### Outline of Instruction

**Division:** Health Sciences  
**Area:** Nursing  
**Course Number:** NURS 290.L1  
**Course Name:** Nursing Leadership and Management

**Prerequisite:** Admission to the Online Program

**Corequisite:**

**Hours Required:**  
- **Class:** 45  
- **Lab:**  
- **Credits:** 3

**Course Description/Purpose**

This course explores the professional nurse's role in management, including priority setting, delegation, supervision and resource management in the health care setting. Content includes leadership/management issues, career development and current health care trends as they impact the professional nursing role.

**Major Units**

- Historical Perspectives of Nursing  
- Job Seeking Process/Portfolio  
- Nursing Care Delivery  
- Leading and Managing  
- Delegation  
- Legal and Ethical Issues in Nursing  
- Evidence-based Nursing  
- Communication  
- Teams and Conflict  
- Stress/Time Management  
- Staffing Issues  
- Managing Personnel Problems  
- Quality Management  
- Role Transition
Instructional Methods:

There are a total of 14 modules for the course. Each module may contain the following components:

- List of defined objectives
- Reading assignments in the required text
- Module to be completed each week
- Work assignments in the Student Manual (This may be online)
- Explanations, exercises, pictures and graphics to explain and help the student learn the course material
- Group critical thinking exercises to be done with a defined number of classmates (case studies) each week
- Practice quizzes
- Links to relevant sites on the World Wide Web
- Quiz at the end of every lesson
- Midterm examination that is proctored
- Final examination that is proctored

Course Objectives:

There are five objectives for the course. Each module will contain a number of specific objectives. The course objectives are as follows:

Cognitive
- Examine the principles of leadership and management.
- Examine entry-level leadership/management competencies needed by the nurse to deliver effective and efficient nursing care.

Performance
- Design a career management plan.

Cognitive
- Analyze strategies for the management of human and material resources.
- Predict how the trends in health care will affect the function of the professional nurse.