Outline of Instruction

Division: Health Sciences
Area: Nursing

Course Number: NURS 276.L1
Course Name: Nursing Care of Special Populations: Mental Health

Prerequisite: NURS 260; PSYCH 151 or Equivalent
Corequisite:

Hours Required: Class: 60  Lab:  Credits: 4

Course Description/Purpose
A course designed to facilitate the student in using nursing process to give care to special populations, specifically those experiencing mental illness. Nursing interventions to assist the client and family in their holistic adaptive responses to growth and development, mental illness and stress are discussed. Emphasis is placed on the nurse's role in health care management (disease prevention, health promotion and maintenance and teaching) as it relates to psychiatric nursing. Information is designed to build upon the theory learned in all completed coursework and will enable the student to apply previously learned knowledge and skills.

Major Units

• Theoretical Framework
• Therapeutic Approach
• Crisis and Self-Destructive Defenses
• Classic Psychiatric Illness
**Instructional Methods:**

Instructor-paced study:

- Textbook materials
- Complete assigned modular work
- Some assignments will be delivered to the instructor via digital drop box (ddb)

Group work will be a part of some assignments. The instructions for how groups are formed will be found under **Assignments**

- Case scenarios
- Online discussions, virtual chats

**Course Objectives:**

Upon completion of this course, the student will be expected to:

**Cognitive**

- Demonstrate critical thinking abilities, through the use of the nursing process, in meeting the needs of special populations, those experiencing mental illness.

- Apply stress adaptation theories with regard to the impact of illness on biological, psychological, socio-cultural, and spiritual aspects of the special population client and family.

- Utilize nursing process in planning care of special population clients in a variety of health care settings.

- Implement therapeutic communication skills as it relates to the nurse-client relationship.

- Identify the nurse’s role in health care management (disease prevention, health promotion, and maintenance, and teaching) for the client who is mentally ill.

**Performance**

- Apply the legal and ethical principles related to the scope of practice of the Associate Degree Nurse in caring for mentally ill populations.

**Performance Attitudinal**

- Demonstrate support for the rights of individuals with mental illness to choose their own values, practices, and life styles.

- Demonstrate all program requirements.