



## ONLINE COURSE INFORMATION

### Summer 2024 Semester

COURSE: PSYCH 152 L1

INSTRUCTOR: M. Grey

Psych of Personality/Adjustment

EMAIL: [mgrey@monroecc.edu](mailto:mgrey@monroecc.edu)

There are many benefits of online courses at MCCC:

- Less restrictive scheduling
- Convenience
- Intensive self-study
- Course materials are accessible 24 hours a day 7 days a week

Some students struggle in an online format while other students excel. Students who excel in an online format are:

- Highly self-motivated
- Have strong computer skills
- Possess good time management skills
- Know how to study independently
- Possess good communication skills

Online classes at MCCC are **NOT self-paced**. Instruction is delivered in an entirely web-based format. Students must complete exams, assignments, etc. by specified due dates. Some exams and assignments may be required to be completed at an authorized location as established by the instructor.

When taking an online class students are responsible for:

- A reliable computer with Internet access and Microsoft Word; course specific software will be described below
- Knowing how to email attachments
- Maintaining his or her own computer and Internet connection; technical issues are NOT acceptable excuses for not keeping up with due dates
- Having access to a printer if needed for personal use of online materials

It is the student's responsibility to log into Brightspace multiple times each week to keep up with communication, assignments and other coursework.

### Brightspace

Online courses use Brightspace course management system as the means of communication between the students and the instructor.

It is the student's responsibility to be able to log into Brightspace and maintain his or her computer setup to work properly with Brightspace.

The Brightspace Login can be found on the College's webpage, [www.monroecc.edu](http://www.monroecc.edu).

**Brightspace courses are made available to students on the day the course begins.**

Please see the Start Date below.

### MCCC Student Email

It is essential that online students use their MCCC student email account. This will be the primary means of email communication between you and your instructor. For more information about activating your MCCC student email account, visit the college's webpage at [www.monroecc.edu](http://www.monroecc.edu).

### NEED HELP?

**BRIGHTSPACE HELP DESK:** 734.384.4328  
or [elarning@monroecc.edu](mailto:elarning@monroecc.edu)

**COLLEGE EMAIL:** 734-384-4328

**WEBPAL:** 734-384-4333

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| <p>COURSE DESCRIPTION</p>                           | <p>This course is an introduction to applying psychology to the individual, an exploration of our experiences in the contexts of life's changes and challenges. Students will be exposed to scientific theories and research in personality and adjustment psychology. We will use personality, stress, psychopathology, and other psychology perspectives in our examination of personal adjustment. The course's scope includes a wide variety of contexts, including: psychological and physical health, personal relationships, education, work/career, and community. The course provides opportunities for scholarship as well as personal reflection and growth.</p> <p>The Course Outcome Summary can be found at <a href="https://www.monroecc.edu/course-outcomes">https://www.monroecc.edu/course-outcomes</a>.</p>   |
| <p>COURSE BEGINS</p>                                | <p>Monday, May 13, 2024</p>  |
| <p>COURSE ENDS</p>                                  | <p>Saturday, July 6, 2024</p>  |
| <p>REGISTRATION PROCESS</p>                         | <p>Students must register for the course through the College's regular registration process.</p> <p>If you are a first-time online student at MCCC you must complete an online orientation course (ONL-001). You will be automatically enrolled into the online orientation course, which will provide you with critical information on the technical, study, reading and writing skills necessary to be a successful online student. This course will be listed in your MyCourses module in Brightspace and there will be 4 modules to complete. Please note that all four modules will NOT be visible when you first login, but will become visible once you complete the requirements for each module. Please complete <b>SU2024-ONL-001-L1 by May 13, 2024</b>. Failure to complete the online orientation by the above date may result in <u>de-registration from your online course</u>.</p>   |
| <p>EXAMS OR ASSIGNMENTS</p>                         | <p>Please see the class syllabus and Brightspace for descriptions of exams and assignments. There are specific availability and due dates, and there is typically at least one thing due per week.</p>   |
| <p>ADDITIONAL INFORMATION: EXAMS OR ASSIGNMENTS</p> | <p><b>Some</b> online classes require students to take exams at authorized, proctored locations. Test proctoring centers are authorized testing locations where a staff person administers a test or assignment. If students are not able to arrange transportation to MCCC's main campus for testing, a proctored test site must be arranged. Students near the MCCC campus can take the test in the Testing Center. Additional information on the Testing Center can be found at <a href="https://www.monroecc.edu/testing">https://www.monroecc.edu/testing</a>. It is the student's responsibility to make arrangements for proctoring with his or her instructor. Students should also be aware that some testing sites have service fees, which are the responsibility of the student.</p> <p>MCCC students completing online quizzes/tests or other assessment activities from home or other remote locations may be required to complete a room scan before the assessment activity. Students seeking an alternative to the pre-assessment room scan should contact MCCC Student</p> |

|  | <p>Services at 734.384.4255 for more information regarding on-campus assessment options.</p>   |                 |                 |                   |                 |                   |                |     |     |     |     |                     |    |     |     |     |
|--|--|-----------------|-----------------|-------------------|-----------------|-------------------|----------------|-----|-----|-----|-----|---------------------|----|-----|-----|-----|
| <p>COURSE MATERIALS AND TEXTBOOK INFORMATION</p> | <p>All required textbooks and/or access codes are available for purchase by the student at the MCCC/eCampus Online Bookstore website: <a href="https://monroeccc.ecampus.com/">https://monroeccc.ecampus.com/</a>. Sign in using your MCCC student email and password.</p> <p>All required course supplies are available for purchase by the student at the Campus Store or on the Campus Store website: <a href="https://bookstore.monroeccc.edu/">https://bookstore.monroeccc.edu/</a></p> <p>Textbook information is available for viewing approximately one month prior to the beginning of the semester at <a href="https://monroeccc.ecampus.com/">https://monroeccc.ecampus.com/</a>. <b>IMPORTANT:</b> Please ensure you are logging in and using the "Shop by Schedule" option to view and purchase only those materials assigned to your specific course(s).</p> <p>Please contact the MCCC Campus Store for additional information, 734.384.4140.</p> |                 |                 |                   |                 |                   |                |     |     |     |     |                     |    |     |     |     |
| <p>COURSE EXPECTATIONS</p>                       | <p>The online course has deadlines and online assignments due throughout the semester. There is usually something due every week. Students should anticipate reading, studying, and completing assignments requiring approximately <b>12-20</b> hours per week.</p> <p>Students may be required to submit assignments as Word documents or pdfs in addition to using Brightspace portals. Students will need access to Microsoft Office Word, Adobe pdf Reader, and PowerPoint, and are expected to participate in discussions on various topics throughout the semester. There will also be on-line, timed exams that require a <u>Respondus Lockdown browser</u>, and these are only available on particular days. Please check the course schedule for exam days.</p> <p>Please note a chromebook will not be sufficient for exams.</p>   |                 |                 |                   |                 |                   |                |     |     |     |     |                     |    |     |     |     |
| <p>BRIGHTSPACE SYSTEM REQUIREMENTS</p>           | <p><b>Browser Requirements:</b></p> <p><b>Desktop Computers</b></p> <p>Brightspace is supported on the following desktop platforms with the <b>latest browser versions:</b></p> <table border="1" data-bbox="440 1482 1370 1770"> <thead> <tr> <th>Platform</th> <th>Apple® Safari®</th> <th>Google® Chrome™</th> <th>Microsoft® Edge</th> <th>Mozilla® Firefox®</th> </tr> </thead> <tbody> <tr> <td>Apple® Mac OS®</td> <td>Yes</td> <td>Yes</td> <td>Yes</td> <td>Yes</td> </tr> <tr> <td>Microsoft® Windows®</td> <td>No</td> <td>Yes</td> <td>Yes</td> <td>Yes</td> </tr> </tbody> </table> <p><b>Tablets and Mobile Devices</b></p> <p>Brightspace is supported on the following tablets and mobile devices with the <b>latest browser versions:</b></p>   | Platform        | Apple® Safari®  | Google® Chrome™   | Microsoft® Edge | Mozilla® Firefox® | Apple® Mac OS® | Yes | Yes | Yes | Yes | Microsoft® Windows® | No | Yes | Yes | Yes |
| Platform   | Apple® Safari®   | Google® Chrome™ | Microsoft® Edge | Mozilla® Firefox® |                 |                   |                |     |     |     |     |                     |    |     |     |     |
| Apple® Mac OS®                                   | Yes  | Yes             | Yes             | Yes               |                 |                   |                |     |     |     |     |                     |    |     |     |     |
| Microsoft® Windows®                              | No   | Yes             | Yes             | Yes               |                 |                   |                |     |     |     |     |                     |    |     |     |     |

| Platform                                   | Apple® Safari® | Google® Chrome™ | Microsoft® Edge | Mozilla® Firefox® |
|--|----------------|-----------------|-----------------|-------------------|
| Apple® iOS® for iPhone® and iPad®          | Yes            | No              | No              | No                |
| Android™ OS for Android phones and tablets | No             | Yes             | No              | No                |

For the most current Brightspace operating system and browser requirements, please go to [https://documentation.brightspace.com/EN/brightspace/requirements/all/browser\\_support.htm?Highlight=browser](https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm?Highlight=browser) and access the Desktop support section.

### Software Requirements

Download/access web-based Microsoft Office applications:

1. Go to [www.monroecc.edu](http://www.monroecc.edu) and click CURRENT STUDENTS
2. Next click on EMAIL from the list of links on the left, it will open another window
3. Click EMAIL LOGIN, then log in with your entire MCCC email address (e.g., [tperson23456@my.monroecc.edu](mailto:tperson23456@my.monroecc.edu)) and your email password (new student password = first letter of first name (lower case), first letter of last name (lower case), birth year, 7-digit student ID number).
4. Click on the **9-dot square** in the upper left corner next to the word "Outlook", some Office Suite icons appear
5. Click on the **Office 365 with an arrow** link, more Office Suite icons appear
6. Finally, click on the **Install Office link** and follow the instructions  
*\*NOTE there are links in the instructions if you have difficulties installing the software. Please use those links to resolve any possible installation issues.*

FYI - You will not be able to download Microsoft Office until the first day of the semester.

### Other System Recommendations

- Broadband internet connection
- Webcam

### COMPUTER REQUIREMENTS

PC or Mac computer systems with Windows 10 (or Mac equivalent OS) is required.

**Chromebook Use Limitations:** Chromebooks cannot be used for courses requiring Microsoft Office applications (e.g., CIS 130, CIS 109, etc.). Additionally, Chromebooks do not work when taking quizzes requiring Respondus Lockdown browser in Brightspace.

**Mac Computer Use Limitations:** The Microsoft Access application does not work on a Mac.

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| <p>COURSE SPECIFIC SOFTWARE</p>  | <p>Microsoft Word 2016 or higher software and experience using Microsoft Word. Microsoft Works (.wks, .wps, or .wdb) files, .rar compressed files, and .pages are NOT acceptable. Google docs are also not acceptable.</p> <p>You can download a complete Microsoft Office Suite (including Word and Power Point) through your college email/outlook for free.</p> <p>Adobe pdf Reader (free version is fine).</p>   |
| <p>WHERE DO STUDENTS START</p>   | <p>The course will open <b>by May 13th</b>. On that day, you should log into the class and read the announcement. Please go to "Content" and "Start Here." You will find the course syllabus, assignments and further instructions.</p>  |
| <p>OTHER INFORMATION</p>         | <p>Students need to have a willingness to learn Brightspace technology independently and to engage in effective problem-solving. Students are assumed to be able to work independently and to be competent in using computer hardware / software. Course participation is required and deadlines are enforced.</p> <p>Please see section above on Computer Requirements and note that <b>Chromebooks will not be sufficient for this class</b>. Students need a laptop or desktop computer. If students do not own one of these devices, students may supplement their technology by using the open computer lab at MCCC's main campus in Founders Hall (outside of F-160).</p> <p>When you have questions, please email Melissa Grey at <a href="mailto:mgrey@monroeccc.edu">mgrey@monroeccc.edu</a>.</p>   |
| <p>STUDENT LOGIN INFORMATION</p> | <p>To login to <b>Brightspace, E-mail, or WebPal</b>, go to <a href="http://www.monroeccc.edu">www.monroeccc.edu</a> and click on CURRENT STUDENTS on the menu bar, then click on Brightspace, email, or WebPal from the links that appear on the left side of the screen.</p> <p><b>Brightspace</b> - Login to Brightspace using your unique MCCC email address and email password (new student password = first letter of first name (lower case), first letter of last name (lower case), birth year, 7-digit student ID number).</p> <p><b>You should be able to access Brightspace 24 hours after registering for a course. Courses are not available in Brightspace until the first day of the semester.</b></p> <p><b>E-mail</b> - Your email address is your MyWebPal user name followed by @my.monroeccc.edu (i.e. <a href="mailto:jsmith12345@my.monroeccc.edu">jsmith12345@my.monroeccc.edu</a>) and email password (new student password = first letter of first name (lower case), first letter of last name (lower case), birth year, 7-digit student ID number).</p> <p><b>WebPal</b> - You need a WebPAL user ID and a password to access WebPAL. Your WebPAL user ID is usually your first initial and last name (i.e. Mary Smith = msmith). To find your user ID, click on <b>"What's My User ID?"</b> on the WebPAL home page. Your initial password is your six-digit birthdate (i.e. January 1, 1970 = 010170). After logging on the first time, WebPAL will ask you to change your password. If you are a returning student and can't remember your password, click on <b>"What's My Password?"</b> on the WebPAL home page, then choose <b>"Reset my password."</b> If you have an e-mail address on file, WebPAL will send you a new password.</p> |

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