



Division:	Health Sciences	Area:	Human Services Para-Professional	
Course Number:	HSP 100	Course Name:	Nurse Aide Practice	
Prerequisite:	None			
Corequisite:	None			
Hours Required:	Class: 38	Lab: 46	Clinical: 48	Credits: 5

Course Description/Purpose

This course is designed to prepare an individual to fulfill the role of direct caregiver/ nursing aide. The course emphasizes the skills and behaviors that are significant to employers of nurse aides, including Cardiopulmonary Resuscitation. This course includes classroom activities, skills practice time in the laboratory, and supervised clinical practice at a long-term care facility. Written assignments and tests (both written and performance testing) are a part of this course. Upon completion of this course, students will be eligible to take the clinical and written exams required for certification as a nurse's aide.

Major Units

- Orientation to Long Term Care
- Understanding the Long Term Care Patient
- Ethical/Legal Aspects of Health Care
- Fire/Disaster Safety
- Safe Patient Environment
- Communication
- Planning and Organizing your Work
- Medical and Charting Terminology
- Activities of Daily Living
- Body Mechanics
- Positioning and Range of Motion
- Lifting, Transfers, and Ambulation
- Vital Signs
- Nutrition
- Elimination
- The Reproductive System of the Elderly
- Care of Specific Disorders
- The Survey Process
- Restorative Nursing
- Spiritual and Religious Needs
- Death and Dying
- Additional Procedures
- Measuring Intake and Output
- Universal Precautions

Educational Course Outcomes

Student learning will be assessed by a variety of methods, including, but not limited to, quizzes and tests, essays, papers, projects, laboratory/clinical exercises and examinations, presentations, simulations, homework assignments, and instructor observations.

Educational Outcomes

Cognitive Performance

Performance

Cognitive

Cognitive

Performance

Cognitive

Attitudinal

Course Outcomes

Upon completion of this course, the student will be expected to:

1. Describe emergency procedures to be taken in the event of:
 - a) fire
 - b) natural disasters
 - c) power failure
 - d) choking
 - e) heart or lung function cessation.
2. Perform basic nursing skills safely and meeting legal and ethical considerations:
 - a) personal care skills such as bathing, A.D.L. activities;
 - b) care of the environment;
 - c) care of the bed;
 - d) collecting and sharing information:
pulse, respiration, blood pressure, weight, height;
 - e) intake and output, specimen collection;
 - f) catheter care;
 - g) observation, recording and reporting changes in conditions;
 - h) preventing, recognizing, and responding to seizure activity;
 - i) infection control;
 - j) issues regarding medication administration;
 - k) aspects of rehabilitative care, such as transfer, positioning, and use of assistive devices;
 - l) basic first aid for common situations, such as bleeding, burns.
3. Describe three basic purposes of long term care and facilities;
4. Describe the rights of the resident as specified in the Michigan Public Health Code;
5. Interact appropriately with persons having special needs;
6. Identify the role and responsibilities of the nurse aide;
7. Meet course requirements for behavior and attendance.

All performance/attitudinal objectives have an assumed cognitive base. In some cases, another outcome is identified when there is a secondary strong emphasis in the learning process.