares students to function as an EKG technician. It will also prepare you to take the American Society of Phlebotomy Technicians (ASPT) Electrocardiograph Technician exam in addition to other national certification exams. This course will include important practice and background information on anatomy of the heart and physiology, medical disease processes, medical terminology, medical ethics, legal aspects of patient contact, the Holter monitor, electrocardiography and echocardiography.

Additionally, students will practice with equipment and perform hands-on labs. Introduction to the function and proper use of the EKG machine, the normal anatomy of the chest wall for proper lead placement, 12-lead placement and other clinical practices are included in the practical experience. Text and materials are included in the cost.

The fee (approximately \$80) for the certification exam is not included in the cost. Students planning to take the exam should plan to pay this fee within the first two weeks of class.

Note: The normal refund policy does not apply to this class. Please ask for details. CEUs: 5.0

MEDCL 808-81

\$999 (Senior Fee \$899)

Tues/Thurs Oct. 1 - Nov. 24
6:30 - 9:30 p.m. Z 259 Staff
No class on October 13

Medical Billing and Coding Program

This 70-hour course offers the skills needed to solve insurance billing problems, as well as how to manually file claims (using the CPT and ICD-9 manual), complete common insurance forms, trace delinquent claims and use generic forms (CMS 1500) to streamline billing procedures.

The course covers the following areas: CPT (introduction, guidelines, evaluation and management), specialty fields (such as surgery, radiology and laboratory), ICD-9 (introduction and guidelines) and basic claims process for medical insurance and third-party reimbursement. Students will learn how to find the service codes using coding manuals (CPT and ICD-9).

After obtaining the suggested practical work experience, students who complete this course could be qualified to sit for the American Academy of Professional Coders (AAPC) Certified Professional Coder Exam (CPC or CPC-H - Apprentice), the American Health Information Management Association (AHIMA) Certified Coding Associate (CCA) exam and/or other national certification exams. Text and materials included in the cost. **Note: The normal refund policy does not apply to this class. Please ask for details.** CEUs: 7.0

MEDCL 809-81

\$1,299 (Senior Fee \$1,169.50)

Tues/Thurs Oct. 6 - Dec. 22
6 - 9:30 p.m. Z 271 Staff
No class on October 13 & November 26