Health Sciences Division

History and Physical

“Initial Participant”

Used only for one of the following programs, please check:

☐ Nursing (RN) ☐ Nursing (PN) ☐ Respiratory Therapy ☐ Certified Nursing Assistant ☐ Phlebotomy

All sections of this health form must be completed in order to be eligible to participate in both clinical and classroom activities.

Please upload completed form to ACEMAPP using directions provided by the Nursing Program Coordinator (RN and PN students only). Students in all other programs to submit documents to their program director.

Student must be able to meet all technical standards as listed below:

Note: Specific examples of Technical Standards can be found on the back of this page.

<table>
<thead>
<tr>
<th>Critical Thinking:</th>
<th>☐ Sufficient critical thinking and cognitive abilities in classroom and clinical settings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professionalism:</td>
<td>☐ Interpersonal skills sufficient for professional interaction with a diverse population of individuals, families and groups</td>
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<tr>
<td>Communication:</td>
<td>☐ Communication sufficient for professional interactions</td>
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<tr>
<td>Mobility:</td>
<td>☐ Physical abilities sufficient for movement from room to room and in small spaces</td>
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<tr>
<td>Motor Skills:</td>
<td>☐ Gross and fine motor abilities which are sufficiently effective and safe for providing allied health care</td>
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<tr>
<td>Sensory:</td>
<td>☐ Auditory and visual ability sufficient for observing, monitoring and assessing health needs</td>
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<tr>
<td>Observation:</td>
<td>☐ Ability to sufficiently make observations in a health care environment, consistent with program competencies</td>
</tr>
<tr>
<td>Tactile Sense:</td>
<td>☐ Tactile ability sufficient for physical assessment</td>
</tr>
</tbody>
</table>

Is the individual free of contagious illness? ☐ Yes ☐ No
If No, please explain: ________________________________________________________________________
_______________________________________________________________________________________

☐ I do hereby give my consent for the individual to fully participate in the classroom and clinical activities including complete patient care.

Additional Comments: ____________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________

_________________________________________________                                _____________________
Health Care Provider Signature                                                                         Date

_________________________________________________                                _____________________
Please affix sticker or stamp with Provider name and address            Phone number

Note: All costs associated with this exam are the responsibility of the individual.
| Examples |
|-----------------|-------------------------------------------------|
| **Critical Thinking** | Make safe, immediate, well reasoned clinical judgments. Identify cause/effect relationships in all clinical situations and respond appropriately. Utilize the scientific method and current standards of evidence based medicine/practice (EBM) to plan, prioritize, and implement patient care. Evaluate effectiveness of health related interventions. Accurately follow course syllabi, assignments, directions, academic and facility patient protocols, and any action plan(s) developed by the dean, faculty, administration, or healthcare institution. Measure, calculate, reason, analyze and/or synthesize data as it applies to patient care and medication administration. |
| **Professionalism** | Establish effective, professional, relationships with clients, families, staff and colleagues with varied socioeconomic, emotional, cultural, and intellectual backgrounds. Capacity to engage in successful conflict resolution. Capacity to comply with all ethical and legal standards, including those of the healthcare profession and the corresponding policies of the College and Clinical Placements Facilities. Ability to relate to clients, families, staff and colleagues with honesty, integrity, and non-discrimination. Ability to self regulate behavior and maintain composure during stressful or sensitive care of clients in all areas of the healthcare environment. Respond appropriately to constructive criticism. Effectively work independently and cooperatively in team situations. Displays attributes of professionalism such as: integrity, honesty, responsibility, accountability, altruism, compassion, empathy, trust, tolerance, and unbiased attitudes. |
| **Communication** | Explanation of treatment, procedure, initiation of health teaching (e.g. teach-back or show-me method). Accurately obtain information from clients, family members/significant others, health team members, and/or faculty. Documentation and interpretation of health related interventions and client responses. Read, write, interpret, comprehend, and legibly document in multiple formats using standard English. To relay accurate and thorough information in oral, written, and electronic forms for continuity of care with all health care team members appropriately. Communicate in a courteous, non-aggressive, non-defensive manner with instructors, peers, staff, patients and health care team members. |
| **Mobility** | Functional movement about patient’s room, workspaces, and treatment areas. Administer rescue procedures such as cardiopulmonary resuscitation. The physical ability to transition quickly to accommodate patient needs and to maneuver easily in urgent situations for client safety. |
| **Motor Skills** | Ability to effectively calibrate and use equipment. Strength to carry out patient care procedures, such as assisting in the turning and lifting/transferring of patients. Perform and/or assist with expected procedures, treatments, and medication administration using appropriate sterile or clean technique (for example, medication administration, CPR, insertion of catheters). Physical endurance sufficient to complete all required tasks during the assigned period of clinical practice, including the physical and mental demands of a 12-hour clinical shift. To physically be able to control falls by slowly lowering patient to floor. Lift or move (turn, position) clients or objects, pull or push objects weighing up to 35 pounds to accommodate client care needs. |
| **Sensory** | Ability to detect monitoring device alarm and other emergency signals. Ability to discern sounds and cries for help. Ability to observe client’s condition and responses to treatments. Ability to collect information through listening, seeing, smelling, and observation and respond appropriately. Ability to detect foul odors, smoke, changes in skin temperature, skin texture, edema, and other anatomical abnormalities. |
| **Observation** | Accurate interpretation of information obtained from digital, analog, and waveform diagnostic tools such as temperatures, blood pressures, and cardiac rhythms as well as diagnostic tools that monitor or obtain physiological phenomena with client care. Observation and interpretation of the following: client heart and body sounds, body language; color of wounds, drainage, urine, feces, expectoration; sensitivity to heat, cold, pain and pressure; and signs and symptoms of disease, pain, and infection. |
| **Tactile Sense** | Ability to palpate in physical examinations and various therapeutic interventions. To detect temperature changes, and feel vibrations (pulses) and palpate veins for cannulation. |
Health Sciences Division  
Student TB Testing – Initial Student  
Please Print

**Student Tuberculosis (TB) Testing**

Prior to admission students must provide proof of negative TB status by submitting ONE of the options below:

1. Approved TB screening blood test (QuantiFERON-TB Gold or T-Spot) ~OR~
2. Two-Step TB skin test (TST). *(A single annual TB screening schedule can be maintained every year thereafter) ~OR~
3. If a person has a previously documented positive TB screening test or a documented diagnosis of TB or Latent TB infection (LTBI) in the past, see option 3 below.

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**OPTION 1: TB Screening Blood Test**

INTERFERON-GAMMA RELEASE ASSAY (IGRA) – QuantiFERON-TB Gold or T-Spot:

Date Test Given (mm/dd/yyyy): ______________ Test Given by: _____________________________

Interpretation: ☐☐Negative ☐☐Positive

**In the event of a positive result: If a tuberculin skin test or the IGRA blood test is positive or a person exhibits signs and symptoms suspicious for tuberculosis, a medical evaluation is required.**

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**OPTION 2: 2-Step TST Note: requires 4 visits to the test provider**

FIRST STEP OF THE TWO-STEP TB SKIN TEST (TST):

Date Test Given (mm/dd/yyyy): ______________ Test Given by: _______________________________

Site: ☐☐Left Forearm ☐☐Right Forearm Manufacturer/Lot #: _______________________________

This first test must be read within 48-72 hours. Document findings below

Date Test Read (mm/dd/yyyy): ______________ Test Read by: _______________________________

Interpretation: ☐☐Negative ☐☐Positive Measurement of Induration (in millimeters): mm

SECOND STEP OF TWO-STEP TB SKIN TEST (TST) Note: *must be done 1-3 weeks after first test*

Date Test Given (mm/dd/yyyy): ______________ Test Given by: _______________________________

Site: ☐☐Left Forearm ☐☐Right Forearm Manufacturer/Lot #: _______________________________

This second test must be read within 48-72 hours. Document findings below

Date Test Read (mm/dd/yyyy): ______________ Test Read by: _____________________________

Interpretation: ☐☐Negative ☐☐Positive Measurement of Induration (in millimeters): mm

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**OPTION 3: Only for those with a previous positive TB screening test or diagnosis**

If a person has a previously documented positive TB screening test or a documented diagnosis of TB or Latent TB Infection (LTBI) in the past, perform an annual risk assessment/symptom check with your healthcare provider instead of the TST or IGRA. Repeat Chest x-ray is only required if symptoms develop.

**CHEST X-RAY**

Documentation that the Chest X-Ray was performed to rule-out tuberculosis due to a positive TB skin test, IGRA blood test or due to the development of signs or symptoms of tuberculosis must be in the Chest X-Ray report or comments.

Date of Chest X-Ray (mm/dd/yyyy): ______________

Interpretation: ☐☐Normal ☐☐Abnormal

Symptom Review Statement

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Healthcare Provider Signature: _________________________________ DATE: _____________________

*Please affix sticker or stamp with provider name, address, and phone number.*
TB Testing: For Tuberculosis testing, please refer previous page: Student Tuberculosis (TB) Testing.

Vaccinations: The following vaccine or titer results/records must also be submitted to the appropriate program coordinator or uploaded into ACEMAPP (if used by the program). If using ACEMAPP, the student may need to upload the same vaccination log multiple times in order to meet the various health requirements.

- **Hepatitis B:** Proof of the three-shot series, a **booster** (if series received in childhood), **and** a positive Hepatitis B surface antibody (anti-HBs), **OR** a signed waiver, declining the Hep B series, thus not being protected from Hep B in the clinical setting. Students with a negative Hep B titer, post-series are considered non-converters and will be required to upload a counseling note from their physician, explaining the risks of not being protected while choosing to work in health-care.

Students who are immunocompromised should receive a Hepatitis-B booster and a Hep-B antibody titer (blood test) showing immunity one month after.

- **Measles/Mumps/Rubella:** Students are required to have valid documentation of 2 MMR vaccines **OR** have titers (bloodwork) drawn to document immunity. Titer results demonstrating “non-immune” or “equivocal” will require a student to receive 2 doses of MMR vaccine*, 1 month apart.

- **Varicella (Chicken Pox):** Students are required to have valid documentation of 2 Varicella vaccines **OR** have titers (bloodwork) drawn to document immunity **OR** have documentation of the disease by their Health Care Provider. Titer results demonstrating “non-immune” or “equivocal” will require a student to receive 2 doses of Varicella vaccine*, 1 month apart.

  ❖ No additional titers required after receiving the MMR or Varicella vaccines as described above.

- **Tetanus Diphtheria & Pertussis (Tdap):** Students are required to have valid documentation of a Tdap vaccine. If the last Tdap vaccine was received over 10 years ago, students must receive either the Tdap or Td booster.

- **Influenza:** Flu vaccination is required during flu season, October through March. Students entering any program in fall semester will receive email notification of an October due date for this requirement. Students entering any program in winter semester will be required to have flu shot documentation upon entry into the program.

- **COVID-19:** Regardless of prior Covid-19 vaccination history, students must show proof of having received ONE dose of a recently FDA approved covid-19 vaccine or booster. Typically, students who have received a Covid-19 vaccination after September 1st, 2022 will be compliant with this requirement.

  Note: Students are responsible for tracking these results and vaccine due dates along with re-titer dates as needed.

**EXEMPTION REQUESTS**

Vaccinations/boosters against infectious agents such as COVID-19 are required to participate in clinical learning activities. Students requesting vaccination exemption due to medical reasons should contact the Nursing Program Coordinator. Students requesting vaccination exemption for religious reasons will be required to contact the Director of Human Resources/Affirmative Action Officer, Linda Torbet, to discuss the exemption process and requirements (ltorbet@monroeccc.edu). Although the College will work with students requesting an exemption, it cannot guarantee clinical placement for students that are not fully vaccinated/boostered, which may impact a student’s ability to progress in his/her coursework and/or complete the program.