Adapting to Multiple Stressors II

Course Information
Course Number: NURS 209B
Instructional Area: Nursing
Division: Health Sciences
Potential Hours of Instruction: 130
Total Credits: 3

Prerequisites
NURS 209A

Description
This four week capstone course provides theoretical content related to managing groups of clients and in communicating with health team members. During the final three weeks, students have the opportunity to increase their client-care workload in a medical-surgical setting utilizing a full-time preceptorship arrangement. Critical thinking skills continue to be emphasized through active clinical decision making. Clinical practice during this time will be full-time work for three weeks.

Major Units
- Time Management and Organization
- Collaborative Interdisciplinary Relationships
- Advanced Skills
- Decision Making
Exit Learning Outcomes

General Education Outcomes
A. Demonstrate an understanding of the process of scientific inquiry
B. Apply mathematical approaches to the interpretation of numerical information
C. Communicate ideas in writing using the rules of standard American English
D. Use computer technology to retrieve information
E. Use computer technology to communicate information

Student Learning Outcomes
The student will be expected to:
1. apply critical thinking and the nursing process to deliver care to groups of clients.
2. function effectively as a beginning practitioner in the delivery of health care within the structure of the health team.
3. utilize the nurse-client relationship in providing nursing care to individuals and families.
4. apply the stress adaptation theory to hospitalized individuals.
5. communicate proficiently with clients, families, and health team members.
6. advocate for the rights of individuals to their own cultural practices, philosophy, moral code, and life-style.
7. share willingly an individual philosophy which promotes personal and professional growth and accountability as described in the Nursing Student Information Handbook.