



MONROE COUNTY
COMMUNITY COLLEGE

Course Outcome Summary

Standard Course

HPE 151 First Aid and Safety

Course Information

Division	Health Sciences
Contact Hours	2
Theory	30
Total Credits	2

Prerequisites

RDG 090 and ENGL 090 or qualifying scores on accepted placement tests

Course Description

The First Aid and Safety course will provide the student with a basic knowledge and understanding of accidents, illness and injuries that most commonly occur at home, work, school, play or while traveling. The student is given opportunities to analyze specific emergency situations with emphasis on treatment, prevention and the protection of victims and the responder. Major areas include wounds, injuries to muscles, bones, and joints, shock, poisoning, burns, sudden illnesses, substance use/abuse, heart attacks, and respiratory emergencies. CPR, choking, AED, and first aid/safety skills are learned and applied to adults, children and infants. Upon successful completion of the course, the student will receive an American Heart Association (AHA) Heartsaver First Aid CPR AED certification.

Course Outcomes

In order to evidence success in this course, students will be able to:

1. Identify situations that require emergency action and the appropriate responses on behalf of a trained responder.
2. Demonstrate first aid, safety, and CPR skills according to American Heart Association standards.
3. Demonstrate the ability to apply critical thinking and problem-solving skills to emergency scenarios and learning modules.

Date Updated: 3/17/15 (RR/KSL); 3/2/21 (TL/KSL)