

LIFELONG LEARNING



MONROE COUNTY
COMMUNITY COLLEGE
enriching lives



WINTER & SUMMER • JANUARY - AUGUST 2020

4 EASY WAYS TO REGISTER

ONLINE

www.monroeccc.edu
via



US MAIL

see address below

IN PERSON

Room Z 286 in La-Z-Boy Center

CALL US

734.384.4127 to register and
pay with a credit card

FACTS ONLINE

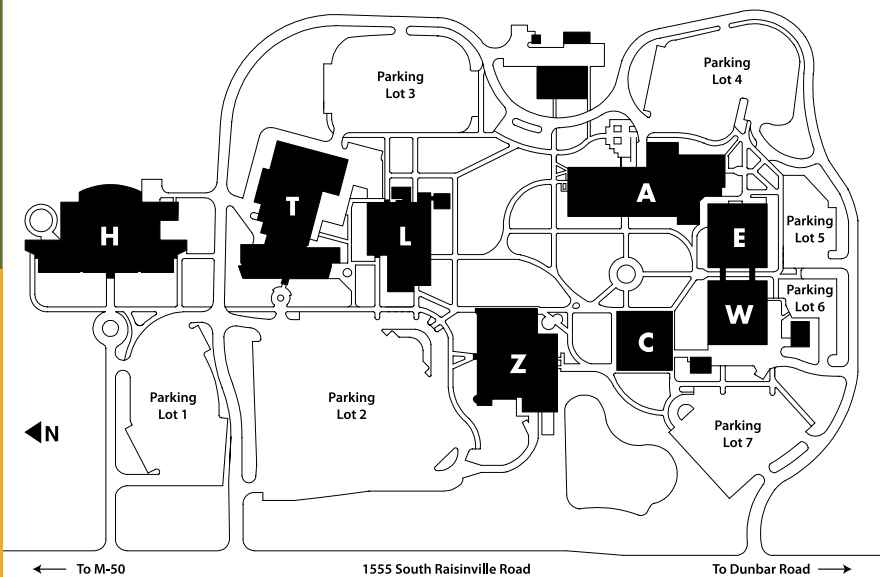
Tuition Management
payment options
are available for select
classes. See page 34
for details.

Follow us on



**Monroe County
Community College
Office of Lifelong Learning**

Main Campus
LaZ-Boy Center, Room 286
1555 S. Raisinville
Monroe, MI 48161



A = Audrey M. Warrick Student Services/
Administration Building

C = Campbell Learning Resources Center (Library)

E = East Technology Building

H = Gerald Welch Health Education Building

L = Life Science Building

T = Career Technology Center

W = West Technology Building

Z = La-Z-Boy Center

WC = Whitman Center (Temperance, MI)

SENIOR CITIZEN SCHOLARSHIP

Monroe County Residents age 60 or over qualify for a waiver of 50 percent of tuition charges. The amount seniors are required to pay, which includes all applicable fees, is indicated next to each class throughout the schedule.

SNOW/EMERGENCY CLOSING

When conditions are considered hazardous, the institution may close or postpone the opening of the college. Sign up for MCCC's Emergency Notification System. A message will be sent to your phone or email address. As soon as we know, you'll know. Visit the Safety Services area of the college's website to register.

PARDON OUR DUST

Due to various stages of construction on campus, our classes are meeting in different rooms. Please check carefully your room location information prior to the start of class.

REGISTER EARLY!

DON'T LET YOUR CLASS GET CANCELED!

A minimum number of students is required to run each class and a decision to cancel a class is made several days in advance of the start date, so register as soon as possible. Waiting until the last minute to register for a class may be too late.

SEMESTER SYMBOLS



To register online, you will need to know which term your class meets. For this schedule, classes are in winter and summer term. Look for the symbol next to the course number to determine the appropriate semester.

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Credit Card Fees

A two percent convenience fee will be charged to the cardholder for credit or debit card payments. This fee is a portion of the cost to MCCC for accepting credit cards as a form of payment. MCCC does not profit in any way from this fee.

REGISTER ONLINE USING

webPAL AT **WWW.MONROECCC.EDU**

If you are new to MCCC, you must first register with the Office of Lifelong Learning.



ONLINE TUITION MANAGEMENT

Several Lifelong Learning classes may qualify for an interest-free monthly payment plan. See page 34 to learn more and find out when you should register. Act fast to register with no money down!

HOURS

Monday - Thursday: 7:30 a.m. – 6 p.m.

Friday: 8 a.m. – noon

Please visit our website for spring and summer office hours.

PHONE

Office: 734.242.7300, ext. 4127

Fax: 734.687.6049

Toll Free: 877.937.6222

(Mich. and Ohio Only)

STAFF

OFFICE OF LIFELONG LEARNING

Tina Pillarelli, Director

Mary Lunn, Administrative Assistant

OFFICE OF WORKFORCE DEVELOPMENT

Barry Kinsey, Director

Renee Drouillard, Administrative Assistant

MISSION

Monroe County Community College enriches lives in our community by providing opportunity through student-focused, affordable, quality higher education and other learning experiences.

VISION

Monroe County Community College will be recognized for our student-focused service, academic excellence, affordability, innovation, community responsiveness and student success.



MONROE COUNTY
COMMUNITY COLLEGE

enriching lives

Monroe County Community College is an equal opportunity institution and adheres to a policy that no qualified person shall be discriminated against because of race, color, religion, national origin or ancestry, age, gender, marital status, disability, genetic information, sexual orientation, gender identity/ expression, height, weight or veteran's status in any program or activity for which it is responsible.

If you have a disability and need special accommodations, please contact the Learning Assistance Laboratory (734.384.4167) at least 10 business days prior to the first class session to begin the accommodation process.

The college's Equal Opportunity Officer and Title IX and Section 504/ADA Coordinator and Compliance Officer for discrimination and sexual harassment is the Director of Human Resources,

Monroe County Community College, 1555 South Raisinville Road, Monroe, Michigan 48161, 734.384.4245.

Monroe County Community College is accredited by the Higher Learning Commission, www.hlcommission.org, 800.621.7440.

CERTIFICATE PROGRAMS | CAREER EXPLORATION

NEW!

Certified Behavior Technician (CBT)

This course is for those who are passionate about the mental health field and would like to help children living with autism to develop, pursue and achieve their own goals and dreams through high-quality ABA therapy and support. This course satisfies the 40 hours of training required for becoming a Certified Behavior Technician (CBT).

FREE Begins February 24
See page 24 for complete details.

Boiler and Power Plant Fundamentals

Designed as a fundamentals course in boiler operations and power plant basics, students who successfully complete this course will be qualified to seek employment in facilities using boilers in any energy conversion process.

\$759 Begins March 9
See page 22 for details.

Bureau of Labor Statistics Stationary Engineers and Boiler Operations

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$30.32	\$63,060
Ohio	\$28.12	\$58,490

Projected Job Growth 2014-2024 is 1%

CNA

Prepare to fulfill the role of direct caregiver/nursing aide. Upon successful completion of this course, students will be eligible to take the clinical and written exams required for certification as a nurse's aide in the State of Michigan.

\$2,000 Begins February 11
See page 16 for complete details.

Dental Assisting Program

Our dental assisting program will prepare you for entry-level positions in one of the fastest growing health care positions. The purpose of this course is to familiarize you with all areas of pre-clinical dental assisting and provide training in the professional skills required to function as an assistant in the dental practice.

\$1,254 Begins March 16
See page 15 for complete details.



Drone Training Courses

Learn to fly drones and prepare for an FAA unmanned commercial pilot certification.

\$1,485 Begins March 7
See page 23 for details.

Electronic Health Records

Prepare to earn the Certified Medical Administrative Assistant (CMAA) and Certified Electronic Health Records Specialist (CEHRS) credentials.

Price varies per online course.
See page 17 for complete details.

Bureau of Labor Statistics Medical Records and Health Information Technicians

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$19.76	\$41,100
Ohio	\$21.14	\$43,980

Projected Job Growth 2014-2024 is 15%

Bureau of Labor Statistics Dental Assistant

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$17.85	\$37,140
Ohio	\$18.73	\$38,960

Projected Job Growth 2014-2024 is 18%

Home Inspection Certificate Course

Do you want a career that doesn't have you chained to a desk all day? Are you looking for something that you can do part-time or to supplement your income? If you are a good communicator, enjoy working with people and have good mechanical and technical aptitude, a career as a home inspector may be right for you.

\$395 per online course
See page 22 for complete details.

Bureau of Labor Statistics Construction and Building Inspectors

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$26.00	\$54,080
Ohio	\$28.47	\$59,220

Projected Job Growth 2014-2024 is 8%

Data Source: Bureau of Labor Statistics
www.bls.gov

Personal Fitness Trainer Certification

Whether as a career move or for your own personal knowledge, get all the information you need to become a certified personal trainer.

\$740 Begins March 14
See page 18 for complete details.

Bureau of Labor Statistics Fitness Trainers and Aerobics Instructors

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$18.12	\$37,690
Ohio	\$15.84	\$32,960

Projected Job Growth 2014-2024 is 8%



Pharmacy Technician Certification Program

This comprehensive course will prepare you to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's exam.

\$1,049 Begins March 17
See page 15 for complete details.

Bureau of Labor Statistics Pharmacy Technicians

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$15.70	\$32,660
Ohio	\$14.66	\$30,500

Projected Job Growth 2014-2024 is 18%

Clinical Medical Assistant Program

This course will train you to assist physicians by performing functions related to the clinical responsibilities of a medical office. Externship is included. Prepare for the National Healthcareer Association Certified Clinical Medical Assistant national exam.

\$2,499 Begins March 10
See page 15 for complete details.

Professional Medical Coding and Billing

Prepare for the Certified Coding Associate (CCA) and Certified Professional Coder (CPC) certification exams.

Price varies per online course.
See page xxx for complete details.

Medical Administrative Assistant

Gain specialized skills needed to successfully manage day-to-day administration of a medical facility. Prepare for the Certified Medical Administrative Assistant exam.

Price varies per online course.
See page 17 for complete details.

Bureau of Labor Statistics Medical Assistants

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$15.65	\$32,540
Ohio	\$15.34	\$31,900

Projected Job Growth 2014-2024 is 23%

Medical Transcription

Develop the knowledge and skills of quality medical transcriptionists. Focus is on keyboarding, terminology, language and grammar, and editing skills.

Price varies per online course.
See page 17 for complete details.

Bureau of Labor Statistics Medical Transcriptionists

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$15.58	\$32,410
Ohio	\$18.35	\$38,170

Projected Job Growth 2014-2024 is -3%

NEW!

Sterile Processing

Prepare to function as a sterile processing professional in multiple healthcare settings and to sit for the Certification Board for Sterile Processing and Distribution (CBSPD) SPD Technician Certification Exam.

\$1,995 Begins February 18
See page 16 for complete details.

Veterinary Assistant

Gain skills and knowledge to work in a veterinary office. Learn office and exam room procedures as well as small and large animal nursing.

\$1,999 per online course.
See page 17 for complete details.

Bureau of Labor Statistics Veterinary Assistant and Laboratory Animal Caretakers

	Mean Hourly Wage	Mean Annual Salary
Michigan	\$12.89	\$26,800
Ohio	\$12.68	\$26,380

Projected Job Growth 2014-2024 is 15%

**Data Source: Bureau
of Labor Statistics
www.bls.gov**

PERSONAL INTEREST

Introduction to InstaPot and Pressure Cooking

Did you get that new InstaPot for Christmas, and it's still not out of the box? Open the box and join us to learn some tips for fall cooking! Feel free to bring your InstaPot or come learn how to use ours. We will explore one-pot meals and many shortcut uses for your pressure cooker. Chefs Kay Williams and Linda Paetz will teach you how to get many uses out of your cooker. Register early, as class size is limited. CEUs: .3

CSM 735-81

\$69 (Senior Fee \$39)

Thursday

Feb. 6

6 – 9 p.m.

A 149

Paetz & Williams

NEW!

Intermediate InstaPot

Have you done the basics with your InstaPot and now want to learn some advance techniques, as well as preparing desserts? Bring your InstaPot or come learn how to use ours. We will explore one-pot meals and many short cut uses of your pressure cooker. Chefs Kay Williams and Linda Paetz will teach you how to get many uses out of your cooker. Register early, as class size is limited. **Prerequisite: You should have completed our Intro course.** CEUs: .3

CSM 740-81

\$69 (Senior Fee \$39)

Thursday

Feb. 13

6 – 9 p.m.

A 149

Paetz & Williams

NEW!

Taste of Michigan's Upper Peninsula

Join Chefs Kay Williams and Linda Paetz for an evening of exploring Michigan's UP cuisines. You will learn how to make homemade pasties (beef pies), traditional poutine and cherry tarts. Register early, as class size is limited. CEUs: .3

CSM 741-81

\$69 (Senior Fee \$39)

Thursday

Mar. 5

6 – 9 p.m.

A 149

Paetz & Williams



NEW!

Smoking and Curing Meats

Learn to WOW at your next BBQ. This class is just in time to prepare for your summer cookouts. Chefs Kay Williams and Linda Paetz will teach you how to rub, smoke and cure many of your favorite summer cookout items, including pulled pork and briskets. Register early, as class size is limited. CEUs: .9

CSM 742-81

\$219 (Senior Fee \$124.50)

Wed/Thurs.

Mar. 25, 26 & Apr. 2

6 – 9 p.m.

A 149

Paetz & Williams



Mexican Cantina

This class is based on Latin cuisine, covering flavors, proteins, cooking techniques, seasonings, sauces, culture and tradition. The majority of your time in class will include hands-on learning with some demonstrations and special guests. "Traditional" Mexican cuisine will be covered, including but not limited to making hand-rolled tamales and techniques for making different salsas that can be used in various dishes. Learn how to prepare Mexican dishes using fresh, quality ingredients that will be a hit at your Cinco de Mayo party! Michael Lyons is the executive chef at La-Z-Boy Inc. and former sous chef at Amaya's Fresh Mexican Grill in Monroe. CEUs: 1.2

CSM 731-81

\$199 (Senior Fee \$129.50)

Wednesdays

April 1 – 30*

6 – 8 p.m.

A 149

Lyons

*The last class meets on Thursday, April 30.

NEW!

Sauces and How to Use Them

This is a hands-on recipe driven class that will cover the basic mother sauces, how and where to apply them, and the different sauce variants of them. In the world of culinary arts, the term "mother sauce" refers to any of the five basic sauces (béchamel sauce, veloute sauce, brown or Espagnole sauce, Hollandaise sauce and tomato sauce). These are the starting points for making various secondary sauces. Please be prepared to utilize basic knife skills, cooking techniques and proper execution of recipes. CEUs: .7

CSM 738-81

\$115 (Senior Fee \$75)

Wednesdays

May 13 – 27

6 – 8 p.m.

A 149

Lyons



NEW!

Grilling Class

Are you looking to expand your grilling repertoire, or perhaps you're not sure where to start? This two-day course will focus on marinating proteins, grilling or smoking proteins, tasting and proper temperature control of cooking surfaces. We will be using seafood, steaks and white meats. You will learn the proper temperature to which to cook these proteins and some basic BBQ sauce recipes. Gear up for grilling season, this is going to be a great class! CEUs: .4

CSM 739-81

\$89 (Senior Fee \$57)

Wed/Thurs

June 3 & 4

6 – 8 p.m.

A 149

Lyons

NEW!

Mini-Mindfulness Workshop

Mindfulness involves acceptance, meaning that we pay attention to our thoughts and feelings without judging them—without believing, for instance, that there's a "right" or "wrong" way to think or feel in a given moment. Join this workshop and experience some of the possible benefits of mindfulness. Mindfulness has been shown to improve physical health, it can help relieve stress, lower blood pressure and improve sleep.

PSYCH 778-81

\$49 (Senior Fee \$24.50)

Friday Apr 3

10 a.m. – Noon C 222

Mauter

NEW!

Rock on – Gemstones Continued!

Due to a hematite-like (magnetic) interest in rocks and gemstones, this is a follow-up to our first class. Participants are encouraged to bring a sampling of their personal favorite rocks to discuss with others in class. This class setting will be more informal, information and properties of rocks and gems will be available for review. Additional myths, legends and lore will be explored.

Students need not have attended the initial class.

ESC 702-81

\$49 (Senior Fee \$24.50)

Friday Mar. 20

10 – 11:30 a.m. C 222

Mauter



NEW!

Native American Workshop Series

You may register for individual courses, or sign up for the series and receive a \$28 discount.

Series

HUMN 725-81

\$119 (Senior Fee \$59.50)

Fridays Mar. 27, Apr. 17 and May 22

10 – 11:30 a.m. C 222 Mauter

Exploring Native American Poetry

A sampling of poems written by various Native American poets will be shared. Their traditions were initially passed down and shared through their oral (spoken) language. Explore the way in which their writing seemingly "touches the earth" through their words. Discover the interconnectedness and grounding of Native writing.

HUMN 725A-81

\$49 (Senior Fee \$24.50)

Friday Mar. 27

10 – 11:30 a.m. C 222 Mauter

Native American Myths and Legends Explored

Ample myths and legends are found in Native American history. How was our universe arranged and by whom? In what manner does one explain the variety of life; what is mankind's place in this abundant environment? These are universal questions Native American peoples have tried to make clear through stories—some extraordinary, and some believed to be true. Were they based on actual events? Can one clarify phenomena beyond comprehension? Natives continue to draw strength from their beliefs, while others look at the brilliance and inventiveness and draw instruction for their own lives. Discussion will include various North American tribes, origin myths and philosophy.

HUMN 725B-81

\$49 (Senior Fee \$24.50)

Friday Apr. 17

10 – 11:30 a.m. C 222 Mauter

Great Native Americans

Chief Seattle said, "Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect." This course is an historical look at the nations' most famous Indian chiefs of North America. These brave tribal leaders and warriors left their mark on the recorded history of our great lands. Course will include such individuals as Tecumseh, Ohiyesa, Chief Dan George, Chief Sitting Bull, Chief Manuelito and others.

HUMN 725C-81 SU

\$49 (Senior Fee \$24.50)

Friday May 22

10 – 11:30 a.m. C 222 Mauter

About the Instructor – Barbara Mauter

Barbara Mauter is an adjunct instructor with over 20 years of experience. She has taught and presented various workshops for the University of Toledo, Bowling Green State University, Monroe County Community College and Owens Community College. She is also a Master Online Instructor. Barbara recently completed Active Learning Classroom Training, and has been incorporating new ideas into her workshops. Additionally, she attended Course Design Institute to expand her knowledge of course design. Her interests center around thinking, reading and how our minds work. She is known for her critical thinking class activities.

Beginning German

This beginning course is focused on the fundamentals of the German language. You will learn German grammar and vocabulary while being introduced to contemporary life and culture in German speaking countries. All four language skills – listening, speaking, reading and writing – play a major role in the language learning process. Topics to be covered include introducing and talking about oneself, shopping, telling time, family life and travel. By the end of the course, you will be able to participate in simple conversation in a German speaking environment. CEUs: 1.6

HUMN 710-81

\$79 (Senior Fee \$39.50)

Tuesdays Mar. 10 – Apr. 28
5 – 7 p.m. C 223 Kotanova

NEW!

German II

This course is a continuation of German II. It is designed for students who have completed Beginning German and German II. In the first hour, we will continue practicing German grammar while using the textbook "Ultimate German". In the second hour, we will focus on conversations about different topics. The goal of the course is to develop speaking and writing skills in the language. Every session will provide you with information about the culture and history of Germany, Austria, Switzerland and Liechtenstein. CEUs: 1.6

HUMN 723-81

\$79 (Senior Fee \$39.50)

Mondays Mar. 9 – Apr. 27
5:30 – 7:30 p.m. C 223 Kotanova

NEW!

Russian II

This class will provide you with eight lessons of listening, reading, speaking and writing in the Russian language. You will continue to master conversation in Russian and will move to the next level of Russian grammar. The grammar part of the book provides a review of Russian grammar and is an introduction to new elements. You will learn about the background of the Russian alphabet and how Russian is related to other languages. In the cultural part of our lessons, we will focus on Russian literature and music in the 18th and 19th century. CEUs: 1.6

HUMN 724-81

\$79 (Senior Fee \$39.50)

Thursdays Mar. 12 – Apr. 30
5 – 7 p.m. C 224 Kotanova

Italian

In this Italian class, you will develop conversational skills, learn how to structure sentences and learn about the history of the Italian culture. There will be an extensive question and answer period at the end of each class. CEUs: 1.2

CEUs: 1.2

HUMN 703-81

\$59 (Senior Fee \$29.50)

Wednesdays Mar. 11 – Apr. 15
7 – 9 p.m. A 173c Pool

TEXTBOOK REQUIRED

There is a textbook required for the class. It will be available at the MCCC Bookstore for purchase approximately one week before the start date. You should bring the textbook to the first class.

FREE Math Boot Camp

MCCC is offering this non-credit Math Boot Camp for students and community members who need to review and improve their math skills. Basic arithmetic, such as working with whole numbers and integers, fractions, decimals and percentages, will be covered. Learning will further be enhanced through meaningful, real-world applications and problem solving. These applications will be fun and relatable to real life. We can help lessen your anxiety about math and build confidence in your abilities. The last week of camp will be devoted to review and preparation for the Accuplacer test. In addition, you'll be exposed to STEM (Science, Engineering, Technology and Math) programs of study and careers.

Who should take the course?

- Students who score below the minimum Accuplacer test score required for placement into MATH 090, Basic Mathematics Skills
- Students who need to brush up on basic math skills to retake the Accuplacer test
- Anyone in the community who wants to improve their math skills

MATH 713-81

Free, but you must register

Mon/Wed/Fri Mar. 23 – Apr. 27
9 – 10:30 a.m. TBA Staff
No class on April 10

MATH 713-82

Free, but you must register

Mon/Wed/Thurs Mar. 23 – Apr. 23
6 – 7:30 p.m. TBA Staff

Your Own Home

Habitat HOPE Financial Coaching

Do you dream of owning your own home? We provide you the tools necessary to improve your financial health and prepare you for home ownership. Through a partnership with Habitat for Humanity of Monroe County, this class will provide you with the information you need to know on the home-buying process and how to financially protect your home.

The course is taught by certified housing counselors from Habitat HOPE. For those who do not qualify for the Homeownership Program due to credit issues, the Habitat HOPE Program is designed to address and clear those issues that prevent you from home ownership.

You will learn the advantages of renting versus owning a home, determine your readiness to buy a home, identify basic terms used in mortgage transactions, understand mortgage options, learn how interest rates affect the amount of house you can buy, and find out how taxes and insurance affect monthly payments.

After successfully completing this course, you will receive your Home Buyer Certification. CEUs: .5

HOME 726-81 \$25 (Senior Fee \$25)

Wednesdays Mar. 19 & 26
5:30 – 8 p.m. A 153

PERSONAL INTEREST

Seasonal Crafting With Carolsue McCue

The following classes are taught by The Herb Cottage owner, Carolsue McCue of Port Huron. She has been designing herb and old-fashioned perennial gardens for decades and uses her harvest to teach many creative classes. Creativity is absolutely not required, as Carolsue helps each student step by step.

NEW!

Neutral Bridal Bouquet

You will create this bouquet using greenery, creams, white faux hydrangea, nigella pods, preserved roses, Indian rice grass, baby's breath, eucalyptus and more! You will also learn to add the items/colors you prefer for your own special day. Please bring a glue gun and scissors.

CRAFT 838-81

\$75 (Senior Fee \$66.50)

Wednesday March 18
6 – 8 p.m. A 149

McCue



NEW!

Mossy Easter Baskets with Field Flowers

You will be given a cheerful Easter basket that we will decorate with moss on all sides, then add preserved field flowers and herbs along the sides. We will attach preserved roses up one handle and a miniature watering can attached to the other handle that will be filled with lavender. This is a keeper for years! Just simply need to add your own eggs or candy. Please bring a glue gun and scissors.

CRAFT 836-81

\$39 (Senior Fee \$34.50)

Wednesday April 1
6 – 8 p.m. A 150

McCue



NEW!

Spring Centerpiece

You will be given a galvanized tin pot with a handle to fill with real hydrangea, eucalyptus, love-in-a-mist and faux lambs ear, greenery, ferns, peonies, flower buds, etc. With simple bag storage you can use this year after year or give as a lovely gift. Please bring a glue gun and scissors.

CRAFT 837-81

\$60 (Senior Fee \$53)

Tuesday May 5
6 – 8 p.m. A 149

McCue



PERSONAL INTEREST

Photography I for Digital and Film Cameras

Learn the art of photography and receive simplified instructions for your camera. You will learn parts of the camera, lenses, exposures, flash, filters, light, composition and more. **Please bring your camera to the first class.** CEUs: 2.1

PHOTO 710-81

\$94 (Senior Fee \$47)

Tuesdays Mar. 24 – May 5
10 a.m. – 1 p.m. A 149 Trickey

PHOTO 710-82

\$94 (Senior Fee \$47)

Tuesdays Mar. 24 – May 5
6:30 – 9:30 p.m. C 230 Trickey

PHOTO 710-83

\$94 (Senior Fee \$47)

Thursdays Mar. 26 – May 7
10 a.m. – 1 p.m. A 173a Trickey

PHOTO 710-84

\$94 (Senior Fee \$47)

Thursdays Mar. 26 – May 7
6:30 – 9:30 p.m. C 230 Trickey

Photography II for Digital and Film Cameras

Expand your vision by studying different photographic areas and producing projects related to those areas. Projects include landscapes, photo essays, portraits and still life portraits. **No prerequisites required, but completion of Photography I is helpful. Please bring your camera to class.** CEUs: 2.1

PHOTO 701-81

\$94 (Senior Fee \$47)

Tuesdays May 12 – Jun. 23
10 a.m. – 1 p.m. C 224 Trickey

PHOTO 701-82

\$94 (Senior Fee \$47)

Tuesdays May 12 – Jun. 23
6 – 9:30 p.m. C 224 Trickey

PHOTO 701-83

\$94 (Senior Fee \$47)

Thursdays May 14 – Jun. 25
10 a.m. – 1 p.m. C 224 Trickey

PHOTO 701-84

\$94 (Senior Fee \$47)

Thursdays May 14 – Jun. 25
6 – 9:30 p.m. C 224 Trickey

Landscape and Nature Photography Workshop

Expand your understanding of how to shoot landscape and nature photographs. You and the instructor will be taking photographs, so bring your camera and a tripod if you own one. Topics include light, composition and exposure. Class will take place at Sterling State Park in Monroe.

Prerequisite: Photography I or similar experience. CEUs: .4

PHOTO 722-81

\$49 (Senior Fee \$24.50)

Saturday May 2
2 – 6 p.m. Sterling State Park Trickey

Inside Photography Workshop

Learn how to take great, natural looking candid photos that help capture a moment. Topics to be covered include ISO, modifying the on-camera or add-on flash, white balance, window light and polarizer. You'll gain valuable tips on how to improve photographing items, objects, products and people without spending a fortune on expensive studio equipment. CEUs: .4

PHOTO 728-81

\$49 (Senior Fee \$24.50)

Saturday April 18
12 – 4 p.m. A 173a Trickey

Outside Portrait Photography Workshop

This workshop is designed for any photographer who wants to learn about taking on-location portrait photographs using a film or digital camera. You'll learn about fill-in-flash, reflectors, types of light, controlling light outside and composition. Bring your camera and plan to get some hands-on experience. Class will take place at the Veterans/Memorial Park. **Prerequisite: Photography I or similar experience.** CEUs: .4

PHOTO 723-81

\$49 (Senior Fee \$24.50)

Saturday May 16
2 – 6 p.m. Veterans Park Trickey

An Introduction to Voiceovers (Getting Started In Voice Acting)

Explore the fun, rewarding possibilities of the voiceover industry! Discover current trends and how they make it easy and affordable for just about anyone to get involved. You'll learn about different types of voiceovers and tools you'll need to find success. Your instructor, a professional voice actor from Voices For All, will take notes as you read a real script in this one-on-one video chat setting and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation later.

The course includes a one-time, 90-minute introductory class conducted via live video chat. This course is intended for ages 18 and over.

Please call 734-384-4127 to register. Once registration is complete, we will connect you with your Voices for All instructor. CEUs: .1

PROF 721-81

\$49 (Senior Fee \$24.50)

Live video chat to be coordinated between instructor and student.

Passport to Retirement

With financial independence, retirement can be the most fulfilling time of your life. The Passport to Retirement workshop covers important money management concepts and educates attendees on how to potentially overcome the roadblocks to a successful retirement. Topics include defining and creating a retirement plan, assessing the costs of retirement, evaluating the sources of retirement income, investing for the future, protecting your health and wealth, receiving funds from retirement plans and managing your estate distribution. The class is taught by financial professionals; however, no products or investments will be promoted or offered. The fee includes a written course workbook and study aids. **One workbook per registration is included in the cost. Spouse may attend at no additional charge but must also pre-register.**

PFIN 737-81

\$49 (Senior Fee \$37)

Wednesdays Feb. 26 – Mar. 11
6:30 – 9 p.m. T 157 Staff



First Aid, Adult CPR and AED

Gain the basic understanding and awareness of care for ill or injured persons in any environment. You will learn first-on-scene emergency care, concerns regarding the complications of medical or trauma patients from improper actions, and instructions to assist trained emergency care providers. You'll observe and practice rescue breathing, CPR techniques and AED use. You must show competency in these skills through a written exam and demonstration to receive a certification card. Continental breakfast, lunch and materials are included in the cost. CEUs: .8

Note: Child CPR is also available for an additional \$10. Please inquire at the time of registration.

Registration deadline is one week prior to class.

MEDCL 806A-81 ❄️
\$99 (Senior Fee \$57)

Friday
8 a.m. – 4:30 p.m.

April 3
A 173a

Staff

About the Instructor - Theresa Edmunds

Theresa Edmunds, CHC, founder of Natural Concepts Health Counseling, educates, supports and inspires individuals and families to create wellness through nutrition and natural living principles. Theresa is a Certified Health Counselor who received her training through the Institute for Integrative Nutrition in New York City and is certified by the American Association of Drugless Practitioners. She is also a Certified GAPS Practitioner. Theresa is passionate about helping people discover that there is a better way to true, lasting health. She believes that through education, real nutrition and natural living principles, we can change the state of health in America.



The Ketogenic Diet: For Weight Loss and Chronic Disease

This popular diet is a high-fat, adequate protein, low-carb diet, which creates an ability for the body to burn its own fat. This provides a metabolic reset for the body. In addition to weight loss, the diet has shown great benefit in ridding the body of many degenerative conditions. As we remove the foods that are creating imbalance, the body can naturally detox.

HLTSC 766-81 ❄️

\$48 (Senior Fee \$24)

Thursday
6:30 – 8:30 p.m.

Feb. 20

H 165

Edmunds



Strengthen Your Immune System

Learn how to strengthen your immune system through time-tested methods, including how to keep your children healthy this winter. Prepare yourself when you find that you are coming down with something, and shorten the duration of the illness. Vitamins, minerals, supplements, essential oils and other alternatives will be discussed.

HLTSC 757-81 ❄️

\$24 (Senior Fee \$12)

Tuesday

Feb. 25

11:30 a.m. – 12:30 p.m.

H 164

Edmunds

Heal thy Mouth, Heal Thy Body

Did you know that dental issues can affect the whole body? Often we overlook how important our dental health is to our overall health. Did you know that some conventional dental practices can actually cause health issues? Learn the secrets to keeping yourself healthy with natural dental care. We will discuss issues like mercury in fillings, the problems and health issues from fluoride (including thyroid issues), root canals and their side effects, preventing and curing cavities, alternatives to braces for children and curing periodontal disease.

HLTSC 760-81 ❄️

\$24 (Senior Fee \$12)

Tuesday

Feb. 25

12:45 – 1:45 p.m.

H 165

Edmunds

Foods for Optimal Health

Did you know that much of the food we eat today is not nourishing our body? In fact, it is damaging our cells! Which foods should we be eating? You'll be surprised! Did you know that we can make foods more nutritious with certain preparations? Previous generations knew this! Learn the wisdom that our grandparents had that has been lost in our modern world. Food is the "original vitamin"! Learn how to make everyday foods that will make you feel great!

HLTSC 764-81 ❄️

\$48 (Senior Fee \$24)

Tuesday

Feb. 18

11:30 a.m. – 1:30 p.m.

H 164

Edmunds

HLTSC 764-82 ❄️

\$48 (Senior Fee \$24)

Thursday

Apr. 2

6:30 – 8:30 p.m.

H 164

Edmunds

Introduction to Essential Oils

Essential oils have been used for thousands of years. They are made by extracting a plant's essence, making them far more potent than the plant itself. Learn how to use these oils to treat physical conditions, prevent illness, enhance emotional wellbeing and supplement beauty regimens, as well as to clean and purify the home. Essential oils are an important tool in natural health care and can be used in so many ways. Learn which oils could benefit you.

HLTSC 762-81

\$24 (Senior Fee \$12)

Thursday Feb. 27
6:30 – 7:30 p.m. H 165 Edmunds

HLTSC 762-82

\$24 (Senior Fee \$12)

Tuesday Mar. 31
11:30 a.m. – 12:30 p.m. H 164 Edmunds



Introduction to Homeopathic Remedies

Homeopathic medicine has been used for years with much success. Homeopathic remedies are made of minute doses of plants, minerals or animal substances that stimulate the body's immune system. These medicines have the ability to bring about a healing reaction in the body without any side effects. Certain remedies are helpful for specific conditions. We will learn how to use remedies for emotions like grief or anxiety, as well as for specific physical illness and ailments. Everyone can benefit from homeopathic remedies.

HLTSC 761-81

\$24 (Senior Fee \$12)

Thursday Feb. 27
7:45 – 8:45 p.m. H 165 Edmunds

HLTSC 761-82

\$24 (Senior Fee \$12)

Tuesday Mar. 31
12:45 – 1:45 p.m. H 165 Edmunds

Healthy Living in Today's World

Why are we seeing so many health problems today? It is our diet and lifestyle. Learn how to protect and even regain your health. Discussion will include organic v. GMO foods; good fats; preventing diabetes and other chronic disease; the real culprit behind illness; toxins in our environment, and detoxing the body and staying healthy.

HLTSC 746-81

\$120 (Senior Fee \$60)

Tuesdays Mar. 10 – 24
11:30 a.m. – 1:30 p.m. H 164 Edmunds

NEW!

What in the World is Happening to Our Food?

Our food has changed more in the last 50 years than the last 1,000! The changes in our food supply and toxins in things we use every day are likely related to a health crisis in America. We spend more on health care than any other nation but we are the sickest. Learn about the "perfect storm" that creates this and how to get healthy and stay healthy.

HLTSC 779-81

\$48 (Senior Fee \$24)

Wednesday Mar. 11
6:30 – 8:30 p.m. H 164 Edmunds

HLTSC 779-82

\$48 (Senior Fee \$24)

Tuesday May 12
11:30 a.m. – 1:30 p.m. H 164 Edmunds

Gluten-Free Living

Do you have issues with gluten or suspect you do? Thyroid disease, digestive problems, skin issues, autoimmune disease and even infertility can indicate gluten sensitivity. Gluten sensitivity can be genetic or acquired. Healing the digestive system for acquired symptoms can sometimes alleviate gluten-sensitivity. Learn if gluten-free is right for you. A practical guide for gluten-free eating and living will be included.

HLTSC 748-81

\$96 (Senior Fee \$48)

Wednesdays Mar. 18 & 25
11:30 a.m. – 1:30 p.m. H 164 Edmunds

Adrenal Fatigue

Do you wish you had more energy? Feel tired all the time? Afternoon exhaustion? Trouble sleeping at night? You may have adrenal fatigue. Our adrenal glands are responsible for releasing adrenaline and other hormones. When we have had too much stress, they get tired. This can lead to a whole host of symptoms. How do we recover our adrenals, feel better and have more energy? Come and find out!

HLTSC 778-81

\$24 (Senior Fee \$12)

Thursday Mar. 19
6:30 – 7:30 p.m. H 165 Edmunds

Digestive Health

Acid reflux, indigestion, heartburn, constipation, IBS, gallbladder issues, the list goes on and on! All of these issues indicate a digestive system that isn't working properly. Learn which foods to add to your diet for better digestive health and specific supplements that will correct the problem without medications or surgery. Improve digestion to avoid bigger problems without radically changing your diet. (This is also a great class for students who have taken "All Disease Begins in the Gut.")

HLTSC 777-81

\$24 (Senior Fee \$12)

Thursday Mar. 19
7:45 – 8:45 p.m. H 165 Edmunds

Stress and Emotional Wellness

Do you know how important your emotions and stress are in relation to your health? Negative emotions are often an overlooked factor. Stress and anxiety can actually lead to physical illness. Learn healthy ways to manage your stress and emotions. Emotional release, homeopathy, positive intents and relaxation techniques will be discussed. Feel good about life while improving your relationships and your overall health.

HLTSC 769-81

\$48 (Senior Fee \$24)

Thursday Mar. 26
6:30 p.m. – 8:30 p.m. H 165 Edmunds



NEW!

The Best Food for YOU

Did you know that there is no “one right diet” for everyone? Different metabolic types feel better eating certain foods. A lot of factors determine our best diet, even our blood type can be an indicator. We will discuss different theories, ways of eating and genetics to discover your type! Join us for this fun class!

HLTSC 780-81

\$96 (Senior Fee \$48)

Tuesdays Apr. 14 & 21
11:30 a.m. – 1:30 p.m. H164 Edmunds

In-depth Keto Diet: Weight Loss and Chronic Disease

This class will provide a jump-start into the Ketogenic diet with all the resources you need to be successful. In addition to the information presented in the regular Ketogenic Diet class, this class will provide meal ideas, a grocery list and meal prep suggestions. The two-week format will allow you to get all your questions answered. Don't wait, spring is the perfect time for Keto!

HLTSC 773-81

\$96 (Senior Fee \$48)

Thursdays Apr. 16 & 23
6:30 – 8:30 p.m. H165 Edmunds

What Every Women Should Know

Did you know women are more exposed to toxins than men? What if the foods you are eating and toxins within your home and personal care products are causing health issues? Hormones, thyroid conditions, breast cancer and diabetes will be discussed from an integrative, natural approach. Learn about alternatives for hormone therapy and mammograms. Be proactive and protect your health.

HLTSC 749-81

\$24 (Senior Fee \$12)

Tuesday Apr. 28
11:30 a.m. – 12:30 p.m. H 165 Edmunds

Skincare and Cosmetics

Did you know that there are thousands of chemicals in personal care products that have never adequately been tested? Certain chemicals have been linked to cancer, thyroid issues and reproductive problems. Women are especially vulnerable to these toxins. Learn about great natural alternatives, clean up your skincare routine and detox your body.

HLTSC 770-81

\$24 (Senior Fee \$12)

Tuesday Apr 28
12:45 – 1:45 p.m. H 165 Edmunds

In-depth Essential Oils

This class is great for students who are using essential oils and are looking for more information. Essential oils are an ancient medicine created using the entire plant to create a potent medicine. Learn to use these oils to treat physical conditions, prevent illness and enhance emotional wellbeing. Essential oils are an excellent natural treatment and compliment homeopathic remedies.

HLTSC 776-81

\$24 (Senior Fee \$12)

Thursday Apr. 30
6:30 – 7:30 p.m. H 165 Edmunds

HLTSC 776-82

\$24 (Senior Fee \$12)

Tuesday May 19
11:30 a.m. – 12:30 p.m. H 164 Edmunds

In-depth Homeopathic Remedies

This class is great for students who want more knowledge about homeopathy and remedies. Practical applications will be shared to allow you to start using these age-old natural medicines confidently and competently. Homeopathy stimulates the body's immune system to bring about a healing reaction without any side effects.

HLTSC 775-81

\$24 (Senior Fee \$12)

Thursday Apr 30
7:45 – 8:45 p.m. H 165 Edmunds

HLTSC 775-82

\$24 (Senior Fee \$12)

Tuesday May 19
12:45 – 1:45 p.m. H 164 Edmunds

The Truth About Heart Health

Cardiovascular health is one of the biggest health issues facing Americans today. What if much of what we have been told in the last 30 years is untrue? The latest research reveals just that; we've been eating the wrong foods for a healthy heart. We will discuss the low-fat movement and what healthy food truly is. The latest research about cholesterol will be presented, as well as the role inflammation plays in our health.

HLTSC 759-81

\$24 (Senior Fee \$12)

Tuesday May 5
11:30 a.m. – 12:30 p.m. H 164 Edmunds

Protecting Yourself Against Cancer

Learn about additives in food and our environment that are linked to cancer. Healthy alternatives and foods that protect against free-radicals will be discussed, as well as detoxing and natural therapies to boost the body's immune system. Diets that can support cancer patients and alternative treatments will be included.

HLTSC 756-81

\$24 (Senior Fee \$12)

Tuesday May 5
12:45 – 1:45 p.m. H 164 Edmunds

All Disease Begins in the Gut - Hippocrates

What do ADHD, auto immune diseases, depression, autism, food allergies and eczema all have in common? A compromised digestive system. Can it possibly be that simple? Yes! Whether you have a symptom mentioned above or digestive issues (acid reflux, IBS, constipation, etc.), this class can help you regain your health. We will look at diets that heal the digestive system and which types of food nourish your body and which ones cause damage.

HLTSC 747-81

\$120 (Senior Fee \$60)

Thursdays May 7 – 21
6:30 – 8:30 p.m. H 165 Edmunds

The following are "quick topics" designed to provide bite sized information for parents on the go. The curriculum is provided by Training on Prevention Services and The National Parent Academy, a service organization providing training and prevention services since 2005. The trainers are curriculum-certified trainers and educators, counselors and life coaches skilled in conveying parent information, support and resources to help parents attain their goals.

Please join us for an enjoyable evening that will focus on very timely topics for all parents. Let us help you navigate through the issues of life and provide some reassurance that you are not alone.

These classes are ideal for day care providers, educators or anyone else involved with family life education.

Change and loss are inevitable and a natural part of life. Often, parents are not able to help their child navigate the various stages of dealing with loss. This class will give insight on how children experience AND respond to loss and change. It offers parents tools on how to nurture through the various stages of grief, while remaining emotionally healthy as well.

CHILD 742-81


FREE

Tuesday
6 – 8 p.m.

Feb. 4
A 149

Staff

Changes in the digital arena are happening faster than parents can keep up. It seems everything is focused on social media. This very important class will prepare parents for their child's use of technology, enlighten them on potential dangers of the Internet and social media, and most importantly, provide them with tools to keep their children safe and emotionally healthy.

CHILD 744-81 

FREE

Tuesday
6 – 8 p.m.

Mar. 10
A 149

Staff

This class will address the messages that kids receive as they watch adults use alcohol and other substances to celebrate successes and failures. We will address family attitudes regarding drinking, drugs and smoking and the factors that cause children to be attracted to them. Although a parent cannot guarantee their child does not use drugs, we will provide tips on how you can be a major influence on their ability to say no.

CHILD 747-81

FREE

Tuesday
6 – 8 p.m.

Mar. 31
A 149

Staff

Testing limits is a natural phase of childhood development. Many times parents mistake this for unruly behavior. This class will help parents understand this phase and offer solutions to navigate through conflict and resolutions. This class is sure to offer more peaceful and happy home environments.

CHILD 746-81 ❄️

FREE

Tuesday
6 – 8 p.m.

Apr. 28
A 149

Staff

March 9 - April 3

What the Eyes Don't See is the inspiring story of how Dr. Mona Hanna-Attisha, alongside a team of researchers, parents, friends, and community leaders, discovered that the children of Flint, Michigan were being exposed to lead in their tap water. Paced like a scientific thriller, the book reveals how Hanna-Attisha discovered the lead levels in the water supply, and then battled her own government to expose that truth to the world.

Community members can meet Dr. Hanna-Attisha on Thursday, March 26 at a community talk and book signing at the MCCC La-Z-Boy Center. There will also be a series of community events planned around *What the Eyes Don't See*. The full slate of One Book, One Community of Monroe County events runs from March 9 to April 3. All events are free to the community. Visit www.monroeccc.edu/one-book-one-community/2020 for more information.



destination DANCE SCHOOL

Quality and life-enriching instruction in tap, jazz, ballet, modern, theatre dance and ballroom for ages 3 to adult!

Train with Dance Director Kellie Lajiness!

- Michigan Dance Teacher of the Year, 2012
- Prominent educator in dance, musical theater and ballroom
- Established Master Class Instructor
- Recognized artist, advocate and mentor
- Award-winning and critically acclaimed choreographer and performer and professional ballroom competitor
- Bachelor of fine arts in dance from Western Michigan University
- Masters in dance from Ohio State University
- Michigan Dance Council board member
- Michigan Youth Arts Festival Dance assistant coordinator
- Member, National Dance Educators of America
- Many former students pursuing degrees and careers in dance and musical theater
- AACT FEST 2019 Excellence in Choreography Award

At Destination Dance, You Will Enjoy:

- Highly creative and structured lessons
- A supportive environment for all age groups and ability levels
- Appropriate and thoughtful music selections
- A monthly calendar with updates
- Age appropriate dress code and policies

Tuition

Tuition is paid in six-week installments.

- 40-minute class = \$69 per six weeks
- 55-minute class = \$78 per six weeks
- 70-minute class = \$87 per six weeks
- 90-minute class = \$96 per six weeks
- Private lessons for any subject = \$50 per hour

For more information, you may contact Destination Dance Director Kellie Lajiness at klajiness@monroeccc.edu.

**Make MCCC Your Destination
for Action-packed Dance!**

SEASON SCHEDULE

Continuation Classes Begin January 6

The following classes have been in progress since the fall and will continue through May.

Youth Primary Ballet III Age 7-9

\$78 per section
Mondays 4:30 – 5:25 p.m. H 139
DANCE 784-81 Jan. 6 – Feb. 17
DANCE 784-82 Feb. 24 – Mar. 30
DANCE 784-83 April 6 – May 11
No class on January 20

Youth Jazz and Tap Combo III Age 8-10

\$78 per section
Wednesdays 5:30 – 6:25 p.m. H 139
DANCE 797-81 Jan. 6 – Feb. 17
DANCE 797-82 Feb. 24 – Mar. 30
DANCE 797-83 April 6 – May 11
No class on January 20

Pre-Teen Ballet Level II Age 10-12

\$78 per section
Wednesdays 5 – 5:55 p.m. H 139
DANCE 791-81 Jan. 8 – Feb. 12
DANCE 791-82 Feb. 19 – Mar. 25
DANCE 791-83 April 1 – May 13
No class on April 15

Pre-Teen Jazz V Age 10-12

\$78 per section
Wednesdays 6 – 6:55 p.m. H 139
DANCE 794-81 Jan. 8 – Feb. 12
DANCE 794-82 Feb. 19 – March 25
DANCE 794-83 April 1 – May 13
No class on April 15

Teen/Adult Ballet IV Age 13+

\$87 per section
Thursdays 5 – 6:10 p.m. H 139
DANCE 772-81 Jan. 9 – Feb. 13
DANCE 772-82 Feb. 20 – Mar. 26
DANCE 772-83 April 2 – May 14
No class on April 16

Teen Adult Intermediate Theater Tap Age 13+

\$78 per section (\$39 Senior Fee)
Wednesdays 7 – 7:55 p.m. H 139
DANCE 773-81 Jan. 8 – Feb. 12
DANCE 773-82 Feb. 19 – March 25
DANCE 773-83 April 1 – May 13
No class on April 15

Teen/Adult Tap Year III Age 13+

\$78 per section (Senior Fee \$39)
Thursdays 6:45 – 7:40 pm Z 275
DANCE 795-81 Jan. 9 – Feb. 13
DANCE 795-82 Feb. 20 – Mar. 26
DANCE 795-83 Apr. 9 – May 21
No class on April 16

Teen/Adult Tap Year I Age 13+

\$78 per section (Senior Fee \$39)
Mondays 6:30 – 7:25 p.m. H 139
DANCE 757-81 Jan. 6 – Feb. 17
DANCE 757-82 Feb. 24 – Mar. 30
DANCE 757-83 April 6 – May 11
No class on January 20

Better Balance Ballet Barre Exercise

\$69 per section (Senior Fee \$34.50)
Wednesdays 10:15-10:55 H 139
DANCE 792-81 Jan. 9 – Feb. 13
DANCE 792-82 Feb. 20 – Mar. 27
DANCE 792-83 April 3 – May 15
No class on April 10

Adult Ballet Movement Age 13+

\$78 per section (Senior Fee \$39)
Thursdays 4 – 4:55 p.m. H 139
DANCE 766-81 Jan. 9 – Feb. 13
DANCE 766-82 Feb. 20 – Mar. 26
DANCE 766-83 April 2 – May 14
No class on April 16

Private Dance Lessons

Private dance lessons are available in any field of study. You must enroll in a class prior to the start date and your lessons will be attached to your class as supplementary training. You may purchase any number of lessons; however, they must be completed within the selected class dates.

Private Lesson Fees: \$50 per hour

The hourly fee is applicable whether you attend with a partner or not. If you desire staged choreography of any kind, an additional fee will be required.

destination DANCE SCHOOL

NEW MEMBERS WELCOME!



American Rhythm and Smooth Ballroom Offerings for Teens and Adults

Although you may prefer your own partner, no partner is required for classes or private instruction.

JANUARY OFFERINGS

Ballroom Level II Class I

Cha Cha/Night Club 2-Step/Waltz
DANCE 703-81

\$78 (Senior Fee \$39)

Mondays Jan. 6 – Feb. 17

7:30 – 8:25 p.m. H 139

No class on January 20

FEBRUARY/MARCH OFFERINGS

Ballroom Level II Class II

Swing/Foxtrot/Rumba
DANCE 703-82

\$78 (Senior Fee \$39)

Mondays Feb. 24 – Mar. 30

7:30 – 8:25 p.m. H 139

NEW Adult Beginner Variety Class I

Swing/Foxtrot/Rumba
DANCE 702-81

\$78 (Senior Fee \$39)

Wednesdays Feb. 19 – Mar. 25

8 – 8:55 p.m. H 139

APRIL/MAY OFFERINGS

Ballroom Level II Class III

Argentine Tango/Salsa/Merengue
DANCE 703-83

\$78 (Senior Fee \$39)

Mondays April 6 – May 11

7:30 – 8:25 p.m. H 139

JUNE OFFERINGS (4 Weeks)

Ballroom Level I/II

American Tango/Bolero
DANCE 788-81

\$52 (Senior Fee \$26)

Mondays June 1-22

7:30 – 8:25 p.m. H 139

Practice your ballroom skills during the MCCC's Ballroom Dance Club's monthly lesson party.
Sessions held in H-139.
Open to the public.

JUNE 4-WEEK SUMMER FUN AND ACTIVE

Teen/Adult Ballet Level IV Age 13+

DANCE 772-84

\$64

Thursdays June 4 – 25

5 – 6:15 p.m. H 139

Teen/Adult Tap III Continuation

DANCE 795-84

\$52 (Senior Fee \$26)

Wednesdays June 3 – 24

6 – 7 p.m. H 139

TIME TO SHINE

If you wish to perform, our Destination Dance School Recital is scheduled for May 20!

Wedding Bells Ballroom Package

This package includes an introductory planning session and three private lessons. Make your first dance a memory to last a lifetime! Weekday and weekend appointments are available. Dance to your favorite song with ease!

COST: \$175 per couple*

Process for Private Appointments:

- Email Kellie Lajiness at klajiness@monroeccc.edu for initial contact.
- Register for your package by phoning 734.384.4127.
- Kellie will secure the room.

*Additional cost for special choreography.

Please Note

If you are looking for a different class, age group or time slot that is not offered, additional classes may be added to meet your needs. Private lessons or coaching sessions are available upon request. Information regarding dress code and policies will be provided by the instructor.

PERFORMANCE COMPANIES

Destination Tap Collective (DTC)

Teen/Adult Company Class 18-week Continued Season

DTC is a tap performance company for intermediate to advanced tap dance enthusiasts. New members are welcome! Learn to improvise, collaborate, and perform in local events.

\$96 per 6-week section or \$288 for 18-week season.

Tuesdays 4:30 – 6 p.m. H 139

DANCE 762A-81 Jan. 7 – Feb. 11

DANCE 762A-82 Feb. 18 – Mar. 24

DANCE 762A-83 Mar. 31 – May 12

No class on April 14

Destination Tap Collective (DTC) Intermediate/Advanced

DANCE 798-81

\$52

Wednesdays June 3 – 24

5 – 6 p.m. H 139

Inside Out Dance Ensemble Junior Company (IOJC)

Ages 14-17

IOJC is a contemporary performance company fashioned after MCCC's Inside Out Dance Ensemble. New intermediate level dancers are welcome to audition.

Auditions for placement in winter sections can be scheduled by contacting Kellie Lajiness at klajiness@monroeccc.edu. Requirement: You need to be enrolled in at least one additional technique class.

Audition for 2020 Season

MCCC's Inside Out Dance Ensemble will audition for new members on Saturday, January 18, 9:00 am-12:00 Noon in H-139

Upcoming Performance Events

MCCC Inside Out Dance Ensemble and DTC Joint Concert is April 18-19 in the Meyer Theater




MEDICAL CAREER TRAINING

Pharmacy Technician Certification Program

This comprehensive, 50-hour course will prepare you to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions, and defining drugs by generic and brand names.

Through classroom lecture and hands-on labs, you will review instruction on dosage calculations, drug classifications, the "top 200 drugs," I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parenteral nutrition, dispensing of prescriptions, inventory control, and billing and reimbursement. CEUs: 5.0

Clinical Externship: In addition to classroom and labs, this course includes a clinical externship through a local pharmacy. Upon successful completion of this course, you will be eligible to participate in an 80-hour clinical externship with a local retail pharmacy.

MEDCL 807-81 

\$1,049 (Senior Fee \$924)

Tues/Thurs

6 – 9:30 p.m.

Mar. 17 – May 5

A 173c Staff

NOTE: If the in-classroom format does not meet your schedule, you may also complete the same course via online. For more information, please call our office.


Clinical Medical Assistant Program

Prepare for an exciting, challenging and rewarding career in healthcare. This course will train you to assist physicians by performing functions related to the clinical responsibilities of a medical office. Instruction includes preparing patients for examination and treatment, routine laboratory procedures, diagnostic testing, technical aspects of phlebotomy and the cardiac life cycle. You will review important topics, including phlebotomy, pharmacology, the proper use and administration of medications, taking and documenting vital signs, cardiology (including proper lead placements), professional workplace behavior, ethics and the legal aspects of healthcare.

Upon successful completion of the course, you will be eligible to sit for the National Healthcareer Association (NHA) Certified Clinical Medical Assistant (CCMA) national exam.

Clinical Externship: In addition to the 140 hours of classroom lecture and hands-on labs, this course includes a clinical externship with a local healthcare provider. Upon successful completion of this course, you will be eligible to participate in the 160-hour clinical externship. CEUs: 14.0

Class meets from 9 a.m. - 4 p.m. on the following Saturdays: March 14, 28, April 18, May 2, 16 and 30.

MEDCL 826-81 

\$2,499 (Senior Fee \$2,209)

Tues/Thurs/Sat

6 – 9:30 p.m.

Mar. 10 – Jun. 11

A 173d

Staff


Dental Assisting Program

Our dental assisting program will prepare you for entry-level positions in one of the fastest growing health care positions. The purpose of this course is to familiarize you with all areas of pre-clinical dental assisting and provide training in the professional skills required to function as an assistant in the dental practice.

The following key areas are included: Administrative aspects, including the history of dentistry and dental assisting; introduction to the dental office; the legal aspects of dentistry, and policies and guidelines. Clinical aspects include: introduction to oral anatomy, dental operator, dental equipment, introduction to tooth structure, primary and permanent teeth, the oral cavity and related structures, proper patient positioning, dental hand-pieces, sterilization and other areas.

In addition to entry-level administrative jobs, this course is ideal for those interested in pursuing a formal dental hygienist program. This course includes a clinical externship rotation for all students. CEUs: 6.0

Clinical Externship: Upon successful completion of the course, you will be eligible to participate in a 40-hour clinical externship with a local healthcare provider.

MEDCL 828-81 

\$1,254 (Senior Fee \$1,106.50)

Mon/Wed

6 – 9:30 p.m.

Mar. 16 – May 11

A 173d

Staff

CLINICAL EXTERNSHIPS

Externships are learning opportunities, giving you short practical experiences in your field of study. Externships are often viewed as job shadowing, as you are closely supervised by employee volunteers who will walk you through day-to-day routines. The experience allows you to apply your coursework experience in a real life setting and a chance to observe and ask questions to prepare for the transition from school to career. Externships are an excellent way to help get your foot in the door for possible job openings. **Externship Requirements:** Provide a resume; provide your own transportation; submit a criminal background check and 10-panel drug screen —at your expense; be punctual and attend; comply with facility policies, including dress, uniform and hygiene practices, and comply with immunization requirements including TB and/or Hepatitis B series.

MEDICAL CAREER TRAINING

NEW!

Sterile Processing Technician

The Sterile Processing Technician Program is designed to prepare students to function as a sterile processing professional in multiple healthcare settings. Sterile processing technicians perform and participate in decontamination, cleaning, assembling, packaging, scanning, sterilization, storage and distribution of reusable surgical instrumentation and equipment. The purpose of this program is to prepare students to clearly and thoroughly understand his or her roles and responsibilities.

Working in a sterile processing area requires specific knowledge and skills, including an understanding of the following key areas and topics:

- Knowledge of surgical instruments and specialty devices
- Decontamination, packaging and sterilization of surgical instrumentation
- Processing, cleaning, testing, assembly and distribution of movable patient care equipment
- Storage, handling and distribution of sterile surgical instrumentation and devices, as well as inventory control and cost recovery systems
- Knowledge of medical terminology, anatomy and physiology, and microbiology
- Infection prevention, decontamination and disinfection processes

The sterile processing student should have or be pursuing a high school diploma or HSE. Students who complete this comprehensive course with a passing grade of 70 or higher would be prepared to sit for the Certification Board for Sterile Processing and Distribution (CBSPD) SPD Technician Certification Exam. CEUs: 8.0 There is no externship with this course.

MEDCL 842-81

\$1,995 (Senior Fee \$1,795.50)

Tues/Thurs

6 – 9:30 p.m.

Feb. 18 – May 5

L 145



Certified Nursing Aide

Monroe County Community College, in partnership with ProMedica Monroe Regional Hospital, is offering MEDCL 841 Certified Nursing Aide. This non-credit course consists of 123 hours of classroom and clinical training.

This course will meet Tuesday - Saturday for four weeks, beginning on Tuesday, February 25.

This non-credit course offering is designed to prepare an individual to fulfill the role of direct caregiver/nursing aide. The course emphasizes the skills and behaviors that are significant to the role of nurse aides and includes classroom activities, skills practice time in the laboratory and supervised clinical practice in the healthcare environment. Student knowledge and competency are assessed routinely to determine achievement of the course outcomes. Upon successful completion of this course, students will be eligible to take the clinical and written exams required for certification as a nurse's aide in the State of Michigan.

Prerequisites:

Basic Life Support CPR – American Heart Association.

Monroe County Community College has one session scheduled for those who need to complete this training.

The date is: February 8, from 8:15 a.m. to 2 p.m. The cost per person is \$60. To register please contact Rachel Lehr at 734.384.4102.

Students must also complete a physical, drug screen and background check.

Cost: \$2,000 per person, plus miscellaneous fees.

Estimated miscellaneous fees*:

- Uniforms and supplies: \$45

- Textbook: \$62

- BLS for Healthcare Provider CPR Training: \$60

- State Certification Exam: \$176.50

*These costs are estimated and may be higher or lower than the estimated price.



For additional information, please contact Renee Drouillard at 734.384.4229 or Barry Kinsey at 734.384.4124.

MEDICAL CAREER TRAINING

HEALTHCARE TRAINING PROGRAMS

The following online training programs are being brought to you through a partnership with Career Step. Career Step is a provider of career-focused education training designed to help students quickly enter the workforce. It is committed to providing the best education with interactive learning tools; one-on-one instructor support by phone, email and chat, and comprehensive career resources to help students transition from education to employment.

Medical Administrative Assistant with EHR

\$3,199 (Senior Fee \$2,547)

This course prepares students to earn the Certified Medical Administrative Assistant (CMAA) and Certified Electronic Health Records Specialist (CEHRS) credentials. Topics studied include ezEMRx EHR software, Microsoft Office, healthcare documentation and office procedures. Enrollment includes ebooks and exam vouchers for the two national certifications.

Duration: 6-month online access

Professional Medical Coding and Billing with PCS

\$3,699 (Senior Fee \$3,366.09)

Prepare for the Certified Coding Associate (CCA), Certified Professional Coder (CPC) and Certified Outpatient Coder (COC) certifications. Topics studied include reimbursement methodologies, biomedical sciences and current code sets. Enrollment includes ebooks, codebooks and a voucher for one of the certification exams. **Duration: 12-month online access**

Pharmacy Technician \$1,999 (Senior Fee \$1,819)

This course prepares students for the Pharmacy Technician Certification Board (PTCB) Exam and is accredited by ASHP/ACPE. An externship is required to complete the program. Enrollment includes a lab kit and an exam voucher. **Duration: 6-month online access**

Medical Transcription Editor \$3,199 (Senior Fee \$2,729)

Approved by the Association for Healthcare Documentation Integrity (AHDl), the medical transcription editor program prepares students for medical transcription and editing careers. Topics studied include documentation, biomedical sciences and editing theory. Enrollment includes ebooks, a transcription foot pedal, an AHDl membership and a voucher to take the RHDS exam. **Duration: 12-month online access**

Medical Billing \$2,999 (Senior Fee \$2,729)

The medical billing program helps students develop the knowledge and skills they need to work in healthcare reimbursement. Topics studied include bundled payments, the impact of the Affordable Care Act and experience with current billing forms. Enrollment includes ebooks and a Certified Billing and Coding Specialist (CBCS) exam voucher.

Duration: 6-month online access

Veterinary Assistant \$1,999 (Senior Fee \$1,819)

Our veterinary assistant program helps students develop the knowledge and skills needed to work in a veterinary office. Topics studied include office and exam room procedures, communication and client relations, and small and large animal nursing, among others.

Duration: 6-month online access

**VISIT [HTTPS://PARTNER.CAREERSTEP.COM/MONROECCC](https://partner.careerstep.com/monroeccc)
TO LEARN MORE!**



Available for all classes

Promotions

**When paying your tuition in full,
you may select a promotion**

Professional Medical Coding and Billing

Available Promotions: Laptop, iPad or Kindle with electronic text, or \$400 off the program price.

Medical Transcription Editor

Available Promotions: Laptop, iPad or Kindle with electronic text, or \$300 off the program price.

Medical Administrative Assistant with EHR

Available Promotions: Laptop, iPad or Kindle with electronic text, or \$200 off the program price.

Pharmacy Technician, and Veterinary Assistant

Available Promotions: Laptop, iPad or Kindle with electronic text, or \$125 off the program price.

Medical Billing

Available Promotions: Laptop, iPad or Kindle with electronic text, or \$300 off the program price.



● ● SPORTS | PHYSICAL FITNESS | MOTORCYCLE SAFETY

Circuit Training

This challenging class provides a great workout as you move through a series of stations designed to elevate your heart rate and challenge your muscles. A circuit of timed, specific intervals will include working with weights, stability balls, bands and jump ropes.

HPE 711-81

\$71 (Senior Fee \$35.50)
Tues/Thurs Jan. 28 – Mar. 5
5 – 6 p.m. H 131 Goss

HPE 711-82

\$71 (Senior Fee \$35.50)
Tues/Thurs Mar. 10 – Apr. 21
5 – 6 p.m. H 131 Goss
No class on April 16

HPE 711-83

\$71 (Senior Fee \$35.50)
Tues/Thurs Apr. 23 – Jun. 4
5:15 – 6:15 p.m. H 131 Goss
No class on April 30

HPE 711-84

\$71 (Senior Fee \$35.50)
Tues/Thurs June 9 – Jul. 16
5:15 – 6:15 p.m. H 131 Goss



CrossFit

CrossFit is a core strength and conditioning program that delivers a fitness that is broad, general and inclusive by design. Our specialty is not specializing. Elements of track and field, gymnastics, weightlifting and strongman are combined in short, intense daily workouts to maximize results for any individual.

Never done weightlifting or a pull-up before? No worries. In our introductory foundation classes, you will learn proper technique for movements and exercises that make up a typical CrossFit workout. We will also discuss other important topics such as stretching, mobility and nutrition.

Classes meet monthly at Light the Fire CrossFit at 428 S. Monroe Street in Monroe. Cost is \$115 per month. Discounted rates are available for students, military, law enforcement and couples that enroll together.

Call the Office of Lifelong Learning 734.384.4127 to register.

Current Schedule of Classes

Mon. - Thurs. 5 a.m., 6 a.m., 8:30 a.m., 4 p.m., 5 p.m., 7 p.m.

Fri. 5 a.m., 6 a.m., 8:30 a.m., 4 p.m., 5 p.m., 6 p.m.

Saturday 9 a.m., 10 a.m. (open gym)

**Hours subject to change.*

NEW! Bootcamp Class
Meets on Mon/Wed/Fri
from 8 – 8:30 a.m.
\$175 for 6 weeks

About the Instructor - Bill Bacarella

- * Owner of Light the Fire CrossFit
- * CrossFit Level 2 certified with 4 years of CrossFit coaching experience
- * Bachelor's degree in athletic training from Albion College
- * Licensed & Certified Athletic Trainer in the State of Michigan
- * Certified Strength & Conditioning Specialist (CSCS) through the National Strength & Conditioning Association (NSCA)
- * Master's degree in kinesiology from Wayne State University
- * First Responder CPR/AED and First Aid-certified

Certified Personal Trainer

Get all the important information needed to start an exciting successful career as a Certified Personal Trainer. Employers of all sizes have partnered with W.I.T.S. to come and meet you during our classes. Our personal trainer course is a great way to prepare for the on campus national exam and live your dream of a successful personal trainer career in a field you love. This challenging course is for candidates wanting LIVE instruction with in-depth, hands-on practical labs to master the career skills and knowledge. Our veteran teachers share all the dos and don'ts in working with clients. The course consists of 15 hours of lecture on key topics like biomechanics, exercise physiology, fitness testing, equipment usage and health assessments. The best part of the course is the 15 hours of hands-on practical training labs. You will role play with assessing clients, programming, performing proper exercises, presentation skills and more. Reading a book and testing does not get it done in the real world. Register today in one of the hottest growing professions in North America.

You can work right after passing the CPT exams! You must be 18 years of age and have proof of CPR/AED to obtain your **Level 1 Certified Personal Trainer**. As a special bonus, you can take advantage of our 30-hour employer internship to get our advanced **Level 2 Certified Personal Trainer** credential at no additional cost!!

Required Textbook: 7th edition of the Fitness Professional's Handbook with Web resources (ISBN-13: 9781492523376). Please note: If there are low numbers in this live course, it may be offered as Hybrid CPT. Please ask us for details. CEUs: 3.6

HPE 729-81

\$740 (Senior Fee \$652.50)
Saturdays Mar. 14 – Apr. 25
9 a.m. – 4 p.m. H 159/H 110 W.I.T.S. Staff
No class on April 11



NEW!

Urban Kickboxing

Urbankick is a cardio kickboxing class that will improve your cardiorespiratory system, functional movement, flexibility and strength. The class consists of sequenced progressions that include punches, kicks and plyometrics.

HPE 724-81

\$32 (Senior Fee \$16)

Fridays Feb. 14 – Mar. 27

5:30 – 6:30 p.m. H 139 Davis

No class on March 6

Dance2Fit with Carley

Have fun while losing weight and getting toned! Taught by a certified instructor, Dance2Fit offers a way to jumpstart a healthy lifestyle while learning and dancing in a positive environment. Torch calories and tone muscles by combining dance and fitness moves to high-energy hits from yesterday and today. Dance2Fit is a judgement-free zone and is perfect for participants with no prior dancing experience. Come try something new and shake it to a healthier and happier you! Please bring a mat to class.

Mondays, 5:15 – 6:15 p.m.

HPE 769-81

\$32 (Senior Fee \$16)

Mondays Jan. 27 – Mar. 9

5:15 – 6:15 p.m. H 131 Stranyak

No class on March 2

HPE 769-82

\$32 (Senior Fee \$16)

Mondays Mar. 16 – Apr. 27

5:15 – 6:15 p.m. H 131 Stranyak

No class on April 6

HPE 769-83

\$32 (Senior Fee \$16)

Mondays May 11 – June 22

5:15 – 6:15 p.m. H 131 Stranyak

No class on May 25

Wednesdays, 5:15 – 6:15 p.m.

HPE 769-84

\$32 (Senior Fee \$16)

Wednesdays Jan. 29 – Mar. 11

5:15 – 6:15 p.m. H 131 Stranyak

No class on March 4

HPE 769-85

\$32 (Senior Fee \$16)

Wednesdays Mar. 18 – Apr. 29

5:15 – 6:15 p.m. H 131 Stranyak

No class on April 8

HPE 769-86

\$32 (Senior Fee \$16)

Wednesdays May 6 – Jun. 17

5:15 – 6:15 p.m. H 131 Stranyak

No class on May 27

About the Instructor – Hermalinda Davis

Hermalinda is a certified UrbanKick instructor and a certified health coach. She has a B.A.S. degree with a minor in psychology. She has knowledge in areas of nutrition, exercise science and behavior change.

PiYo

Our PiYo class is a cardio blend between Pilates and yoga. This low-impact workout will increase your fitness level, including core strength, flexibility, stability, balance and posture as you move from one exercise to the next. PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga creating a longer, leaner and more defined you! Please bring a yoga mat with you to class.

HPE 770-81

\$32 (Senior Fee \$16)

Wednesdays Jan. 29 – Mar. 4

6:15 – 7:15 p.m. H 131 Calender

HPE 770-82

\$32 (Senior Fee \$16)

Wednesdays Mar. 11 – Apr. 22

6:15 – 7:15 p.m. H 131 Calender

No class on April 8

HPE 770-83

\$32 (Senior Fee \$16)

Wednesdays May 6 – Jun. 10

6:15 – 7:15 p.m. H 131 Calender

Women's Self-defense Seminar

Geared specifically for women, this seminar will cover simple self-defense strategies designed to help you protect yourself from attackers. Learn to recognize threatening situations, methods of responding to them and how to mentally and emotionally gather the confidence you need to survive an attack. Please come dressed in comfortable gym clothes and be prepared to go barefoot.

HPE 721-81

\$29 (Senior Fee \$14.50)

Thursday Apr. 2

7 – 9 p.m. H 139 Bergmooser

IMPORTANT: Fitness Waivers Required

All Lifelong Learning students participating in one of our sports/recreation/physical education classes are required to submit a signed Release of Liability waiver at the time of registration. A signed waiver must be on file with the Office of Lifelong Learning by the first day of class. Only one form is necessary per semester. The waiver is located on page 31, and it is recommended that you include it with your registration form. It is also available in the online version of this schedule at www.monroeccc.edu in the Lifelong Learning section. NOTE: For students under the age of 18 participating in our fitness classes, a parent/legal guardian must sign the waiver. A doctor's review of your health is advised before starting any exercise program.



SPORTS | PHYSICAL FITNESS | MOTORCYCLE SAFETY

Tae Kwon Do

Tae kwon do is a Korean martial art that translates into "the way of kicking and punching" with proper attitude and concentration. Practice tae kwon do to learn mind and body control through unarmed self-defense techniques, discipline and concentration. Instructor Master Mark Bergmooser is a certified 5th-degree black belt. Open to students age 5 and older.

\$54 (Senior Fee \$28.50) – classroom training only (no private lessons)

\$79 (Senior Fee \$51) – includes classroom training and one private lesson.

If you wish to schedule additional private lessons with each section, please call the office for pricing and to register. Private tae kwon do lessons must be completed prior to the end of the semester or by the date determined by the instructor.

Winter Semester ❄️

Register for all sections (classroom only) offered this semester at once and receive a \$20 discount. There are no discounts for sections with private lessons.

HPE 712-81

\$196 (Senior Fee \$104)
Tues/Thurs Jan. 7 – Apr. 23
6:30 – 7:45 p.m. H 139 Bergmooser
No class on Feb. 13, March 3, 5 and April 2

HPE 712A-81 – classroom only

HPE 713-81A – classroom plus one private lesson
Tues/Thurs Jan. 7 – 28
6:30 – 7:45 p.m. H 139 Bergmooser

HPE 712B-81 – classroom only

HPE 713-81B – classroom plus one private lesson
Tues/Thurs Jan. 30 – Feb. 25
6:30 – 7:45 p.m. H 139 Bergmooser
No class on February 13

HPE 712C-81 – classroom only

HPE 713-81C – classroom plus one private lesson
Tues/Thurs Feb. 27 – Mar. 26
6:30 – 7:45 p.m. H 139
No class on March 3 and 5

HPE 712D-81 – classroom only

HPE 713-81D – classroom plus one private lesson
Tues/Thurs Mar. 31 – Apr. 23
6:30 – 7:45 p.m. H 139 Bergmooser
No class on April 2



Summer Semester ☀️

Register for all sections (classroom only) offered this semester at once and receive a \$20 discount. There are no discounts for sections with private lessons.

HPE 712-82

\$196 (Senior Fee \$104)
Tues/Thurs Apr. 28 – Aug. 13
6:30 – 7:45 p.m. H 139 Bergmooser
No class on May 7, 21, 26 and June 9

HPE 712A-82 – classroom only

HPE 713-81A – classroom plus one private lesson
Tues/Thurs Apr. 28 – May 28
6:30 – 7:45 p.m. H 139 Bergmooser
No class on May 7, 21 and 26

HPE 712B-82 – classroom only

HPE 713-81B – classroom plus one private lesson
Tues/Thurs Jun. 2 – 25
6:30 – 7:45 p.m. H 139 Bergmooser
No class on June 9

HPE 712C-82 – classroom only

HPE 713-81C – classroom plus one private lesson
Tues/Thurs Jun. 30 – Jul. 21
6:30 – 7:45 p.m. H 139 Bergmooser

HPE 712D-82 – classroom only

HPE 713-81D – classroom plus one private lesson
Tues/Thurs Jul. 23 – Aug. 13
6:30 – 7:45 p.m. H 139 Bergmooser

America's Boating Course

America's Boating Course, taught by the Toledo Sail and Power Squadron, is our primary effort toward public instruction in the fundamentals of safe boating. Our classes are designed to familiarize each student with the fundamentals of safe boating and qualify for state certification. Topics to be covered include: boat handling under normal conditions, adverse conditions and emergencies, types of boats and boating terminology, required and recommended equipment, boating regulations and navigation rules, lines and knots, aids to navigation, piloting techniques, proper marine radio usage and trailer boating.

The State of Michigan requires that anyone born after December 31, 1978 must complete a safe boating class in order to legally operate a boat or personal watercraft with 10 hp or more. By completing and passing this course, you will have satisfied the educational requirement for Michigan. Textbook included in the cost for first family member enrollment. CEUs: 1.0

SPORT 703-81 ❄️

\$45 (Senior Fee \$22.50) – first family member
Mon/Wed Feb. 24 – Mar. 4
6:30 – 9 p.m. H 164 Staff

SPORT 703-82 ❄️

\$20 (Senior Fee \$10) – additional family members
Mon/Wed Feb. 24 – Mar. 4
6:30 – 9 p.m. H 164 Staff



Motorcycle Safety

As part of the Detroit Metro Motorcycle Safety Consortium, we offer hands-on, comprehensive motorcycle safety training in a safe and comfortable environment. Our classes are taught by professional certified instructors who not only have a passion for riding, but also riding safety.



Riding-Gear Checklist

- Driver License - If underage, bring your Level 1 Certificate.
- Helmet - Must be DOT-approved or SNELL-certified. Should fit properly and be in good condition.
- Boots - Ankle must be covered. Must have a hard sole. High-top tennis shoes and high heels are not permitted.
- Long-sleeved shirt or jacket – Must be long-sleeved, reaching your wrists in the riding position.
- Pants - Non-flare denim pants, or a material of equivalent or better durability. Pants must reach your boots while in the riding position.
- Full-fingered gloves - Should be fitted and not too bulky to allow for proper gripping. Leather is preferred, but not required.
- Eye protection - Required even with a face shield.
- Rain/Cold weather gear as needed - Riding does occur in inclement weather, so please be prepared with appropriate clothing.

Additional Requirements

- Attend all class sessions.
- Be on time for all class sessions.
- BRCu - Web Enhanced Classes Only: Must complete online eCourse prior to your class start date.
- BRC2u - For Experienced Riders & ARCu Classes Only: Each student must provide their own motorcycle.
- Sharing is not allowed. The cycle must be titled, properly registered and display a valid license plate.



Basic RiderCourse 2 - (BRC2u)

For Experienced Riders

This one-day course is designed for the experienced but unlicensed rider to become licensed and legal or for already-endorsed riders to refresh and improve their skills. This course is NOT designed for beginning riders. Students must demonstrate competency with basic operational skills and pass the Level 1 written test during the screening exercises in order to continue in the course. If it is determined that a rider needs additional skill development before proceeding, the rider will be referred to the Basic Rider Course (no refunds; no transfers).

Topics include: speed control, braking and stopping, counter steering, cornering, hazard avoidance and other techniques necessary for the experienced rider to operate a motorcycle skillfully and safely. Each student must provide their own motorcycle and riding gear. Sharing is not allowed. Scooters will be allowed in this course. The cycle must be titled, properly registered and display a valid license plate. You must also provide proof of insurance and the bike must pass a safety inspection. Successful completion allows a student to waive the Secretary of State written and riding skills tests. CEUs: .8

MOTCY 707-81

\$50 (Senior Fee \$25)

Saturday Jun. 20
8 a.m. – 6 p.m. L 111 Staff



Basic RiderCourse - (BRCu)

Requirements: You must have a valid email address on file with the college. You must complete the online eCourse prior to your class start date and bring the completion certificate to the first class session. The link to the eCourse will be distributed by the college via email at least one week prior to the start date of your class. This class consists of approximately 18 hours of instruction – three hours of online preparation to be completed prior to your class start date, five hours of classroom instruction and 10 hours of hands-on training. Designed for someone who has minimal experience operating a motorcycle, this course focuses on the development of basic riding skills: clutch and throttle coordination, straight-line riding, braking, turning and shifting. Successful completion of this course and its knowledge and skills tests will result in a riding test waiver by the Secretary of State. Prerequisite: ability to ride a bicycle. CEUs: 1.8

Who Should Take The BRCu Course?

- Those who want to learn to ride safely and are able to ride a two wheel bicycle.
- Those who fail the state riding skills test twice
- Students under the age of 18 are allowed to take this course starting at age 15 if they have a valid driver's license. A parent or guardian must accompany the student to the first class meeting to sign required documents.

MOTCY 706-81

\$50 (Senior Fee \$25)

Fri/Sat/Sun Jul. 10-12 L 111

MOTCY 706-82

\$50 (Senior Fee \$25)

Fri/Sat/Sun Jul. 17-19 L 111

MOTCY 706-83

\$50 (Senior Fee \$25)

Fri/Sat/Sun Jul. 24-26 L 111

All BRCu classes meet Friday from 6 - 10 p.m. and Saturday and Sunday from approximately 8 a.m. - 6 p.m.

Real Estate Fundamentals

Prepare for the Michigan Real Estate Exam, administered by AMP (Applied Management Professionals). The course also serves as an excellent survey of the laws affecting real estate transactions for investors and those desiring a more thorough knowledge of the subject. Topics include real estate laws, rules and regulations, contracts, financing, ownership, brokerage, valuation and fair housing. This course is state-licensed for 40 hours of instruction and is open to the general public. Note: You must complete the 40 hours of instruction and pass the final exam in order to receive a passing grade for the class. Cost includes text and materials. CEUs: 4.0

RELST 701-81

\$279 (Senior Fee \$244.50)

Mon/Tues/Wed/Thurs Apr. 6 - 21

6 - 10 p.m. H 164 Bowman



Boiler and Power Plant Fundamentals

Designed as a fundamentals course in boiler operations and power plant basics, students who successfully complete this course will be qualified to seek employment in facilities using boilers in any energy conversion process. Topics covered include:

- Power plant theory, equipment and procedures
- Basic understanding of the ASME code
- Instruction on various theories and systems relevant to the industry

Please note: In order to enroll in this course, you must complete the Accuplacer placement test and obtain a minimum score of 250 in English, 238 in Reading and 262 in Elementary Algebra. Text is included in the cost. **Online registration is not available for this class as your test scores must be verified prior to enrolling.** CEUs: 8.8

MECH 727-81

\$759 (Senior Fee \$429.50)

Mon/Wed Mar. 9 - May 20

5 - 9 p.m. T 166 Kiselewski



Home Inspection Certificate Course (online)

Do you want a career that doesn't have you chained to a desk all day? Are you looking for something that you can do part-time or to supplement your income? If you are a good communicator, enjoy working with people, and have good mechanical and technical aptitude, a career as a home inspector may be right for you. This course is endorsed by the American Society of Home Inspectors.

This 10-course program provides you with the technical skills and expertise required to conduct visual examinations and deliver written reports on the physical and operational condition of homes or housing units. Each of the 10 courses will require a minimum of 42 contact hours of study. Exercises and practical quizzes allow you to check your progress. Each module will have instructor support and can be taken in any order you choose.

The cost of each course is \$395 (Senior Fee \$332.50) and includes books and materials. Course topics include:

- | | |
|---|----------------------------|
| • Heating I | • Air Conditioning/Heating |
| • Heating II | • Plumbing |
| • Insulation and Interior | • Exterior |
| • Roofing | • Electrical |
| • Communication and Professional Practice | • Structure |

For detailed course descriptions, go to

<http://www.carsondunlop.com/education/us/MonroeCountyCommunityCollege>.

Vex Robotics

The VEX Robotic team provides students in third grade through college, in three different age groups, the opportunity to learn about competitive robotics as part of a community team. Students can participate year round with new contests and projects being implemented annually. Students will gain an introduction to mechanical, electrical, programming and CAD design while keeping track of individual progress through an engineering notebook. Students also develop additional skills, including multimedia marketing, team building, time management and public speaking. The VEX program has operated on the MCCC campus for six competitive seasons and is designed to be a year-round, continuous student development program. Interested students should visit a class session to learn more and meet the other team members and mentors.

Contact mmohn@monroeccc.edu or jeffdemaray@yahoo.com for further information.

VEXIQ Robotics

The VEXIQ Robotic platform, which requires limited tool usage and no power tools, is for 3rd grade through 8th grade.

VEX Robotics Competition (VRC)

The VRC teams consist of four or more students in 8th grade through 12th grade. Students begin to use power tools including drills, Dremel and band saws.

VEXU

The VEXU platform uses VRC parts but the rules are different, the robots are bigger, and a greater emphasis is placed on autonomous driving via software development. Students have an upper age limit of 26 and must be a registered college student full or part-time.

Small Unmanned Aircraft Systems (sUAS a.k.a. Drones)

Small Unmanned Aircraft Systems (drones) are a dynamic, emerging technology that will literally transform industries and have an economic impact of \$100 billion by 2020. Our specialized training courses take you from learning to fly drones all the way through to preparing for your FAA certification.

Interested in Drones?

More and more businesses are using drones. Attend a FREE drone information session (Drone Primer) and learn about our upcoming training programs.

- Find out how drones are being used in different industries.
- Talk with the class instructor and determine what training you need.
- See what topics are covered in our classes.

No experience or prior knowledge is needed!

Intro to Drones Series

Our Intro to Drones Series consists of three individual courses that will prepare you for your FAA remote pilot certification. The course will take you from learning to fly drones all the way through to preparing for FAA unmanned commercial pilot certification. It is a comprehensive, hands-on training.

You may register for the series at a cost of \$1,485 (Senior Fee \$1,073.70). Or, you may enroll in a stand-alone training course at a cost of \$545 per course (Senior Fee \$381.50).

Prospective drone pilots, save \$150 when you register for the series over individual courses. CEUs: 2.4

PILOT 704-81

\$1,485 (Senior Fee \$1,073.70)

Saturdays/Sundays Mar 7, 8, 14 & 15
9a.m. – 5:30 p.m. TBA Knaggs

PILOT 704-82

\$1,485 (Senior Fee \$1,073.70)

Saturdays/Sundays May 2, 3, 9 & 10
9a.m. – 5:30 p.m. TBA Knaggs

The following courses are the three components of the series above.

Intro to Drones Series Part I: Introductory Courses

Provides a comprehensive overview of the information your organization needs to start using drones safely and legally. You only need to complete one introductory class to complete the series; you select the course that meets your needs.

Intro to Drones for Commercial Users

Learn how drones can be used in specific business applications and bring efficiencies to your business.

Intro to Drones for Public Safety

This class is designed to meet the specific needs of police, firefighters and emergency management personnel.



Intro to Drones Series Part II: Hands-On Drone Flight Training - Basic Quadcopter Flight Skills

Our course will bring students through a series of increasingly difficult exercises and have them flying through an obstacle course by the end of the day. The cost includes a training quadcopter.

About the Instructor – Adam Knaggs

Adam has a degree in criminal justice and has been a law enforcement officer since 2010. He has held different positions within the department including patrol officer, field training officer and detective in the gang task force. He is currently a member of the SWAT team and has had the opportunity to serve on the tactical rappel and sniper teams. In 2016, Adam was selected to become a sUAS operator for the department and currently holds a FAA sUAS license and has flown several operations, as well as assisted in training new sUAS operators. Some of the missions he has flown include search and rescue, barricaded persons, taking crime scene photographs, surveillances and mapping accident scenes.

Intro to Drones Series Part III: Part 107 Test Prep

Prepares you for the test to receive certification. The remote pilot knowledge test includes 60 questions and requires a passing score of 70 percent.



BUSINESS & INDUSTRY | WORKFORCE TRAINING | PROFESSIONAL DEVELOPMENT

NEW!

Certified Behavior Technician (CBT) Training

This training course is for those who are passionate about the mental health field and would like to help children living with autism to develop, pursue and achieve their own goals and dreams through high-quality applied behavior analysis (ABA) therapy and support. The course will cover all the tasks and subtasks in the CBT Task List and the ethics requirements that have been designated as relevant for Behavior Technicians. It is designed to give you a basic understanding of applied behavior analysis, functional behavior assessment tools, teaching methods, behavior change strategies, and ethical guidelines for therapists treating children and adults with autism and intellectual disabilities.

The Certified Behavior Technician (RBT) is a paraprofessional who directly gives behavioral intervention in a one-on-one or small group setting from a detailed plan. CBTs are credentialed paraprofessionals who practice under the close, ongoing supervision of a Board Certified Behavior Analyst (BCBA) and alongside a Board Certified Assistant Behavioral Analyst (BCaBA) with goals including: improving education, improving health outcomes, improving behavior challenges and improving social behavior.

There are many possibilities, including international, for CBT employment upon earning the credential:

- Private family homes
- Residential group homes
- Private and state facilities
- Nonprofit agencies
- Private clinics
- Hospitals
- Behavioral in-patient crisis centers
- Schools as a paraprofessional in special or general education settings
- Law enforcement agencies

The average wage of a CBT in Southeast Michigan is \$13 - \$24 per hour.

This course satisfies the 40 hours of training required for becoming a Certified Behavior Technician (CBT) and is based on the CBT Task List. The program is offered independent of the BACB. Prerequisites to enroll: Minimum of high school diploma or GED and be at least 18 years of age. To obtain the CBT credential you must also complete a criminal background check, pass the CBT Competency Assessment, and pass the CBT exam. CEUs: 4.0

HLTSC 781-81

FREE

Mon/Wed Feb. 24 – Apr. 8
8 – 11 a.m. C 8

HLTSC 781-82

FREE

Tues/Thurs Mar. 10 – Apr. 23
5:30 – 8:30 p.m. C 8

OSHA 30-Hour General Industry

This training program is intended to provide a variety of training to workers with some safety responsibilities. Training will emphasize hazard identification, avoidance, control and prevention, not OSHA standards. Many of the learning topics for the 30-hour course can be selected to ensure the training covers a variety of general industry safety and health hazards, relevant to the workplace and the worker. Instructional time must be a minimum of 30 hours.

PERS 810-71

\$479 (Senior Fee \$274)

Wednesdays Mar. 11 – Apr. 1
8 a.m. – 5 p.m. Village of Dundee Offices

Legal Certificate Online Courses

You don't have to be an attorney to embark on a career in the legal industry. Corporations, law firms and governments need non-lawyers for a wide variety of administrative, research, compliance and other law-related requirements.

Without the time and expense of pursuing a full law degree, you can gain the skills needed to offer specialized legal services for these employers. To build your credentials for legal career opportunities, consider these excellent courses MCCC offers in partnership with the Center for Legal Studies.

All textbooks and resources, including Westlaw, are available for purchase by calling 1.800.522.7737 or by accessing the secure online order form at www.legalstudies.com. Please order your textbooks at least one week prior to the first session

Courses Offered:

- Paralegal Certificate — \$1,395
- Advanced Paralegal Certificate — \$2,100 or \$350 per topic
- Legal Secretary — \$729
- Legal Nurse Consultant — \$895
- Legal Investigator — \$729
- Alternative Dispute — \$729
- Victim Advocacy — \$729
- Employment Law — \$729
- Personal Injury — \$729
- Software Essentials for the Law Office — \$729
- GMAT Test Prep — \$300
- GRE Test Prep — \$300
- LSAT Test Prep — \$300
- SAT or ACT Test Prep — \$300

WINTER

Session I: Jan. 13 - Feb. 28

Session II: Mar. 9 - Apr. 24

SUMMER

Session III: May 4 - June 19

Session IV: June 29 - Aug. 14

Session V: Aug. 24 - Oct. 9

Please call the Office of Lifelong Learning at 734.384.4127 to register or for more information. You may access detailed course descriptions and outlines at www.legalstudies.com.

Computer Applications

We offer a wide range of highly interactive courses that you can take entirely over the Internet. All of our courses are led by expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient and geared just for you.

Computer application courses are available for Microsoft, Adobe and Quickbooks. Photoshop, InDesign, Illustrator, Microsoft Suite (Word, Excel, PowerPoint) and Performing Payroll in Quickbooks are just a few of our offerings!

Prices vary. Classes begin monthly. To view start dates and receive information on how to register, please see page 34.

For a complete listing of all Microsoft classes offered, visit www.ed2go.com/monroe. **Call our office at 734.384.4127 to register.**

Pesticide Training & Review

Participants will receive four pesticide recertification credits in one of the following categories: Private, Commercial Core or Commercial categories 1A, 1B, 3A, 3B or 6.

The class will review parts of the National Pesticide Applicator Certification core study manual. The Monroe County Conservation District MAEAP Technicians will present an overview of the MAEAP program structure and give an update of programs for farms to be environmentally verified. Audience: Farmers and commercial pesticide applicators. CEUs: .6

AGRI 707-71 ❄️

\$20 (Senior Fee \$20)

Tuesday March 17
9 a.m. – 3:30 p.m. A 173a

Birkey

HealthGuard Professional Food Manager Certification

Monroe County Community College is offering a one-day HealthGuard Professional Food Manager Certification training session in conformance with the Michigan Food Law. The Michigan Food Law requires all licensees to have a certified food manager. This course, along with a passing score on the exam, meets that requirement. The cost includes the NSF HealthGuard Certified Professional Food Manager Manual, exam, lunch and refreshments. CEUs: .8

\$155 (Senior Fee \$137) per section

Winter ❄️

CSM 718-71
Tuesday Jan. 14
8 a.m. – 6 p.m. A 173a Childress

CSM 718-72
Tuesday Feb. 11
8 a.m. – 6 p.m. A 173a Childress

CSM 718-73
Tuesday Mar. 10
8 a.m. – 6 p.m. A 173a Childress

CSM 718-74
Tuesday April 14
8 a.m. – 6 p.m. A 173a Childress

Summer ☀️

CSM 718-71
Tuesday May 12
8 a.m. – 6 p.m. A 173a Childress

CSM 718-72
Tuesday June 9
8 a.m. – 6 p.m. A 149 Childress

CSM 718-73
Tuesday July 14
8 a.m. – 6 p.m. A 173a Childress

CSM 718-74
Tuesday Aug. 11
8 a.m. – 6 p.m. A 173a Childress

Business and Industry Customized Training and Retraining Programs

In collaboration with your company, MCCC can create training and retraining programs to meet the changing dimensions of skills in today's workplace. Whether your company needs training in supervision/management, a new manufacturing process, software applications or basic skills, representatives from the college can work with members of your staff to develop a customized training program tailored to meet the specific needs of your employee groups. The training can take place at your office or plant or at the college on a time schedule convenient to your company and employees.

For more information, contact Barry Kinsey, director of workforce development, at 734.384.4124.

Resume Assistance by Appointment

Monroe County Community College's Office of Workforce Development will work with students, alumni and Monroe County residents on the preparation or upgrading of their resume and career pursuit materials. This service is by appointment by calling 734.384.4124 or by registering for our services at College Central Network (<https://www.collegecentral.com/monroeccc/>). Once registered, you can download your current resume for review and access many other career services. We look forward to assisting you.

SCECHs For K-12 Educators/Teachers

MCCC is approved by the State of Michigan to offer State Continuing Education Clock Hours (SCECH) for educators.

- Wide range of classes offered on current topics of interest to teachers
- Direct application of what you learn to your classroom practice
- Most classes offered online, but some face-to-face options available

Teacher recertification classes at MCCC are offered through ed2go. Also, please see our Family Life Education courses listed on page 12 that are awarded SCECHs. Please call our office at 734.384.4127 to learn more and register.

Leadership Series

These classes can be taken as a series (\$289 for each day, two sessions, includes lunch) or as individual sessions (\$189 each, includes refreshments).

Day One – Morning Session After the Promotion: The Best EVER Entry-level Supervisors' Workshop

This program is designed for new supervisors and managers, but will be helpful to all who lead teams in the workplace. It will assist those who are going from colleague to supervisor. CEUs: 4.2

MMGT 882-71

\$189 (Senior Fee \$102.65)

Thursday Mar. 5
8 – 11:30 a.m. L 141 Sabo

Day One – Afternoon Session Take it Up a Notch: Customer Service Techniques that Work

This program is for any employee who deals with a customer, including internal or external. Learn how to be perceived a “professional” customer service agent and how to determine customers’ needs early during the interaction. CEUs: 4.2

MMGT 884-71

\$189 (Senior Fee \$102.65)

Thurs. Mar. 5
12:30 – 4 p.m. L 141 Sabo

**For more information or to register
for the Leadership Series, please
contact Renee Drouillard at
734.384.4229.**

Day Two – Morning Session What's in it for Them? Motivating Performance from the Bottom Up

This program is for supervisors who need to improve the performance of their team. Being a coach “supervisor/manager” involves being a role model, sometimes a counselor or supporter, and always a guide. Coaching is based on a partnership that involves giving both support and guidance to employees. Coaches establish goals and objectives that motivate their team. CEUs: 4.2

MMGT 883-71

\$189 (Senior Fee \$102.65)

Fri. Mar. 6
8 – 11:30 a.m. L 141 Sabo

Day Two – Afternoon Session Eat That Frog - Twenty-One Ways to Stop Procrastination and Better Manage Time

You’re probably wondering what “eat that frog” means. It comes from an old saying: “If the first thing you do each morning is eat a live frog, you’ll have the satisfaction of knowing that it’s probably the worst thing you’ll do all day.” This workshop will show you how to zero in on your critical tasks and organize yourself to make the most of your day. CEUs: 4.2

MMGT 776-71

\$189 (Senior Fee \$102.65)

Fri. Mar. 6
12:30 – 4 p.m. L 141 Sabo

Microsoft Office Classes Basic Excel

Learn the premier spreadsheet application. Tips will be given on when and how to use the ribbon interface.

Prerequisite: You must have previous computer experience including Windows and keyboarding skills. Cost includes materials and lunch. CEUs: .7

MICRO 774-71

\$99 (Senior Fee \$58)

Friday Feb. 28
8 a.m. – 4 p.m. Z 289 Colston

Intermediate Excel

This is a follow-up to the basic class or for those Excel users who are comfortable with the program but wish to be introduced to some of Excel's more advanced tools. You'll learn how to manage workbooks and prepare them for the Web, automate worksheet tasks, use lists, analyze list data, and enhance charts and worksheets. Cost includes materials and lunch. CEUs: .7

MICRO 802-71

\$99 (Senior Fee \$58)

Friday Mar. 6
8 a.m. – 4 p.m. Z 289 Colston

Advanced Excel

This is an accelerated, advanced class. Participants are encouraged to bring in real-life problems for review in the lab. A course card is included with the course. The target audience is anyone that has previously enrolled in Excel Intermediate or those who have extensive experience working with Excel. Cost includes materials and lunch. CEUs: .7

MICRO 905-71

\$99 (Senior Fee \$58)

Friday Mar. 13
8 a.m. – 4 p.m. Z 289 Colston

Basic PowerPoint

Add some pizzazz to your presentations with PowerPoint. Learn how to create, modify, enhance and customize a presentation. Cost includes materials and lunch. CEUs: .7

MICRO 797-71

\$99 (Senior Fee \$58)

Friday Mar. 20
8 a.m. – 4 p.m. Z 289 Colston



GENERAL INFORMATION



Course Age Requirement

Unless otherwise stated in the class description, students must be 16 years of age or older to register for all Lifelong Learning classes.

Grades, Certificates of Completion and Transcripts

Upon successful completion of a course, a certificate and/or transcript may be furnished if requested by the student.

Grading system for Lifelong Learning courses:

- S SATISFACTORY - the learner completed the course, meeting at least minimal expectations as outlined by the instructor.
- N NO GRADE - the learner did not meet the minimal expectations of the instructor or did not elect to complete work necessary for obtaining a grade.
- W WITHDRAW - the learner formally withdrew from the class.

Cancellation of Classes

The institution reserves the right to cancel or make changes in this schedule when deemed necessary. An attempt will be made to telephone students affected. You may inquire directly about your class status by contacting the Office of Lifelong Learning.

Refund Policy

If you find that you cannot attend a class after having registered for it, contact the Office of Lifelong Learning immediately to officially drop the course to be eligible for a refund. It is not the responsibility of your instructor to notify the office of student drops.

- If the course or seminar is completed within 1-13 days, students will receive a 100 percent refund when withdrawing prior to the day of the first class meeting. No refund will be issued to students who withdraw on the day the class is scheduled to begin.
- If the course is completed within 14-63 days, students will receive a 100 percent refund when withdrawing on or before the first scheduled day of class or the next immediate business day. Students withdrawing during the next two business days will receive a 50 percent refund of the tuition only. (Lab fees excluded.) No refunds will be issued after this time.
- If the course is not completed until 64 or more days, students will receive a 100 percent refund when withdrawing prior to class or within the first week* of classes. Students withdrawing the second week of classes will receive a 50 percent refund. No refunds will be issued after this time.
*The first week of classes for Lifelong Learning programs begins with the first meeting date and ends six calendar days thereafter.

Smoking Policy

Smoking and the use of all tobacco products is prohibited at the college and is subject to all applicable laws, including Federal and State "clean air" acts.

This tobacco-free policy prohibits the use of all tobacco products and includes use of all devices intended to simulate smoking, including electronic cigarettes and other similar types of devices.

Continuing Education Units (CEUs)

The primary purpose of CEUs is to provide a permanent record of the educational accomplishments of an individual who has completed a non-credit class. CEUs are especially important to those who seek to maintain a credential, such as a real estate license. One CEU is defined as 10 hours of participation in a planned continuing education experience organized under responsible sponsorship, capable direction and qualified instruction. CEUs do not apply toward college degree requirements.

Social Security Number Privacy Policy

The State of Michigan Public Act 454 of 2004 establishes regulations to help ensure the privacy of student Social Security numbers. This includes the proper use, disclosure and disposal of student Social Security numbers. Monroe County Community College will follow procedures to ensure that these requirements are met. For procedural information, please see the website at www.monroeccc.edu.

Disabilities

If you have a documented disability for which an accommodation may be appropriate, please contact Disability Services at 734.384.4167 for an appointment. Students must register with Disability Services each semester to receive accommodations.

Children on Campus

Children are not permitted in the classroom.

MCCC students, staff and visitors are absolutely prohibited from bringing children into the classroom or leaving children of any age on college property.

MCCC assumes no responsibility for the safety of children left on college property. Compliance with this rule is essential. There are no exceptions to the absolute prohibition against leaving children on college property.

Holds

Students who have outstanding tuition, library fines or other indebtedness to MCCC will not be allowed to register until the debt is paid. MCCC will not release a transcript if the student has a financial hold.

Credit Card Fees

A 2 percent convenience fee will be charged to the cardholder for credit or debit card payments. This fee is a portion of the cost to MCCC for accepting credit cards as a form of payment. MCCC does not profit in any way from this fee.

Campus Security

Providing a safe and secure campus is a key element in assisting the college in accomplishing its mission. The college is committed to providing a safe campus, and in addition to institutional procedures, students and staff are encouraged to be personally responsible for their own security as well as others. Campus Security is the direct responsibility of the vice president of student and information services, while the chief of security is responsible for day-to-day operations. The security staff is comprised of individuals with extensive law enforcement/security experience and knowledge, and possesses an excellent working relationship with local law enforcement agencies including the Monroe County Sheriff's Department and the Michigan State Police. Criminal acts are investigated by local area law enforcement authorities. There are currently no memorandums of understanding between Campus Security and local law enforcement. Campus Security provides a safe and secure campus environment for students, staff, faculty and visitors. Both foot and vehicle security/safety patrols are conducted in order to minimize and deter the occurrence of crime, protect the peace and serve the interests of the college.



ONLINE REGISTRATION INSTRUCTIONS FOR LIFELONG LEARNING COURSES

How to Use myWebPAL: Student Planning & Registration LIFELONG LEARNING COURSES

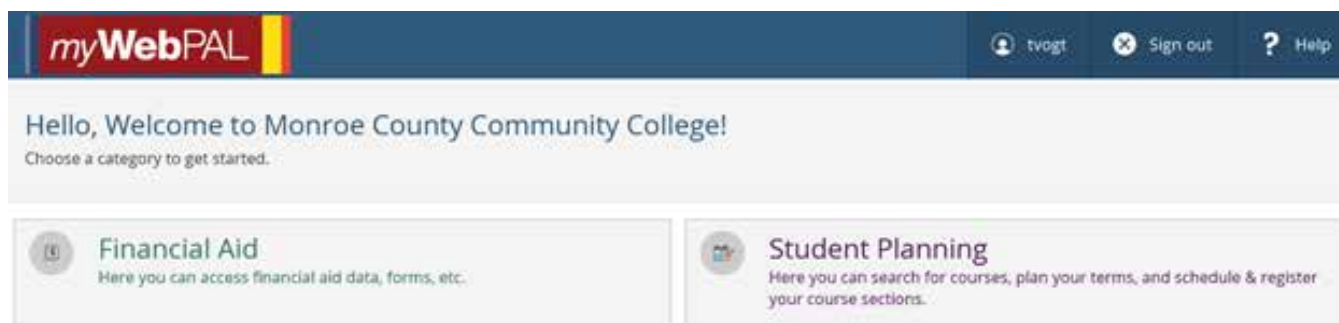
www.monroeccc.edu

Help Desk: 734.384.4333

Use myWebPAL to access your student records, register for classes, pay your fees and complete a number of other processes through a secure Web server.

NOTE: If you have never taken a class at MCCC (credit or non-credit) you cannot use myWebPAL to register for the first time. You must call the Office of Lifelong Learning at 734.384.4127 to register with a credit card or mail your registration form and payment to our office. The next time you want to register for a class, you can set up your account on myWebPAL and register online.

Sign into myWebPAL and click on "Student Planning"



Signing In

- Go to www.monroeccc.edu and click on "MYWEBPAL"
- Click on "I'm New to myWebPAL" and follow the instructions
- Once you have successfully logged in, click on "Students" and then "Student Planning"

Planning Courses

- Under "Student Planning" select "Course Catalog" and then the "Advanced Search" tab
- Select the term you want to register for from the "Term" drop down menu
- Select the subject from the "Subject" drop down menu and add the course number
- Select "Non-Credit" from the "Course Type" drop down menu
- Select "Search"
- The system will display the courses and available sections being offered
- Click "Add Course to Plan" and select the term you would like to take the course
- Select "Back to College Catalog" (upper left of page) to plan more courses

Instructions continued on next page.

ONLINE REGISTRATION INSTRUCTIONS FOR LIFELONG LEARNING COURSES

continued from page 29

Registering

- Under "Student Planning" select "Plan & Schedule"
- Use the arrows to select the term you want to register for
- Click on "View Other Sections"
- Select the section you wish to register for and click "Add Section"
- Click "Register Now" (*upper right*) to register for all selected sections or click "Register" under each section (*left*)
- Verify the completed schedule on the right of the screen
- Sign out and close the browser

Dropping


- Under "Student Planning" select "Plan & Schedule"
- Use the arrows to select the term
- Click the "Drop" button on the section you want to drop
- Verify the drop by reviewing the schedule on the right
- Sign out and close the browser

User Option – Use Profile (*left column*)

- View: Student ID and Student Email Address
- Confirm and update address, email and phone number

Steps for paying for your Lifelong Learning Class(es)

****PAYMENT IS REQUIRED AT THE TIME OF REGISTRATION FOR ALL LIFELONG LEARNING COURSES****

- At the main "Students Menu" select "Pay on my Account" in the left column. The  system accepts Visa, MasterCard and Discover.
- Select your method of payment and click "Submit"
- Complete the Electronic Card Entry form and then click on "Submit"

Reminder

A 2 percent convenience fee will be charged to the cardholder for credit or debit card payments. This fee is a portion of the cost to MCCC for accepting credit cards as a form of payment. MCCC does not profit in any way from this fee.

You must pay your tuition in full in order to remain registered in your class(es).
If you do not pay your tuition in full at the time of registration you will be dropped
from all of your classes and will need to re-register.

Release of Liability and Assumption of Risk For Fitness Activities at Monroe County Community College

If you are taking any of the following classes, you must sign this waiver and submit it prior to the first day of class. Only one form (per person) is necessary per semester. A parent or legal guardian must sign for anyone under 18 years old.

Personal Fitness Trainer Certification
Circuit Training
CrossFit

Tae Kwon Do
Children's Self-defense
Urban Kickboxing

Destination Dance
Dance2Fit

Women's Self-defense
PiYo

I, the undersigned, in consideration of the use of physical fitness facilities at Monroe County Community College, declare and agree as follows:

- I acknowledge that all training and fitness/exercise activities carry with them the potential for personal property damage, personal injury, and death.
- I assume all risks of injury arising out of my participation in any college-sponsored fitness/exercise activity, including my use of any college-owned fitness equipment.
- I certify that I am physically fit and able to participate in fitness/exercise activities and have not been advised otherwise by a qualified medical person. I have received sufficient training for participation in any fitness activity and equipment use.
- I release and agree to indemnify Monroe County Community College and its trustees and employees from any and all liability, loss, damage, expense, or cost of any nature whatsoever for any and all claims that are known or unknown, foreseen or unforeseen, future or contingent, for personal injury or property damage arising out of fitness/exercise activities at Monroe County Community College.
- I agree that I shall not now or at any time in the future, directly or indirectly, commence or prosecute any action, suit or other proceedings against Monroe County Community College and/or its trustees and employees arising out of, relating to, or in connection with my use of any fitness equipment and/or my participation in any college-sponsored fitness/exercise activity.
- I consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during my participation in fitness/exercise activities at Monroe County Community College.
- I attest that I am of legal age to sign this form as a binding legal document in accordance with its intention.

I have carefully read this release of liability and fully understand its contents. I agree to assume all risks of injury associated with fitness activities at Monroe County Community College. I agree not to make a claim against Monroe County Community College if I am injured while using fitness equipment or engaged in fitness/exercise activities. I sign this agreement of my own free will.

Class Title

Semester: ☐ Winter ☐ Summer ☐ Fall

Print Participant's Name

Student ID# or last 4 digits of SSN

Date of Birth

Participant's Signature

Date

If the participant is under 18 years of age, a parent/legal guardian must sign below.

Print Parent/Guardian Name

Emergency Phone #

Parent/Guardian Signature

Date

*Return this form along with your registration form to the Office of Lifelong Learning.
You may also fax it to us at 734.687.6049.*

Registration Term and Year

- ☐ Winter 2020
☐ Summer 2020

Monroe County Community College
Lifelong Learning Registration Form

Corporate and Community Services Division
 1555 South Raisinville Road • Monroe, Michigan 48161

Office 734.384.4127 • Fax 734.687.6049



**MONROE COUNTY
COMMUNITY COLLEGE**
 enriching lives

• ONE FORM PER PERSON •

Social Security Number / /	- OR -	Student ID Number <table border="1" style="width: 100%; height: 20px; border-collapse: collapse;"> <tr> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> </tr> </table>							

Last Name 	First Name 	M.I.
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Home Address

City 	State 	Zip Code 	Residency Status <input type="checkbox"/> Monroe County <input type="checkbox"/> Out of Monroe County <input type="checkbox"/> Out of State
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Day Phone Number ()	Evening Phone Number ()	Other Phone Number ()	<input type="checkbox"/> Cell Phone <input type="checkbox"/> Pager <input type="checkbox"/> Campus <input type="checkbox"/> Fax
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Date of Birth / /	Gender M or F	Email Address
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☐ Yes, please sign me up to receive email announcements on new Lifelong Learning classes, as well as for an early preview of the schedule each semester.

Course Number	Class Title	Time	Start Date	Location	Tuition	Fee*

* MCCC provides a Senior Citizen Scholarship to Monroe County residents 60 years or older. Please confirm the fee(s) you may be responsible for before submitting this form.

Total Due
*Fee included in Tuition

Tuition & Fees	Method of Payment	Credit Card Fees
\$ _____ \$ _____ \$ _____ \$ _____ \$ _____ \$ _____ \$ _____	Cash, Check or Money Order (payable to MCCC) Visa, MasterCard or Discover Card # _____ Exp. Date _____ Company Authorized Billing: Waiver # _____ Company _____ MCCC Employee Tuition Senior Citizen Scholarship TOTAL TUITION & FEES PAID	A 2% convenience fee will be charged to the cardholder for credit or debit card payments. This fee is a portion of the cost to MCCC for accepting credit cards as a form of payment. MCCC does not profit in any way from this fee. Rcvd. By _____ Date _____

#4278 - 11/18

● ● ● ● ● ONLINE LEARNING FOR ADULTS ● ● ● ● ●

Ed2go provides high-quality online continuing education courses that are affordable and easy to use.

Instructor-Led Courses

- Sessions start monthly
- Convenient six-week format
- Interactive learning environment
- Instructors lead each course
- Award of completion with passing score

Career Training Programs

- Prepare for industry certification or start a new career
- Start anytime
- Many programs completed in less than six months
- In-depth study, all learning materials provided
- Personal instructor assistance
- Certificate of completion awarded with passing score

Online Course Catalog

You can discover hundreds of quality online courses. Take a free demo of any one of our 12-week online video and written courses and experience proven online training success! See why millions of lifelong learners take online courses through ed2go.

Accounting and Finance

Accounting Fundamentals I, II or series
Personal Finance

Business

Business and Marketing Writing
Grant Writing Suite
Nonprofit Suite
Project Management Fundamentals Series
Start Your Own Small Business

Computer Applications

Adobe Value Suite
Microsoft
Other Applications

Design and Composition

Discover Digital Photography
Web Design Value Suite

Health Care and Medical

Explore a Career in Nursing
Certificate in End of Life Care
Certificate in Food, Nutrition and Health
Certificate in Legal and Ethical Issues in Health Care
Handling Medical Emergencies
Medical Terminology

Language and Arts

Writing and Editing Value Suite
Discover Digital Photography
Languages
Publish and sell your e-books

Law and Legal

Introduction to Criminal Law
LSAT Preparation I & II
Paralegal Certificate Program I

Personal Development

Discover Digital Photography
12 Steps to Successful Job Search
Personal Finance
Start Your Own Small Business

Teaching and Education

Creating Classroom Centers
Guided Reading and Writing
Strategies for Maximum Student Achievement
Teaching Science Grades 4-6
Teaching Math Grades 4-6
Teaching Writing Grades 4-6

Technology

Basic Computer Skills Suite
Computer Networking Suite
Introduction to Database Development
Introduction to Networking
Web Design Value Suite

Writing and Publishing

Writing Essentials
Writing for Children
Grant Writing Suite
Publish and sell your e-books

Popular titles other lifelong learners have taken:

Accounting Fundamentals I, II or series
Advanced CSS3 and HTML5
Certificate in Spirituality Health and Healing
How to Get Started in Game Development
Introduction to SQL
Medical Terminology
A to Z Grant Writing I, II or Series
Secrets of Better Photography
Stocks, Bonds and Investing Oh My!
Project Management Suite
Real Estate Investing
Introduction to QuickBooks 2013-2017
Handling Medical Emergencies
Start Your Own Arts & Crafts Business
Write Your Life Story
Writing for ESL
Discover Sign Language
Speed Spanish, I II or III series
Introduction to Internet Writing Markets
Introduction to Digital Scrapbooking
Math Refresher
Genealogy Basics
Medical Math
Start Your Own Edible Garden
Basic A+ Certification
Creating Web Pages

And many, many more!



has over 40 bundled courses designed to save you time and money. Call us today to find out more!

Visit our Online Instruction Center at www.ed2go.com/Monroe for more information and complete course descriptions, outlines and costs.



REGISTRATION INSTRUCTIONS

Online Classes

Education to Go (ED2GO) offers a wide range of highly interactive courses that you can take entirely online. All of the courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient and geared just for you.

How to Get Started:

1. Visit our Online Instruction Center:
www.ed2go.com/Monroe
2. View the catalog. Once you choose the course title you are interested in, select the "Add to Cart" button, and continue to checkout. Here, you will enter your email address and choose a password that will grant you access to the classroom.
3. Pay for your course by calling MCCC's Office of Lifelong Learning at 734.384.4127. You cannot pay for your course on ED2GO's website.
4. When your course starts, return to the Online Instruction Center and click the Classroom link. To begin your studies, simply log in with the email address and password you selected during enrollment.

Selection of Starting Dates:

Winter 2020

January 15
February 12
March 18
April 15

Summer 2020

May 13
June 17
July 15
August 12

Online Career Training Programs

(Formerly Gatlin Education Services)

View the variety of open enrollment online programs at www.gatlineducation.com/mccc.

Classes are designed by a team of professionals from each respective field who work to provide the most effective Web-based learning experience available today. Instructors/mentors are actively involved in your online learning experience and respond to any questions or concerns, as well as motivate you to succeed. Each program includes a set of lessons and evaluations; grades are a combination of the instructor/mentor's evaluation of students' work and computer-graded tests.

How Gatlin online courses work:

- Begin when you wish
- You are assigned an instructor for one-on-one assistance
- Move at your own pace
- Your work is evaluated, and 70 percent proficiency is required for a certificate of completion.
- You should complete the course within 180 days, but you may request an extension if necessary.
- You will receive a certificate from MCCC upon successful completion.

Please call the Office of Lifelong Learning at 734.384.4127 to register and learn more about these programs.

PAYMENT PLAN



NBS e-Cashier Automatic Payment Program

To help you meet your educational expenses, MCCC is offering FACTS as a convenient budget plan. This is not a loan program. You have no debt, there are no interest or finance charges assessed, and there is no credit check. Enrolling online is simple, secure and easy. Down or monthly payments are deducted immediately from your account on the fifth of each month until the balance is paid in full.

- Arrange for monthly payments
- Make a down payment immediately and arrange for monthly payments
- Automatic payments from your checking or savings account
- \$30 non-refundable enrollment fee
(an additional \$2 will be charged for full payments)

Deadlines to Enroll in e-Cashier Payment Plan - Winter 2020 Plan opens January 2.

January 25	No down payment, 4 monthly payments (February - May)
February 22	25% down payment processed IMMEDIATELY, 3 monthly payments (March - May)
March 22	50% down payment processed IMMEDIATELY, 2 monthly payments (April & May)

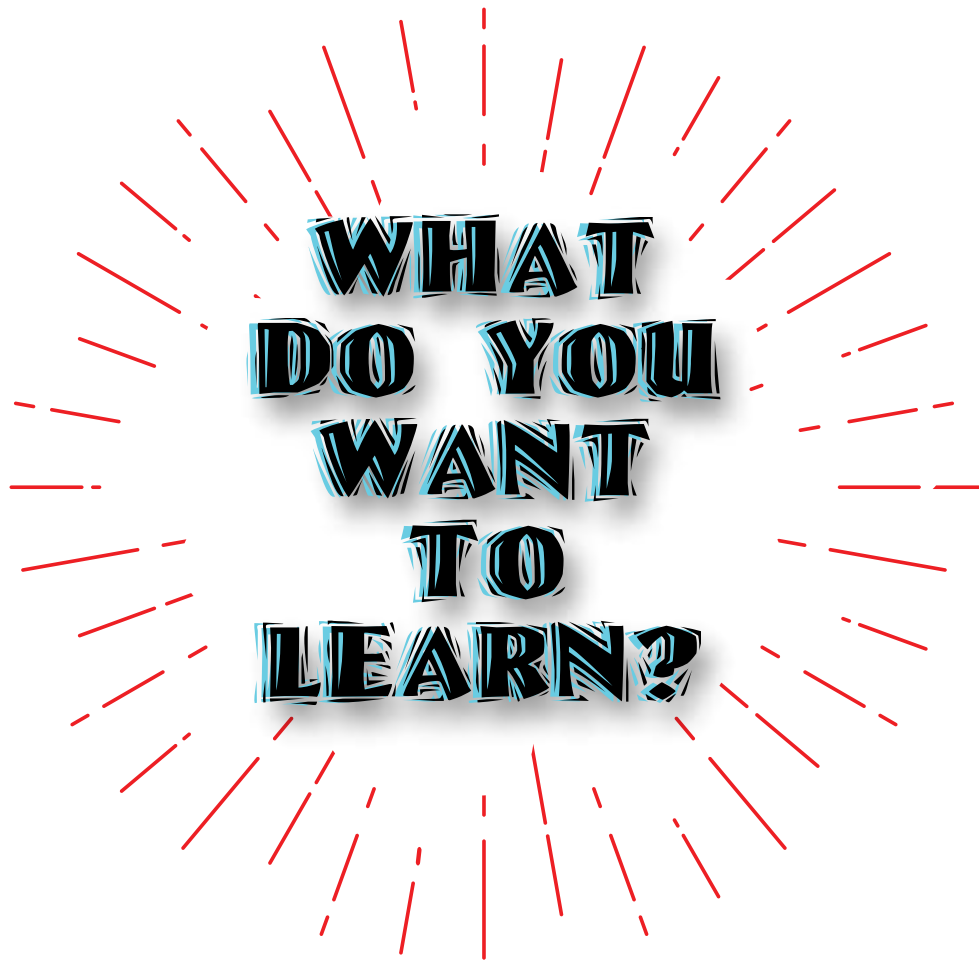
Steps to Enroll in FACTS

1. Register for your Lifelong Learning class(es). See inside the front cover.
2. Obtain your seven-digit student ID number as assigned by the college. If you do not know your student ID number, please contact the Office of Lifelong Learning at 734.384.4127.
3. Log on to the college's website at www.monroeccc.edu, and click on "New Lifelong Learning Schedule - <http://www.monroeccc.edu/ccs/lfschedule/wisp19/index.htm>"
4. Click on "New Tuition Payment Plan for Select classes in this schedule" under the e-Cashier symbol.
5. Carefully read terms and conditions provided by FACTS. Then, click on "Proceed" and complete the "Personal Information" page.

***NOTE: Not all Lifelong Learning classes are eligible for the tuition plan.**



Look for this symbol next to the classes that are eligible for the payment plan.



**What classes would you like
to see offered at MCCC?
We welcome new ideas!**

UPCOMING events

L A Z B O Y
C E N T E R

AND
M E Y E R T H E A T E R



MONROE COUNTY
COMMUNITY COLLEGE

enriching lives.

2019
2020
SEASON

Great entertainment!

January

18 - Classic Albums Live Presents:
Fleetwood Mac – Rumours

February

1 - Andy Peters
24 - MCCC Band & Choir
25 - Dog Loves Books
Children's Series – for grades K-3
29 - The Big Gig! Blues

March

21 - The Doobie Others

April

4-5 - Antiques in April
18-19 - IODE Performance
27 - MCCC Children's Choir
28 - MCCC Choir

May

4 - MCCC Band

Order Online: www.monroeccc.edu/theater • Ticket Hotline: 734-384-4272



Fleetwood
Mac
Roumors



The Doobie Others



Andy Peters



Dog Loves Books

Get Ready for Summer Gatherings and Grilling Season with a Cooking Class from MCCC!



NEW!

Grilling Class

Are you looking to expand your grilling repertoire, or perhaps you're not sure where to start? This two-day course will focus on marinating proteins, grilling or smoking proteins, tasting and proper temperature control of cooking surfaces.

NEW!

Sauces and How to Use Them

This is a hands-on, recipe-driven class that will cover the basic mother sauces, how and where to apply them, and the different sauce variants.

NEW!

Smoking and Curing Meats

Learn to WOW at your next BBQ. This class is just in time to prepare for your summer cookouts.

NEW!

Taste of Michigan's Upper Peninsula

Join Chefs Kay Williams and Linda Paetz for an evening of exploring Michigan's U.P. cuisines. You will learn how to make homemade pasties (beef pies), traditional poutine and cherry tarts.

PLUS, we are repeating the very popular **Mexican Cantina** and **Introduction to InstaPot and Pressure Cooking**, which you can follow up with the **NEW Intermediate InstaPot** class, too!