Course Information
Course Number: NURS 104
Instructional Area: Nursing
Division: Health Sciences
Potential Hours of Instruction: 106
Total Credits: 4

Prerequisites
Nursing 103
Biology 157

Description
This course utilizes a holistic view to study the nursing care of the adult, mentally ill client's adaptation to stressors and crises. The student will use critical thinking based on scientific and nursing research to integrate psychopathology in assessing, planning, implementing and evaluating care of clients with health care needs in the mental and spiritual spheres. Special focus will be placed on communication, therapeutic use of self, nurse-client relationship, stress adaptation and holistic health in the care of the mentally ill.

Typically the student will have twelve (12) hours per week for five weeks of clinical instruction in the acute psychiatric care setting, selected community settings and campus laboratory.

Major Units
- Theoretical Framework
- Communication and Assessment
- Self-Destructive Defenses
- Classic Psychiatric Illness and Crisis
Exit Learning Outcomes

General Education Outcomes
A. Demonstrate an understanding of the process of scientific inquiry
B. Apply mathematical approaches to the interpretation of numerical information
C. Communicate ideas in writing using the rules of standard American English
D. Use computer technology to retrieve information
E. Use computer technology to communicate information

Student Learning Outcomes
The student will be expected to:

1. demonstrate critical thinking through the use of the nursing process and interaction analysis to understand one's own behavior, promote wellness, and assist psychiatric clients to adapt to stressors.
2. safely adapt basic nursing skills to meet the health care needs of clients in psychiatric settings.
3. utilize the nurse-client relationship to assist clients adapt to psychiatric stressors.
4. apply the stress adaptation theory as it relates to clients in psychiatric settings.
5. demonstrate effective communication with clients, health team members, and peer group(s).
6. show respect for all psychiatric clients in relation to cultural beliefs, philosophy, moral code, and/or life style.
7. identify an individual philosophy which promotes personal and professional growth and accountability as described in the Nursing Student Information Handbook.