Outline of Instruction

Division: Health Sciences  
Area: Health-Physical Education

Course Number: HPE 263  
Course Name: Intermediate Golf

Prerequisite: HPE 163
Corequisite:

Hours Required:  
Class: 2  
Lab: 30  
Credits: 1

Course Description/Purpose

Course content for physical education activities will include a review of basics regarding selection of clothing, equipment, terminology, fundamental skills, and safety. Written and/or skills tests are a part of each course. The purpose of this course is to provide students an opportunity to advance golf skills and the knowledge and understanding of concepts related to more advanced golf play. Students will benefit from the emphasis on lifetime individual sport and recreational activities while receiving one hour credit for either their associate's degree or for personal enjoyment. This course is also transferable to many four-year institutions as a P.E. credit for those students seeking a baccalaureate degree. Students should progress from basic golf skills to an intermediate level of golf play or an appropriate level of skill determined by mutual students and faculty analysis.

Major Units

• Basis for Physical Fitness
  Components of Physical Fitness

• Golf Equipment and Clothing

• Review and Practice of Fundamental Skills of Golf

• Advanced Skills Introduced and Practiced

• Rules of Play/Scoring/Etiquette

• Playing the Game
  Mental Aspect
  Golf Shot Strategy

• Tournament Play
Educational/Course Outcomes

Student learning will be assessed by a variety of methods, including, but not limited to, quizzes and tests, journals, essays, papers, projects, laboratory/clinical exercises and examinations, presentations, simulations, portfolios, homework assignments, and instructor observations.

**Cognitive** Each student will be expected to *Identify/Recognize* . . .

- selection and care for equipment;
- specific terms and definitions related to golf;
- rules of safety related to golf;
- rules of play in golf;
- advanced strategy in golf play and tournaments.

**Performance** Each student will be expected to *Demonstrate/Practice* . . .

- prompt and regular attendance;
- safety rules at all times;
- mental and emotional focus while in golf play;
- competent advanced golf skills by the end of the term;
- etiquette on the golf course;
- the selection and establishment of challenging yet reachable semester ending goals through pre- and post-evaluation of golf play;
- tournament play.

**Attitudinal** Each student will be expected to *Believe/Feel/Think* that:

- through pre- and post-evaluation, the student's attitudes will be evaluated relating to all game aspects of golf and tournament play;
- exercise has positive benefits on one's health;
- a positive attitude, focused attention, and high energy level are essential for success.