<table>
<thead>
<tr>
<th>Division:</th>
<th>Health Sciences</th>
<th>Area:</th>
<th>Practical Nursing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Number:</td>
<td>PNUR 121</td>
<td>Course Name:</td>
<td>Fundamentals of Practical Nursing</td>
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<tr>
<td>Prerequisite:</td>
<td>Admission to Practical Nursing Program</td>
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<tr>
<td>Corequisite:</td>
<td>PNUR 123 Mental Health Concepts for Practical Nursing</td>
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<tr>
<td>Hours Required:</td>
<td>Class: 75</td>
<td>Lab: 180</td>
<td>Credits: 9</td>
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**Course Description/Purpose**

This course serves as the foundation from which other courses will build and expand. This course includes skills and concepts basic to nurse and nurse aide training, and also introduces the role and concepts of nursing practice for the licensed practical nurse. The program’s organizing framework, based on the Stress-Adaptation Model, holistic health, basic human needs, growth and development concepts, the nursing process, communication and documentation, health promotion and maintenance, cultural diversity, teaching/learning concepts and accountability, is introduced. Meeting the needs of clients experiencing change in health status is the nursing focus. The course includes mathematics for medication administration and skills related to oral, parenteral, and other various routes of medication administration. Additionally, special emphasis will be placed on the needs of the elderly and nutritional support for all clients. The clinical component will be applied in the campus laboratory, hospital and nursing home settings.

**Major Units**

- Introduction to Nursing and Health Care
  - Nursing and Healthcare Teams
  - Healthcare Delivery, Growth and Development
  - Program Syllabus and Conceptual Framework
- Professional Behaviors in Nursing Practice
  - Communication and the Nurse-Client Relationship
  - Legal and Ethical Issues in Nursing
- The Nursing Process
  - Documentation and Reporting
  - Patient Education
- Caring for Clients and Families
  - Caring Theory
  - Cultural Diversity, Family Structures
- Basic Human Needs and Nursing Care
  - Infection control: Medical and Surgical Asepsis, Wound Care
  - Physical Assessment: Vital Signs, Head to Toe Assessments
  - Exercise and Activity: Body Mechanics, Positioning, Transfers, Ambulation
  - Safety: Falls, Restraints
  - Hygienic Care
  - Nutrition: Normal, Therapeutic, Feeding Clients
  - Urinary and Bowel Elimination
  - Medication Administration
  - Oxygen, Fluid and Electrolytes
  - Comfort, Sleep and Rest
  - Psychological: Spirituality, Sexuality, Death and Dying
Course Number: PNUR 120  
Course Name: Fundamentals of Practical Nursing for Certified Nurse Aides

Prerequisite: Admission to Practical Nursing Program and Active Nurse Aide Certification

Corequisite: PNUR 123 Mental Health Concepts for Practical Nursing

Hours Required: Class: 75  Lab: 90  Credits: 7

Course Description/Purpose
This course builds on the basic skills of a nurse’s aide, but further examines the scientific principles and rationale for previously learned skills. This course serves as the foundation from which other courses will build and expand, and introduces the role and concepts of nursing practice for the licensed practical nurse. The program’s organizing framework, based on the Stress-Adaptation Model, holistic health, basic human needs, growth and development concepts, the nursing process, communication and documentation, health promotion and maintenance cultural diversity, teaching/learning concepts and accountability, is introduced. Meeting the needs of clients experiencing change in health status is the nursing focus. The course includes mathematics for medication administration and skills related to oral, parenteral, and various other routes of medication administration. Special emphasis will be placed on the needs of the elderly and nutritional support for all clients. The clinical component will be applied in the campus laboratory, hospital and nursing home settings.

Major Units
- Introduction to Nursing and Health Care
  Nursing and Healthcare Teams
  Healthcare Delivery, Growth and Development
  Program Syllabus and Conceptual Framework
- Professional Behaviors in Nursing Practice
  Communication and the Nurse-Client Relationship
  Legal and Ethical Issues in Nursing
- The Nursing Process
  Documentation and Reporting
  Patient Education
- Caring for Clients and Families
  Caring Theory
  Cultural Diversity, Family Structures
- Basic Human Needs and Nursing Care
  Infection control: Medical and Surgical Asepsis, Wound Care
  Physical Assessment: Vital Signs, Head to Toe Assessments
  Exercise and Activity: Body Mechanics, Positioning, Transfers, Ambulation
  Safety: Falls, Restraints
  Hygienic Care
  Nutrition: Normal, Therapeutic, Feeding Clients
  Urinary and Bowel Elimination
  Medication Administration
  Oxygen, Fluid and Electrolytes
  Comfort, Sleep and Rest
  Psychological: Spirituality, Sexuality, Death and Dying

Course Outcomes
Student learning will be assessed by a variety of methods, including, but not limited to quizzes and tests, journals, essays, papers, projects, laboratory/clinical exercises and examinations, presentations, simulations, portfolios, homework assignments, and instructor observations.
1. Identify the role of the licensed practical nurse in the nursing process to assist clients to meet basic health needs and to promote wellness.

2. Demonstrate the safe performance of select basic nursing skills to meet the health needs of adults and the elderly in hospitals and extended care facilities.

3. Identify the nurse-client relationship as a therapeutic tool to assist individuals to meet health care needs.

4. Relate knowledge of stress and adaptation in assisting individuals to meet physiological, psychological, socio-cultural and spiritual needs and to promote wellness throughout the lifespan.

5. Practice beginning communication skills in interaction with clients and families, staff and peers.

6. Define diversity and the importance of respect and tolerance for clients with varied lifestyles, beliefs, races and cultures.

7. Practice behaviors which reflect professional growth, accountability for nursing practice, and a philosophy of nursing care.

8. Meet program requirements.