

# UPWARD BOUND

## NEWSLETTER

WINTER 2023

### ADMINISTRATIVE STAFF

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### TUTORIAL STAFF 2022 – 2023



MATH: Matt Steele, Kelly Vandeginste  
SCIENCE: Matt Steele  
ENGLISH: Laura Steele

*Upward Bound tutorials take place on Tuesdays,  
Wednesdays, and Thursdays from 2:30 - 4:30 pm.*



MATH: Matt Pinter, Meagan Rupert  
SCIENCE: Matt Pinter  
ENGLISH: Holly Himick, Meagan Rupert

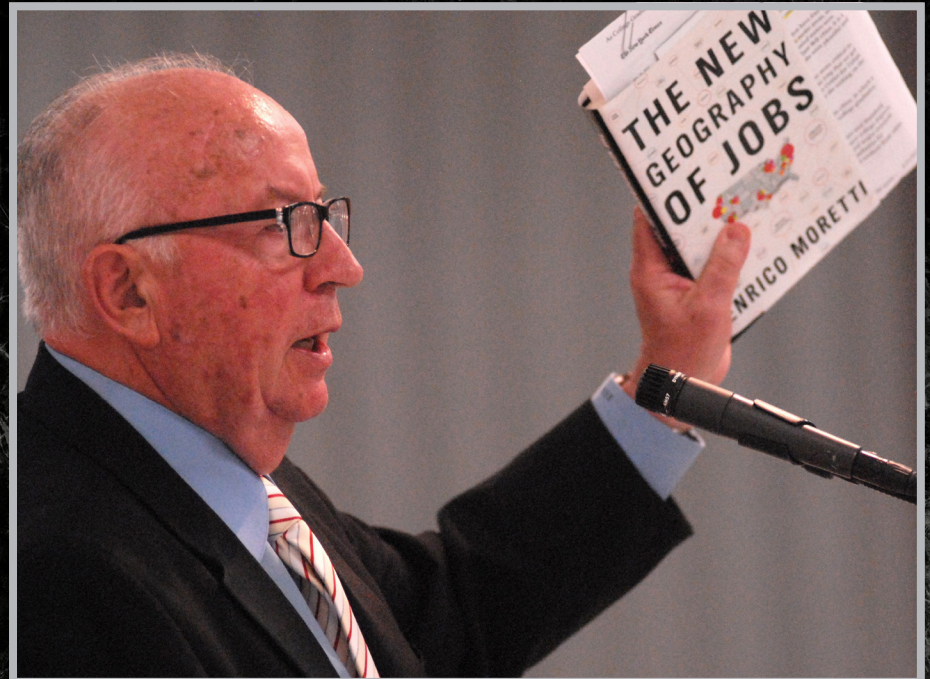
*Upward Bound tutorials take place on Mondays,  
Tuesdays, and Wednesdays from 2:30 - 4:30 p.m.*



MATH: Stephanie Eby  
SCIENCE: Kaitlyn Long  
ENGLISH: Jennifer Crosley

*UB tutorials take place in the library on Tuesdays,  
Wednesdays, and Thursdays from 2:30 - 4:30 pm.*

## Our Friend – Dr. David Nixon



**We are deeply saddened to announce the recent passing of President Emeritus Dr. David Nixon. He passed away on January 18, 2023 at the age of 83. It was during Dr. Nixon's tenure that the Upward Bound Program was established at Monroe County Community College to support at-risk students at Monroe High School in 2007 via an initial five-year, \$1 million federal grant from the United States Department of Education.**

**The program was later expanded to include Airport Senior High School and Jefferson High School. It was through his vision and effort that has enabled students the opportunity to change the trajectory of their lives, their families, and their community for the better through higher education.**

# NATIONAL TRIO DAY

## February 25, 2023

On February 24, 1986, a congressional resolution declared that the fourth Saturday in February be designated as “National TRIO Day”. This day is an opportunity to focus our attention on the needs of disadvantaged youths and adults and our community. National TRIO Day has become a tradition. It allows students who benefit from the TRIO – Upward Bound Programs of Airport High School, Jefferson High School and Monroe High School the chance to give back to their communities through community service.



**Listed below are ten ideas for Community Service opportunities.**

1. Help build homes with Habitat and Humanity
2. Helping at church activities
3. Raising awareness about TRIO through visits or letters to the State Capitol
4. Reading to children at the local library
5. Cleaning your school grounds, a park, your neighborhood or other public area
6. Shoveling snow for a neighbor
7. Volunteering at the Humane Society, soup kitchen or local animal shelter
8. Collecting socks, mittens, toiletries, etc. for a homeless shelter
9. Organizing a food drive for a local food closet

Make TRIO Day a school-wide event by enlisting the participation of your classmates and friends. You can also invite local businesses and elected officials to join you during the activity.

**REMEMBER TO TAKE PICTURES!**

## STUDENT LEADERSHIP SUMMIT

February 24, 2023 – February 26, 2023

Kalamazoo, Michigan



The Upward Bound/TRIO Student Leadership Conference is a yearly event. The Upward Bound staff have invited students from each school (Airport High School, Jefferson High School and Monroe High School) to attend this event in February. They will participate in team building activities with other students from across the state. They will also attend workshops covering topics such as leadership, goal setting, stress management, and financial strategies for paying for college. The weekend event tops off with a Dinner Banquet/Scholarship Ceremony and a dance for the students.

## CONGRATULATIONS GO OUT TO KYLIE AND SANDRINA

Jefferson High School Seniors Kylie McMickens and Sandrina Laura were both awarded \$1,500 scholarships from the MI-CAPP Scholarship Committee. Both students will be accepting their awards during the 2023 Student Leadership Summit in February.

Sandrina Laura was awarded the Academic Achievement Award. There were 30 applications across the state, and 4 recipients.

Kylie McMickens was awarded the Academic Progress Award. There were 19 applicants across the state, and 3 recipients.



Sandrina Laura



Kylie McMickens



## From the Director's Desk:



**Dr. Anthony Quinn**  
Upward Bound  
Program Director

Upward Bound 2023 graduates will be eligible to compete for the Bridge Scholarship Program. Students who are selected will have the opportunity to enroll for the 2023 summer semester at Monroe County Community College. Students selected in this program will have the chance to complete up to six credit hours free of charge. This scholarship includes:

- A. Tuition at MCCC up to six credit hours of approved courses.
- B. Books and supplies not to exceed \$100.00
- C. Tutoring and monitoring by Upward Bound Staff

In order to be considered for a scholarship you must fulfill the following requirements:

1. A 75% attendance rate at tutorial sessions over the course of your junior and senior years.
2. A 75% attendance rate at optional activities (field trips, college visits, etc.) over the course of your junior and senior years.
3. Must graduate from high school with a cumulative GPA of 3.0 or better
4. Must have completed all senior year requirements by the required deadlines.
5. Must complete an MCCC application and Bridge Application provided by your Coordinator for admission.
6. Students must have completed Upward Bound's summer program in the past two years in good standing.

## AFTER-SCHOOL TUTORING FOR THE WINTER OF 2023

### Airport High School

Tutoring will run on Monday, Tuesday and Wednesday from 2:30-4:30pm.

### Jefferson High School

Tutoring will run Tuesdays, Wednesdays, and Thursdays from 2:30-4:30pm.

### Monroe High School

Tutoring will run Tuesdays, Wednesdays, and Thursdays from 2:30-4:30pm.

**AS ALWAYS, CHECK WITH YOU ACADEMIC SKILLS COORDINATOR ABOUT POSSIBLE CHANGES IN THE SCHEDULE**

## The Upward Bound Program

IS HEREBY INVITING

### UB Participants and Families

FROM AIRPORT HIGH SCHOOL, JEFFERSON HIGH SCHOOL AND MONROE HIGH SCHOOL

TO THE 2023 AWARD AND RECOGNITION RECEPTION

MONROE COUNTY COMMUNITY COLLEGE  
LAY-Z-BOY CENTER  
MAY 15, 2023

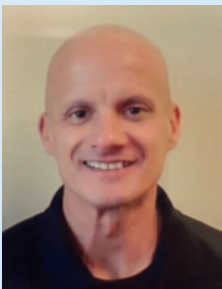
6:00 PM - LIGHT REFRESHMENTS

7:00 PM - AWARD CEREMONY

**MARK YOUR CALENDARS !!!!**



### From the desk of:



**Jeffery Rubley**  
Academic Skills  
Coordinator  
Monroe High School

Congratulations Upward Bound families, we have reached the halfway point of the 2022/2023 school year! I have enjoyed the first half of my first full year supporting Upward Bound Students here at MHS as the UB Academic Coordinator. MHS UB students have already had opportunities to attend our kickoff pizza party, a tour of The University of Toledo, a University of Michigan football game, a field trip to the lights at The Toledo Zoo, and our annual holiday dinner. Eight of our students will be attending the annual Student Leadership Summit at the end of February as well. I look forward to adding additional field trip opportunities and incentives, as the second half of the school year progresses. Information regarding fieldtrips, awards, community service hours, and summer program will be communicated to MHS, Upward Bound Students via Google Classroom. If UB Students are not yet registered for our Google Classroom, they should register ASAP by using our classroom code, h3th4su.

We will be continuing to offer free tutoring on Tuesday, Wednesday, and Thursday from 2:30-4:30 p.m. in room B-221, which includes free drinks, snacks, and LET transportation. UB students are also now eligible to receive up to \$30 a month in their stipend check, simply for attending tutoring. UB students, please remember, it is an expectation that you check in with me weekly by stopping in my office B-221, texting me on my Google voice 734-265-0105, or e-mailing me at [rublej@monroe.k12.mi.us](mailto:rublej@monroe.k12.mi.us), if you cannot attend at least one tutoring session weekly. It is extremely important I have at least weekly contact with every student so I can stay informed regarding each student's progress and current needs.

We are looking to add students to our Upward Bound Family here at Monroe High School. Please refer any interested, current 9th or 10th grade student, to room B-221 to get an application. Applications are available outside room B-221 in the black display or directly from Mr. Rubley, during office hours. When you encourage your peers to apply for upward bound; emphasize that joining can lead to better grades, deeper friendships, a stipend of up to \$30 a month, opportunities to go on awesome trips, and support in realizing one's college goals! You will also earn 10 bonus points toward this period's stipend for recruiting a fully admitted Upward Bound student.

**From the desk of:**

**Charles Friedline**  
Academic Skills  
Coordinator  
Airport High School

This year, Upward Bound is returning to a requirement for all students to complete at least seven hours of community service. The requirement was suspended for a couple years due to the COVID-19 pandemic, which made finding community service opportunities difficult to impossible for most students (who frankly had their hands more than full just trying to survive remote learning). This year, with most COVID restrictions removed, and a return to something that looks like what used to be normal, the community service requirement is back.

Why does Upward Bound require their students to do this? Well, in the big picture, giving back to your community promotes personal growth and self-esteem. When people come together to give their time and energy to a worthy cause, they feel better about themselves; they meet new people and learn about their community and its needs and services. Volunteering strengthens the community, supports families and youth, improves schools, and allows worthy causes to save money and resources that would otherwise come from often under-funded budgets.

On a more practical level, students who perform community service gain new knowledge, skills, and valuable work experience. These can be added to job applications and resumes—and for high school students who have not yet entered the work force, may help them stand out and land a job they may not have otherwise been able to get.

Community service work is also an important part of a student's portfolio when applying to colleges and universities—especially schools with lower acceptance rates. Colleges and universities that are selective are flooded with applications from students with great GPAs and SAT scores, and often have to look at intangibles in order to select the best candidates. Strong extracurricular involvement, including community service, can make the difference between getting accepted, or not getting accepted, to your college of choice.

The key to quality community service is to pick something you enjoy or are passionate about. This will help motivate you to do the work and will demonstrate that you are capable of committing to something over a period of time. So, if you haven't already, get started today. Find your passion and get out there and work!

*(Portions of this article obtained from the University of California San Diego)*

**AHS Reminders:**

- Students: If you have not already done so, take a moment to sign up for 2022-2023 Remind notices. Text @bad6hh8 to 81010 or 734-344-5422
- Families: Join our UB Families 2022-2023 Remind group by texting @c8833f3 to 81010 or 734-344-5422
- Check us out on Facebook at "Airport High School Upward Bound"





**From the desk of:**

**Carley Stranyak**  
Academic Skills  
Coordinator  
Jefferson High School

Choosing to complete an application and become a participant of the Upward Bound program is an awesome decision in creating the future you want for yourself. The Upward Bound program is a safe space to create goals, explore your college and career options, and try something new. Tom Peters, a notable author said, "If a window of opportunity appears, don't pull down the shade." Joining Upward Bound is saying "YES" to the first of many opportunities that the program has to offer. From academic help to cultural experiences to new friendships, the Upward Bound program provides many opportunities to the students who are willing to capitalize on them. Here are just some of the opportunities our students at Jefferson have said "YES" to this school year:

- Attending the after-school tutoring program to complete homework and study for tests or quizzes
- Cheering on the Michigan Wolverines at a U of M football game
- Asking for help with completing college applications and scholarship essays
- Touring the University of Toledo campus
- Watching The Nutcracker Ballet at the River Raisin Centre for the Arts
- Earning a stipend check for actively participating in the program
- Discussing their high school courses and college plans with their coordinator
- Exploring the Toledo Zoo during the Lights before Christmas
- Asking for help on the completion of their FAFSA
- Completing alternative assignments centered around topics associated with their success including study skills, diversity and inclusion, learning styles, career exploration, and social media use
- Signing up for the MI-CAPP Student Leadership Summit in February

The Upward Bound program will start accepting applications very soon for 8th graders who plan on attending Jefferson High School for the 23-24 school year. If your student is interested in saying "YES" to all the opportunities that Upward Bound has to offer, they can apply online at [www.monroeccc.edu/upwardbound](http://www.monroeccc.edu/upwardbound).

Our hearts are with Michigan State University during this tragic and difficult time.



**#SPARTANSTRONG**

# Upward Bound Summer 2023

June 19, 2023 through July 28, 2023



## Fellowship Trip

**2023 Fellowship Trip is tentatively set for Cedar Point/Soak City (subject to change).**

- This trip is for upcoming Freshmen and Sophomores.
- This will be a day trip.
- This trip will take place the last Friday of the summer program.



## Summer Cultural Trip

**2023 Cultural Trip Possible Locations – Boston, Chicago, or Philadelphia**

- This trip is for upcoming Juniors and Seniors.
- This will be a 3 or 4-day overnight trip.
- This trip will take place July 31 through August 2 or August 3

### In order to be eligible for the Fellowship Trip or Cultural Trip, a student MUST:

- To attend the Cultural Trip - Carry a cumulative GPA of 2.5 or better for the previous academic year.
- Commit to attend the summer program  
(With no more than four excused & ZERO unexcused absences)
- Display Excellent Behavior both in and out of the classroom and follow their home school's Code of Conduct/Disciplinary Code.
- Have a Positive Attitude, Be Kind, and Demonstrate Respect and Responsibility



Monroe County Community College  
1555 S. Raisinville Road  
Monroe, MI 48161

# TRIO

UPWARD BOUND



**Monroe County  
Community College**  
1555 S. Raisinville Road  
Monroe, MI 48161



**Airport High School**  
11330 Grafton Road  
Carleton, MI 48117



**Jefferson High School**  
5707 Williams Rd,  
Newport, MI 48166



**Monroe High School**  
901 Herr Road  
Monroe, MI 48161

## Upward Bound Alumni, tell us what you are doing!

- Did you know that the U.S. Department of Education requires our staff to contact every student that receives services from Upward Bound on an ANNUAL basis, if not more, for SIX (yes, SIX) years following your high school graduation? Not to mention, we are interested in keeping in contact with our students as we care about their educational success!
- Please remember to call or email any of our staff should ANY of your contact information ever change.
- Have them check out the alumni information located on our web page:  
[www.monroeccc.edu/upward-bound/alumni-contact-form](http://www.monroeccc.edu/upward-bound/alumni-contact-form)

