



AUTHOR VISIT:

Tracie McMillan

April 15, 2015 / 7 p.m.

LA-Z-Boy Center, Meyer Theater

The American Way of Eating: Undercover at Walmart, Applebee's, Farm Fields and the Dinner Table examines the subject of food and the American diet as Ms. McMillan takes readers on her personal quest to answer two fundamental questions: "Why is it so difficult to eat well?" and "What would it take for us all to eat well?" Her narrative brings readers to grueling work places and introduces them to many of the food workers who belong to the working poor. Her experiences invite readers to look at economics, politics, and social sciences to reveal the surprising truths about how American food is grown, sold, and prepared. A timely work, Ms. McMillan's investigation will provoke thoughtful discussions.



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