Nursing Care of Adults I
Outline of Instruction

Course Information
Organization: Monroe County Community College
Developers: Bonnie Welniak
Development Date: 1/12/2009
Course Number: N261
Potential Hours of Instruction: 60
Total Credits: 4

Description
This course utilizes a holistic view to study the adult client's adaptation to commonly occurring health problems. The student will use critical thinking to integrate holistic theory and basic pathophysiology in assessing, planning, implementing and evaluating care for clients with medical-surgical health care needs. Special focus will be placed on the client with chronic illness.

Major Units
- Health Promotion and Illness
- Biopsychosocial Concepts Related to Health Care
- Problems of Tissue Perfusion
- Problems of Cardiac Output and Tissue Perfusion
- Problems of Oxygenation
- Management of clients with Fluid, Electrolyte, and Acid-Base Imbalances
- Problems of Mobility, Sensation, and Cognition
- Problems of Digestion, Nutrition, and Elimination

Types of Instruction

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<thead>
<tr>
<th>Instruction Type</th>
<th>Contact Hours</th>
<th>Credits</th>
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<tr>
<td>Online</td>
<td>60</td>
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Textbook:

Prerequisites
Admission to the RN from LPN online nursing program.

Exit Learning Outcomes
Course Outcomes

1. Demonstrate critical thinking abilities, through the use of the nursing process, in meeting the needs of clients who are acutely or chronically ill or who have multiple health problems.

2. Apply stress adaptation theories with regard to the impact of illness on biological, psychological, social, cultural, and spiritual aspects of the client and family.

3. Utilize nursing process in planning care of adult clients in a variety of health care settings.

4. Implement therapeutic communication skills as they relate to the nurse-client relationship.

5. Identify the nurse's role in health care management (disease prevention, health promotion and maintenance and teaching) in adults who are acutely or chronically ill or who have multiple health problems.

6. Apply the legal and ethical principles related to the scope of practice of the Associate Degree Nurse in caring for clients who are acutely or chronically ill.

7. Demonstrate support for the rights of individuals to choose their own values, practices, and life styles.

8. Demonstrate all course requirements.