Course Outcome Summary
Required Program Core Course

PNUR 126
Practical Nursing Care of Obstetrical Clients

Course Information
Division: Health Sciences
Contact Hours: 3.5
Theory: 20 hours
Lab Hours: 5 hours
Off-Campus Clinical Hours: 30 hours
Total Credits: 2

Prerequisites: PNUR 125

Course Description
The focus of this course is a holistic view of the childbearing family and its adaptation to pregnancy and childbirth. Practical nursing students will study the nursing care related to the phases of maternity including pregnancy, labor and delivery, and postpartum periods and the care of the newborn. Basic family growth and development, family health promotion and maintenance, common cultural and ethnic variations in childbearing practices, common childbearing complications, influences of other health disorders and family planning are also covered. Students will study in the classroom, nursing laboratory and clinical settings.

This course is a required core course for students pursuing a(n) Certificate in Practical Nursing

Program Outcomes Addressed by this Course:
Upon successful completion of this course, students should be able to meet the program outcomes listed below:

A. Apply the nursing process in the delivery of nursing care to clients and the management of care of groups of clients in applicable structured health care settings.

B. Demonstrate the provision of competent nursing care to clients and to the management of care of groups of clients in applicable structured health care settings.

C. Demonstrate professional and caring relationships in the provision of nursing care to clients and to the supervision of staff in the care of groups of clients in applicable structured health care settings.

D. Apply the stress adaptation theory and the use of healthy coping mechanisms in the care of clients and the management of the work environment in the care of clients in applicable structured health care settings.

E. Demonstrate effective communication skills with clients, families, staff, and peers in the various structured health care settings.

F. Display respect and sensitivity to the cultural diversity of clients, families, staff, and peers with varied lifestyles, beliefs, races, and cultures.

G. Demonstrate professionalism through compliance with the ethical and legal standards of the nursing profession in the care of clients and the management of staff in applicable structured health care settings.
Course Outcomes
In order to evidence success in this course, the students will be able to:

1. Apply the nursing process to assist individuals within the childbearing family to meet basic physiological and psychosocial needs throughout the childbearing process.
   **Applies to Program Outcome:**
   A. Apply the nursing process in the delivery of nursing care to clients and the management of care of groups of clients in applicable structured health care settings.

2. Demonstrate the safe performance of maternity nursing skills and the provision of competent nursing care to meet the health care needs of clients and families throughout the childbearing process.
   **Applies to Program Outcome:**
   B. Demonstrate the provision of competent nursing care to clients and to the management of care of groups of clients in applicable structured health care settings.

3. Demonstrate professional and caring nurse-client relationships in assisting the mothers and families to meet health care needs throughout the childbearing process.
   **Applies to Program Outcome:**
   C. Demonstrate professional and caring relationships in the provision of nursing care to clients and to the supervision of staff in the care of groups of clients in applicable structured health care settings.

4. Assist mothers and families to utilize healthy coping mechanisms in adapting to multiple stressors throughout the childbearing process.
   **Applies to Program Outcome:**
   D. Apply the stress adaptation theory and the use of healthy coping mechanisms in the care of clients and the management of the work environment in the care of clients in applicable structured health care settings.

5. Implement effective communication techniques in the maternity setting in interaction with clients, families, staff and peers.
   **Applies to Program Outcome:**
   E. Demonstrate effective communication skills with clients, families, staff, and peers in the various structured health care settings.

6. Display respect and sensitivity to the diversity of childbearing families with varied lifestyles, beliefs, races and cultures.
   **Applies to Program Outcome:**
   F. Display respect and sensitivity to the cultural diversity of clients, families, staff, and peers with varied lifestyles, beliefs, races, and cultures.

7. Demonstrate professionalism through adherence to the ethical and legal standards of the nursing profession in the care of childbearing clients and families.
   **Applies to Program Outcome:**
   G. Demonstrate professionalism through compliance with the ethical and legal standards of the nursing profession in the care of clients and the management of staff in applicable structured health care settings.

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By: hb_lm