Nursing Care of Adults II
Outline of Instruction

Course Information
Organization: Monroe County Community College
Developers: Kathleen Masters
Development Date: 1/12/2009
Course Number: N263
Potential Hours of Instruction: 60
Total Credits: 4

Description
This course utilizes the holistic view to study adult clients and their adaptation to severe stressors. The student will become increasingly sophisticated in the use of the nursing process and critical thinking skills to facilitate client’s adaptation to serious physiologic insults.

Major Units
Management of Perioperative Clients
Problems of Protection
Problems of Sensation
Problems of Mobility
Problems of Regulation and Metabolism
Problems of Excretion
Problems of Reproduction

Types of Instruction

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<th>Instruction Type</th>
<th>Contact Hours</th>
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<td>Online</td>
<td>60</td>
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Textbooks

Prerequisites
Satisfactory completion of N220 & N 261 if enrolled in the part time tract
**Exit Learning Outcomes**

**Program Outcomes**

A. Apply the nursing process, through the use of critical thinking, as a means of promoting wellness and assisting individuals and families to adapt to stress.

B. Function effectively as a beginning practitioner in the delivery of health care within the structure of the health team.

C. Utilize the nurse-client relationship to assist individuals, families, and groups with stress adaptation.

D. Apply the stress adaptation theory to individuals throughout the life span.

E. Use effective communication with individuals and groups.

F. Support the rights of individuals to choose their own values, practices, and life styles.

G. Share willingly an individual philosophy, which promotes personal and professional growth and accountability.

**Course Outcomes**

1. Demonstrate critical thinking abilities, through the use of the nursing process, in meeting the needs of clients who are acutely or chronically ill or who have multiple health problems.

2. Apply stress adaptation theories with regard to the impact of illness on biological, psychological, social, cultural, and spiritual aspects of the client and family.

3. Utilize nursing process in planning care of adult clients in a variety of health care settings.

4. Implement therapeutic communication skills as they relate to the nurse-client relationship.

5. Identify the nurse's role in health care management (disease prevention, health promotion and maintenance and teaching) in adults who are acutely or chronically ill or who have multiple health problems.

6. Apply the legal and ethical principles related to the scope of practice of the Associate Degree Nurse in caring for clients who are acutely or chronically ill.

7. Demonstrate support for the rights of individuals to choose their own values, practices, and life styles.

8. Demonstrate all course requirements.