



MONROE COUNTY
COMMUNITY COLLEGE

Course Outcome Summary

Required Program Core Course

**ECE 104 Nutrition, Health, and Safety
for Early Childhood Education**

Course Information

Division	Science/Mathematics
Course Number	ECE 104
Course Name	Nutrition, Health, and Safety for Early Childhood Education
Contact Hours	45
Total Credits	3

Prerequisites

ENGL 090 and RDG 090 or qualifying scores on accepted placement tests

Co-requisites

ECE 102

Course Description

This course presents a holistic approach to the wellness of children in relation to their safety, nutrition, and health in various environments and early childhood education settings. It discusses the provision of quality early childhood education environments that ensure the physical and emotional well-being of children. Knowledge of child development is reviewed to address the safety, nutritional and health needs of children throughout the developmental stages. Students will develop an instructional unit on one of these areas related to the wellness of children.

Exit Learning Outcomes

This course is a required core course for students pursuing an AAS in Early Childhood Education.

Program Outcomes Addressed by this Course:

Upon successful completion of this course, students should be able to meet the program outcomes listed below:

- A. Utilize knowledge of child development to support and nurture children in their development and learning environments.
- B. Demonstrate respectful and reciprocal interactions and relationships with diverse children, families, and communities to support child development and learning.
- C. Apply systematic observation and varied documentation and assessment strategies to support child development and learning.
- D. Develop curriculum for the young child based on knowledge of academic subject areas to support child development and learning.
- E. Utilize developmentally appropriate approaches and strategies to enhance child development and learning.
- F. Demonstrate professionalism through adherence to the ethical and professional standards of the early childhood profession in the care of young children.

Course Outcomes

In order to evidence success in this course, the students will be able to:

1. Apply knowledge of growth and development to the nutritional, health, and safety needs of children.
Linked To Program Outcome
 - A. Utilize knowledge of child development to support and nurture children in their development and learning environments.

2. Explain developmentally appropriate communication to engage children and families regarding their nutritional, health, and safety needs.
Linked To Program Outcome
 - B. Demonstrate respectful and reciprocal interactions and relationships with diverse children, families, and communities to support child development and learning.

3. Apply observation and assessment strategies to the nutritional, health, and safety needs of children to provide an environment that ensures their physical and emotional well-being.
Linked To Program Outcome
 - C. Apply systematic observation and varied documentation and assessment strategies to support child development and learning.

4. Prepare a unit of instruction to promote the nutritional, health, and safety needs of children.
Linked To Program Outcome
 - D. Develop curriculum for the young child based on knowledge of academic subject areas to support child development and learning.

5. Distinguish specific approaches and strategies to support the nutrition, health, and safety of children.
Linked To Program Outcome
 - E. Utilize developmentally appropriate approaches and strategies to enhance child development and learning.

6. Discuss professional behaviors essential to the provision of an environment that protects the physical and emotional well-being of children.
Linked To Program Outcome
 - F. Demonstrate professionalism through adherence to the ethical and professional standards of the early childhood profession in the care of young children.