

Upward Bound Newsletter

2008 Student Leadership Summit Kalamazoo Radisson Hotel The Annual MI-MAEOPP Michigan Chapter of

Mid-America Association of Educational Opportunity Program Personnel

Some of our Upward Bound student's attended the annual conference held over the weekend of February 22-24 in Kalamazoo, Michigan.

The conference hosted over 400 of the best and brightest students from all over Michigan. The conference was both educational and fun. The weekend was packed with an array of activities and workshop sessions that challenged the students to better themselves to reach their full potential.

Some of the workshop topics included:

- The Power of Words
- Shades of Gray: The Ethics of Leadership
- Know Your Strengths

- What You Say DOES Matter!
- Unlock the Knowledge Hidden in College
- What it Takes to be Successful

Our students had the opportunity to listen to a motivational speaker, Heath Alexander, who spoke about his life of growing up poor and succeeding all the way to Washington, D.C.



Top row L to R: Kevin Minney, Bryce Althouse, Ben Romero, Emily Kern, McKenna Duchenne, Marissa Sulfaro, Mr. Quinn, Front row L to R: Shannon Worden and Kaitlyn Minney

Upward Bound New Students

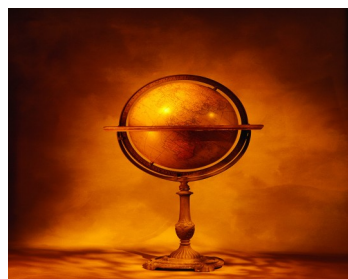
**Chelsey Reaume
Sharvae Davis
Mari Small**



Left: Ben Romero and Bryce Althouse

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Left to Right: Marissa Sulfaro, Kaitlyn Minney, Ms. Dannielle Lambert, Emily Kern, Shannon Worden and McKenna Duchenne

Transforming Lives
The 2008
TRiO Achiever and Champion
Heath Alexander

For Heath Alexander growing up poor was all he knew. Most of the people in his community failed to graduate from high school. His mother raised four children on her own with a 9th grade education. Three of his siblings were born by the time his mother was barely 18 years old. As the second born, his mother recalls bringing him home from the hospital, only home was a car that she lived in. Most of his childhood, he was surrounded by apathy for education, substance abuse, violence, and severe poverty. Heath grew up in one of the most rural parts of Oklahoma where not many people went to college. However, as he grew up he kept thinking to himself, “this cannot be how life is supposed to be for me”.

Heath said it was his mother who taught him about perseverance, hard work, compassion for all people, and she always told Heath that he would be special someday.

As it turns out, she was right. Heath is the only person in his immediate family to graduate from high school and earn a college degree. He has completed both his bachelors and masters degree and ended the cycle of poverty.

Heath is a certified high school Biology and Chemistry teacher and holds a masters in Educational Leadership. Heath is passionate about working with low-income, first generation students.

Heath is now the Associate

Director of the TRiO Upward Bound at Grand Valley State University. The future has never looked brighter for him. He has recently accepted a position with the National TRiO Association called the Council for Opportunity in Education in Washington, D.C. He will be the new Director of Public and Private Partnerships and will be fighting to protect all TRiO programs nationally.

“I loved meeting new people that I have something in common with. I had a lot of fun while learning things that will be useful for college.”

Shannon Worden

“Kalamazoo was fun. I wish I had more time to meet more people. The workshops were awesome. I am very excited about college!”

Emily Kern

“The trip to Kalamazoo was informative and fun. I especially liked the tour of WMU.”

Kaitlyn Minney

“I thought the trip was great! The activities were fun. My favorite activity was Real World.”

Marissa Sulfaro

“I thought the Kalamazoo trip was a great trip! I got to learn about leadership skills that will help me later on in life. I also got a chance to meet and talk to new people from other places around Michigan. It was also a great opportunity to bond with other Monroe High Upward Bound students.”

Kevin Minney

“In Kalamazoo, we did fun activities to meet new people and we attended a lot of seminars that were a lot of fun, too.”

McKenna Duchenne

From the Desk of: Dannielle Lambert - Academic Skills Coordinator

Congratulations!
Trimester two is now finished.

This is a reminder to all students, now that trimester 2 has been completed, **all** students must meet with me to discuss their goals for trimester 3 **by Friday, April 18th.**

After spring break, we will be scheduling an after-school honor roll pizza party for all students who received A's and B's for trimester 2. The date is forthcoming.

In spring, I will be conducting a workshop on "Active Listening Skills in the Classroom." Students will learn tips on how to pay attention and avoid distractions in the classroom. There will be two workshops. The 10th graders will be on **Wednesday, April 2nd from 2:30 - 3:30.** The 9th graders will be on **Wednesday, April 30th from 2:30 - 3:30.**

I will be out of the office on Monday, April 21 until Wednesday, April 22 to

attend the MI-MAEOPP Spring Professional Development Conference in Lansing.

Good Luck on your final trimester!

"Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome."

Booker T. Washington

From the Desk of: Anthony Quinn - Director of UB

THANK YOU!!
The MCCC Upward Bound Program wants to take this time to thank La-Z-Boy Foundation for their support of our students. The program was rewarded a \$3,000 grant award from the La-Z-Boy Foundation for ten of our students to attend the Michigan Chapter of the Mid-American Association of Educational Opportunity Program (MI-MAEOPP)

TRiO Day Student Leadership Conference that was held in Kalamazoo, MI. The grant that the program received gave our students the chance to meet other Upward Bound participants from across the state of Michigan by attending student workshops on topics such as time-management, self-esteem, personal discipline, diversity, organizational skills, effective team leadership as well as activities

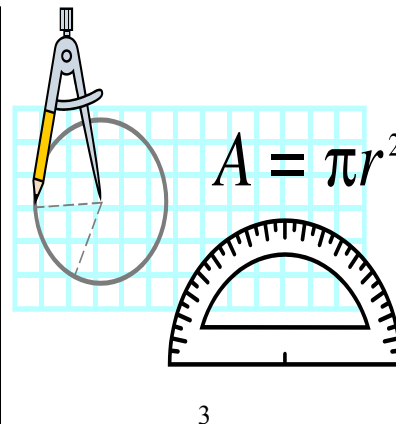
including a college fair and college tours.

Once again, thank you for your support!

Honor Roll Students

ALL A's

Kaitlyn Minney	09
Marissa Sulfaro	09
Ben Romero	10
Katie Tigney	10



ALL A's AND B's

McKenna Duchenne	09
Kaitlyn Minney	09
Robyn Monk	09
Amanda Sharpe	09
Marissa Sulfaro	09
Bryce Althouse	10
Patricia Austin	10
Ben Romero	10
Amber Stroede	10
Katie Tigney	10
Shannon Worden	10

Upward Bound Calendar

SUMMER PROGRAM BEGINS MONDAY, JUNE 23, 2008

Speaker Event

Keys to Success in Our Diverse World

Guest speaker is former Detroit Mayor, Dennis Archer.

One of the "100 Most Influential Black Americans," according to the Ebony Magazine and one of the "100 Most Powerful Attorneys in the U.S.," according to the National Law Journal.

April 23, 2008

7:45AM

Monroe County
Community College



Dennis W. Archer
Photo credit: ABA-Ameen Howrani

Banquet

Upward Bound Banquet

Date: June 5, 2008

Time: 6-8PM

Place: MCCC
Administration
Building



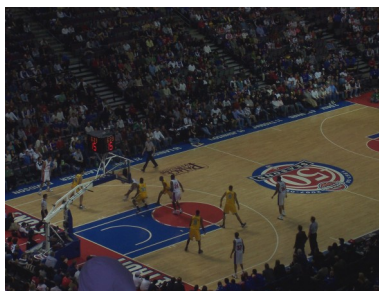
Birthdays

Alyssa Briggs	March 09
Patricia Austin	March 28
Benjamin Romero	April 14
Kate Killingback	April 23
Addison Hendrick	April 25
Robyn Monk	April 30
Alexander Lehr	May 23
Amber Stroede	May 27



What's Going On

Detroit Pistons



Left to Right: Charisse Byrd, Cierra Clay and Adam Murray



Alex Lehr

War of 1812



Left to Right: Former Mayor Al Cappuccilli, Stacey Langton, Bryce Althouse, Honorable Congressman John D. Dingell, Kylee Bezeau, Dannielle Lambert and Willibea Thomas



Left to Right: Willibea Thomas, Former Mayor Al Cappuccilli, Stacey Langton, Dannielle Lambert, Kylee Bezeau and Bryce Althouse

Underground Rail Road



Left to right: Bryce Althouse, Anthony Quinn, Cierra Clay, Charisse Byrd and Robin Monk



Back row: Anthony Quinn, Cierra Clay, Robin Monk. Front row: Alex Lehr and Kevin Minney