



# Course Outcome Summary

Required Program Core Course

**PNUR 123**

**Mental Health Concepts for Practical Nursing**

## Course Information

Division	Health Sciences
Contact Hours	2
Theory	30
Total Credits	2

**Prerequisites** PNUR 121, HLTSC 120, BIOL 258 (formerly BIOL 158)

**Co-requisite** PNUR 124 and PNUR 130 (Must be successfully completed prior to or concurrently)

## Course Description

This course introduces the concepts of mental health and mental illness and the principles of therapeutic communication skills and nursing interventions. It is designed to assist the students in utilizing the nursing process to provide therapeutic nursing care and to meet the mental health needs of patients with various psychiatric and behavioral disorders, and maladaptive behaviors. The course discusses the application of psychological theories and therapeutic approaches in assisting patients to develop healthy coping mechanisms for managing various mental health needs. Treatment modalities and psychotherapeutic medications are discussed. Instruction will be provided in the classroom and the online environment. Students will apply mental health principles and concepts to the general patient population in all settings.

**This course is a required core course for students pursuing a(n) Certificate in Practical Nursing**

## Program Outcomes Addressed by this Course:

Upon successful completion of this course, students should be able to meet the program outcomes listed below:

1. Support human flourishing through the promotion of dignity, integrity, self-determination, and personal growth of diverse patients, their families, and oneself to provide individualized, culturally appropriate, relationship-centered nursing care.
2. Make nursing judgements in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care for diverse patients and their families in collaboration with the health care team.
3. Articulate the professional identity and unique role of a practical nurse as a member of the health care team, committed to evidence-based practice, effective communication, caring, advocacy, and safe quality care, to provide optimal health care for diverse patients and their families.
4. Collaborate with health care team members through a spirit of inquiry, utilizing evidence and patient preferences in predictable patient care situations to promote optimal health status.

## Course Outcomes



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In order to evidence success in this course, the students will be able to:

1. Describe promotion of dignity, integrity, self-determination, and personal growth of adults with mental health needs, their families, and oneself to provide individualized, culturally appropriate, relationship-centered nursing care.  
Applies to Program Outcome:
  1. Support human flourishing through the promotion of dignity, integrity, self-determination, and personal growth of diverse patients, their families, and oneself to provide individualized, culturally appropriate, relationship-centered nursing care.
2. Describe judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care for adults with mental health needs and their families in collaboration with the health care team.  
Applies to Program Outcome:
  2. Make nursing judgements in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care for diverse patients and their families in collaboration with the health care team.
3. Define the unique role of a practical nurse as a member of the health care team, committed to evidence-based practice, effective communication, caring, advocacy, and safe quality care, to provide optimal health care for adults with mental health needs and their families.  
Applies to Program Outcome:
  3. Articulate the professional identity and unique role of a practical nurse as a member of the health care team, committed to evidence-based practice, effective communication, caring, advocacy, and safe quality care, to provide optimal health care for diverse patients and their families.
4. Describe effective strategies for collaborating with health care team members, utilizing evidence, best practice, and patient preferences in predictable patient care situations to promote the optimal health status of adult patients with mental health needs.  
Applies to Program Outcome:
  4. Collaborate with health care team members through a spirit of inquiry, utilizing evidence and patient preferences in predictable patient care situations to promote optimal health status.

Date Updated: 1/17; 6/17; 11/22 H. Boylan