



Course Information

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| Division | Health Sciences |
| Contact Hours | 2 |
| Theory | 30 |
| Total Credits | 2 |

Prerequisites

RDG 090 and ENGL 090 or qualifying scores on ACT or COMPASS tests

Course Description

The First Aid and Safety course will provide the student with a basic knowledge and understanding of accidents, illness and injuries that most commonly occur at home, work, school, play or while traveling. The student is given opportunities to analyze specific emergency situations with emphasis on treatment, prevention and protection. Major areas include: wounds; injuries to muscles, bones, and joints; shock; poisoning; burns; sudden illnesses; heart attacks and respiratory emergencies. Rescue breathing, choking and CPR skills are learned and applied to adults, children and infants.

Course Outcomes

In order to evidence success in this course, students will be able to:

1. Identify/Recognize:
 - a. Emergency Action Principles
 - b. First aid emergencies and how to be able to respond quickly
 - c. Appropriate first aid treatment for the victim
 - d. Proper procedures to move a victim or treat for emergencies
 - e. Importance of treating the whole person in emergency situations
2. Demonstrate/Practice:
 - a. First aid skills for adult, child, and infant
 - b. Choking/obstructed airway skills for adult, child, and infant
 - c. Breathing emergency skills for adult, child, and infant
 - d. CPR skills for adult, child, and infant, including use of A.E.D.
3. Believe/Feel/Think:
 - a. A positive attitude toward responding to emergency situations
 - b. Confidence in demonstrating first aid skills necessary in emergency situations
 - c. The ethical responsibility to act in emergency situations