Nursing Care of Special Populations: Obstetrics Clinical
Outline of Instruction

Course Information
Organization: Monroe County Community College
Developers: Kathleen Masters, Dawn Wetmore
Development Date: 1/31/09
Course Number: N 273
Potential Hours of Instruction: 45 contact hours
Total Credits: 1

DESCRIPTION:
This clinical course focuses on the practice of nursing of the childbearing family with emphasis on the maternity client. Critical thinking skills are used in the application of the nursing process. Nursing interventions will be developed and implemented to assist the maternity client and family in their holistic, adaptive responses to growth and development, illness and stress, health promotion and maintenance, community resources and cultural and ethnic variations of health and illness. Clinical instruction will take place in acute health care settings.

Major Units
This is a clinical course therefore there are no specific major units. Students care for maternity clients and their families as they are admitted into acute care agencies.

Types of Instruction
Clinical instruction in Obstetrical Nursing

Textbook:

PREREQUISITES:
Nursing Assessment, NURS 220 – Theory
Nursing Care of Adults I & II, NURS 261 and 263 – Theory
Nursing Care of Adults I and II, NURS 262 and 264 – Clinical
Nursing Care of Special Populations, NURS 272, 274, 276 – Theory
Nursing Leadership NURS 290 – Theory

Exit Learning Outcomes
Program Outcomes
A. Apply the nursing process, through the use of critical thinking, as a means of promotion wellness and assisting individuals and families to adapt to stress.
B. Function effectively as a beginning practitioner in the delivery of health care within the structure of the health care team.
C. Utilize the nurse-client relationship to assist individuals, families and groups with stress adaptation.
D. Apply the stress adaptation theory to individuals throughout the life span.
E. Use effective communication with individuals and groups.
F. Support the rights of individuals to choose their own values, practices and life styles.
G. Share willingly and individual philosophy, which promotes personal and professional growth and accountability.
H. Meet program requirements.

**Course Outcomes**
1. Demonstrate critical thinking through the use of the nursing process to promote wellness and assist individuals within the family to adapt to stress.

2. Safely perform nursing skills to meet the health care needs of the childbearing family.

3. Utilize the nurse-client relationship to assist family members with stress adaptation.

4. Apply the stress adaptation theory to families in obstetrical settings.

5. Use appropriate communication techniques in an obstetrical setting.

6. Support the rights of individuals to practice their own cultural practices, philosophy, moral code, and life style.

7. Demonstrate an individual philosophy that promotes personal and professional growth and accountability.

8. Meet program requirements.