PNUR 124 Practical Nursing Care of Adults I

Course Information
Division
Contact Hours
Theory
Lab Hours
Off-Campus Clinical Hours
Total Credits
Prerequisites
PNUR 121, PNUR 123
HLTSC 120, BIOL 158

Course Description
The focus of this course is the use of clinical problem-solving skills and the nursing process to assist adults with common medical-surgical problems and select acute and chronic disorders in meeting health care needs. The course builds on the program's organizing framework. Students will study in the classroom and campus laboratory, and provide basic nursing care to adults in medical-surgical acute care clinical settings.

This course is a required core course for students pursuing a(n) Certificate in Practical Nursing

Program Outcomes Addressed by this Course:
Upon successful completion of this course, students should be able to meet the program outcomes listed below:

A. Apply the nursing process in the delivery of nursing care to clients and the management of care of groups of clients in applicable structured health care settings.

B. Demonstrate the provision of competent nursing care to clients and to the management of care of groups of clients in applicable structured health care settings.

C. Demonstrate professional and caring relationships in the provision of nursing care to clients and to the supervision of staff in the care of groups of clients in applicable structured health care settings.

D. Apply the stress adaptation theory and the use of healthy coping mechanisms in the care of clients and the management of the work environment in the care of clients in applicable structured health care settings.

E. Demonstrate effective communication skills with clients, families, staff, and peers in the various structured health care settings.

F. Display respect and sensitivity to the cultural diversity of clients, families, staff, and peers with varied lifestyles, beliefs, races, and cultures.

G. Demonstrate professionalism through compliance with the ethical and legal standards of the nursing profession in the care of clients and the management of staff in applicable structured health care settings.
Course Outcomes
In order to evidence success in this course, the students will be able to:

1. Utilize the nursing process to assist adult clients with common medical-surgical conditions to meet basic physiological and psychosocial needs and to promote wellness.
   Applies to Program Outcome
   A. Apply critical thinking and the nursing process in the role of a beginning practical nurse graduate in the delivery of care to individual clients in acute care settings and to groups of adult clients in long-term care settings.

2. Demonstrate the safe performance of beginning nursing skills and the provision of competent nursing care to meet the health care needs of adult clients in Medical-surgical settings
   Applies to Program Outcome
   B. Demonstrate the safe performance of nursing skills and beginning team management skills in the delivery of health care to individual clients and to groups of adult clients in long-term care settings.

3. Develop professional and caring nurse-client relationships which assist adult clients with common medical-surgical conditions to meet health care needs.
   Applies to Program Outcome
   C. Utilize human relations skills while providing nursing care to individual clients in acute care settings and supervising unlicensed personnel in the care of groups of adult clients in long-term care settings.

4. Apply the stress adaptation theory in assisting adult clients to utilize healthy coping mechanisms in adapting to the stressors associated with common medical–surgical conditions.
   Applies to Program Outcome
   D. Apply the stress adaptation theory in assisting adult clients to utilize healthy coping mechanisms and in managing the work environment in the care of groups of adult clients in long-term care settings.

5. Develop effective beginning communication techniques in interaction with adult clients, families, staff, and peers.
   Applies to Program Outcome
   E. Demonstrate effective communication skills with individual clients in acute care settings and in the charge nurse role with groups of clients, families and staff

6. Discuss the attributes of respect and sensitivity to the diversity of adult clients and families with varied lifestyles, beliefs, races, and cultures.
   Applies to Program Outcome
   F. Display sensitivity and respect for the cultural diversity of staff, clients, and families with varied lifestyles, beliefs, races, and cultures.

7. Develop professional behaviors which reflect accountability for nursing practice through adherence to the ethical and legal standards of the nursing profession in the care of adult clients.
   Applies to Program Outcome
   G. Demonstrate professional behaviors in the care of individual and groups of clients and in the supervision of staff, which reflect professional growth, accountability for nursing practice, and a philosophy of care of clients in acute care and long-term care settings.

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