Nursing Care of Special Populations: Mental Health Clinical Outline of Instruction

Course Information
Organization: Monroe County Community College
Developers: Dr. Karen Brooke/Dawn Wetmore
Development Date: 1/31/09
Course Number: N 278
Potential Hours of Instruction: 90 contact hours
Total Credits: 2

DESCRIPTION:
This clinical course focuses on the practice of nursing as it relates to the adult, mentally ill client’s adaptation to stressors and crises. The student will use critical thinking to integrate psychopathology in assessing, planning, implementing and evaluating care of clients with health care needs in the mental and spiritual spheres. Therapeutic use of self and communication skills will be included in the provision of nursing care. Clinical instruction will take place in acute and chronic health care settings.

Major Units
This is a clinical course therefore there are no specific major units. Students care for mentally ill clients and their families as they are admitted into acute care agencies.

Types of Instruction
Clinical instruction in Mental Health Nursing

Textbook

PREREQUISITES:
Nursing Assessment, NURS 220 – Theory
Nursing Care of Adults I & II, NURS 261 and 263 – Theory
Nursing Care of Adults I and II, NURS 262 and 264 – Clinical
Nursing Care of Special Populations, NURS 272, 274, 276 – Theory
Nursing Leadership NURS 290 – Theory

Exit Learning Outcomes
Program Outcomes
A. Apply the nursing process, through the use of critical thinking, as a means of promotion wellness and assisting individuals and families to adapt to stress.
B. Function effectively as a beginning practitioner in the delivery of health care within the structure of the health care team.
C. Utilize the nurse-client relationship to assist individuals, families and groups with stress adaptation.
D. Apply the stress adaptation theory to individuals throughout the life span.
E. Use effective communication with individuals and groups.
F. Support the rights of individuals to choose their own values, practices and life styles.
G. Share willingly and individual philosophy, which promotes personal and professional growth and accountability.
H. Meet program requirements.

**Course Outcomes**
1. Demonstrate critical thinking abilities through the use of the nursing process and interactional analysis as a means of promoting wellness and assisting individuals within the family to adapt to common stressors.
2. Safely perform basic nursing skills to meet the health care needs of adults in the psychiatric setting.
3. Utilize the nurse-client relationship to assist the individual to adapt to common stressors in the psychiatric setting.
4. Apply the stress adaptation theory as it relates to adults in psychiatric settings.
5. Demonstrate appropriate communication with individuals, families and peer groups.
6. Accept the rights of individuals to practice their own cultural practices, philosophy, moral code, and life style.
7. Identify an individual philosophy that promotes personal and professional growth and accountability.
8. Meet program requirements.