Nursing Care of Adults I Clinical
Outline of Instruction

Course Information
Organization: Monroe County Community College
Developers: Bonnie Welniak/ Dawn Wetmore
Development Date: 1/31/09
Course Number: N 262
Potential Hours of Instruction: 90 contact hours
Total Credits: 2

DESCRIPTION:
This clinical course focuses on care of the adult client with commonly occurring health problems. The student will use critical thinking to integrate holistic theory and basic pathophysiology in assessing, planning, implementing and evaluating care for clients with medical-surgical health care needs. Special focus will be placed on the client with chronic illness.

Major Units
This is a clinical course therefore there are no specific major units. Students care for Medical-Surgical clients and their families as they are admitted into acute care agencies.

Types of Instruction
Clinical instruction in Medical Surgical Nursing

Textbook

PREREQUISITES:
Nursing Assessment, NURS 220 – Theory
Nursing Care of Adults I, N 261 – Theory

Exit Learning Outcomes
Program Outcomes
A. Apply the nursing process, through the use of critical thinking, as a means of promotion wellness and assisting individuals and families to adapt to stress.
B. Function effectively as a beginning practitioner in the delivery of health care within the structure of the health care team.

C. Utilize the nurse-client relationship to assist individuals, families and groups with stress adaptation.
D. Apply the stress adaptation theory to individuals throughout the life span.
E. Use effective communication with individuals and groups.
F. Support the rights of individuals to choose their own values, practices and life styles.
G. Share willingly and individual philosophy, which promotes personal and professional growth and accountability.
H. Meet program requirements.

Course Outcomes

1. Demonstrate critical thinking abilities through the use of the nursing process to promote wellness and assist individuals to adapt to commonly occurring health problems.
2. Safely perform basic nursing skills to meet the health care needs of adults in the medical-surgical setting.
3. Utilize the nurse-client relationship to assist the individual to adapt to common stressors in the medical-surgical setting.
4. Apply the stress adaptation theory as it relates to adults in the medical-surgical setting.
5. Demonstrate effective communication with individuals, families, and peer group.
6. Show respect for individuals for their own philosophy, moral code, and life style.
7. Identify an individual philosophy which promotes personal and professional growth.
8. Meet Program Requirements.