

STAFF

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TUTORING

Math

■ Kevin Gibbs

Science

■ Bob Nichols
■ Nicole Adams

English

■ Deb Mau
■ Jennifer Royston

Foreign Language

■ Brian DeMaggio

SCHEDULE UPWARD BOUND

Classes meet on Tuesdays,
Wednesdays and Thursdays
at Monroe High School

Tuesday

■ Nicole Adams
■ Kevin Gibbs
■ Bob Nichols
■ Deb Mau
■ Jennifer Royston

Wednesday

■ Nicole Adams
■ Kevin Gibbs
■ Jennifer Royston

Thursday

■ Brian DeMaggio
■ Kevin Gibbs
■ Bob Nichols
■ Jennifer Royston

What is Upward Bound?

Upward Bound, established in 1965, is a program funded by the U.S. Department of Education. It is a pre-college program designed to assist students who are willing to make sacrifices to achieve academic and personal goals.

The purpose of the program is to provide high school students with the support in developing and enhancing skills necessary for graduation from high school, enrollment in a college or university, and ultimately graduation.

The Upward Bound program offers extensive academic instruction as well as counseling, mentoring, and other support services. Students meet throughout the school year and

participate in a summer program that is held on the campus of Monroe County Community College for six weeks. The Upward Bound staff maintains contact with the students through the school year and into the summer. It is mandatory for students to attend Upward Bound tutorial sessions and other academic enrichment and cultural events scheduled during the academic year and to attend the six week summer program.

We provide:

- Individual and group tutoring
- Academic counseling workshops
- On-campus summer program at Monroe County Community College
- ACT/SAT/MEAP review
- College and University visits
- Assistance with college applications
- Fee-waiver for college entrance exams and applications
- Cultural and social events
- Monthly stipends

From the desk of ANTHONY QUINN

Student Council Board

We are in the process of forming a student advisory board. We will hand pick these leaders to be the voice of the Upward Bound participants. These student leaders will help us develop workshops, field trips, and the summer program. We are excited to get started with our Advisory Board and I hope you are ready to rise to the occasion. Mrs. Langton will provide further details in the near future.

I hope your school year is getting off to a great one thus far. Here are some helpful study tips that can make all the difference in your grades.

1. Take your study time seriously. Set a schedule and stick with it. Don't let anything distract you (cell phone, television, music, etc.)
2. Find a quiet place to study where you will not be interrupted. The library is a great choice.
3. Take good notes in class. It will be much harder to study if your notes are illegible or unorganized.
4. Remember to bring your homework to school. Many will claim this is a no-brainer, but many F's come from students forgetting to bring a perfectly good paper or project to school with them.
5. Set study goals before you begin and make every attempt to accomplish each goal.
6. Form a study group. By studying with others, you can get more accomplished and pick up on information you may have missed.
7. Do not procrastinate and don't save your studying for the last minute. This will only cause a great deal of stress and lower your productivity.
8. Use flashcards as a way to help you study. It is a great tool to help students' memorize a great deal of information.
9. If you don't understand something in class, ask the teacher to clarify confusing information. You will avoid wasting valuable study time.
10. Motivate yourself with rewards. It shouldn't be anything expensive, just something to make you feel good.

I'm Going to College “ROADMAP”

Freshman Plan

- Find a school counselor, teacher or mentor you trust for guidance, help and support.
- Talk with your parents/guardian now about your goals.
- Create a folder for your report cards awards/honors, etc.
- Find out what classes you'll need to graduate.
- Participate in school and community activities. They can help your college application stand out.
- Take foreign language classes.

Sophomore Plan

- Find a school counselor, teacher or mentor you trust for guidance, help and support.
- Ask a college graduate for advice on preparing to go to college.
- Use local libraries and the Internet to research schools.
- Check into Advanced Placement courses.
- Keep your grades up.
- Join clubs, sports or volunteer activities.
- Confused about tests? Ask a counselor or teacher.
- Track: Keep a list of activities you do and awards you win.

Junior Plan

- Find a school counselor, teacher or mentor you trust for guidance, help and support.
- Check into Advanced Placement courses .
- Find out which college prep tests you should take in your junior year, and be sure to sign up by the deadline date.
- Keep your grades up. It's especially important this year.
- Make a list of up to 10 colleges you're interested in.
- Take the appropriate college prep tests, e.g. SAT and ACT.
- October: Get admission requirements from colleges.
- Spring: Attend college fairs, visit colleges.
- Spring: Research scholarship; watch for deadlines.

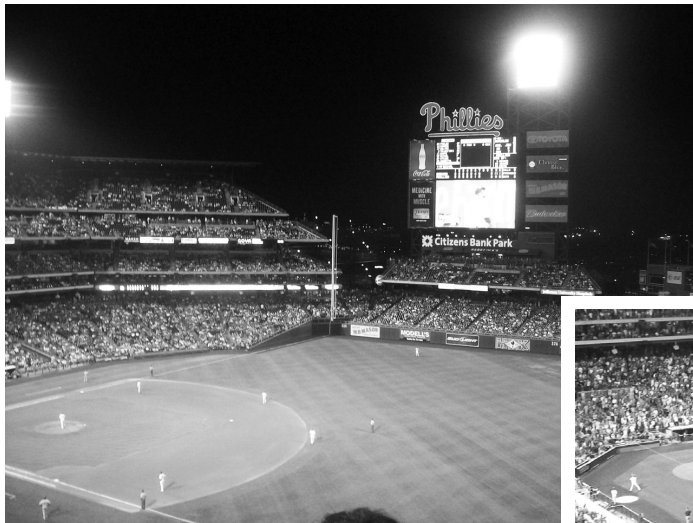
Senior Plan

- Review your high school transcript: compare it to your chosen college requirements.
- Ask teachers for a letter of recommendation. Request the teachers to submit letter of recommendation.
- Apply early for your dream school.
- October: Submit all college admissions applications by the end of the month.
- Register and take SAT and/or ACT tests. Send all scores to colleges you have submitted an application to.
- Apply for scholarships.

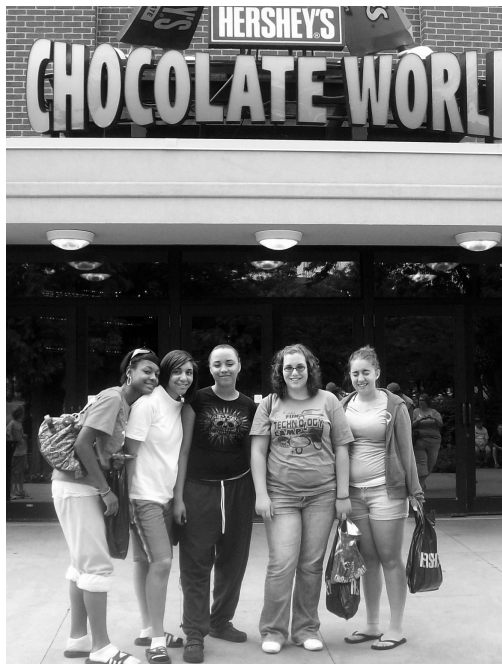
Upward Bound

PHILADELPHIA TRIP

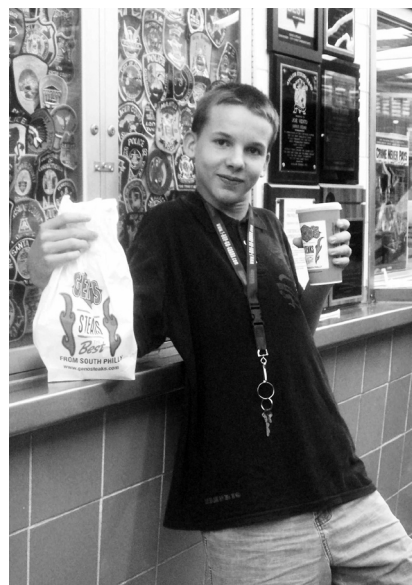
AUGUST 2009



Katie Tigney and
Emily Kern
Philadelphia Phillies
vs Colorado Rockies



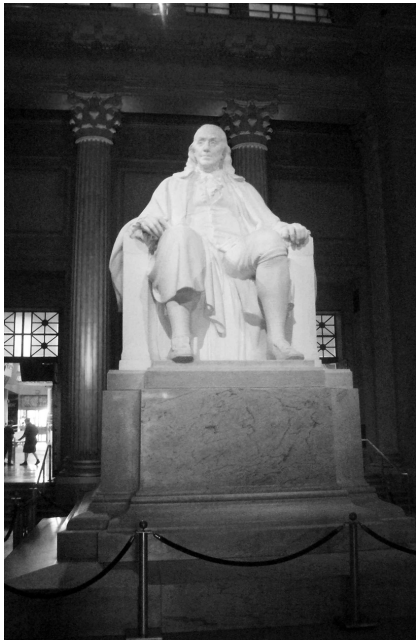
L to R: Keeyana Thomas, Valencia Wright,
Shanea Byrd, Amber Lewis
and Shannon Worden



Will Schwab

Continued –

Philadelphia – continued



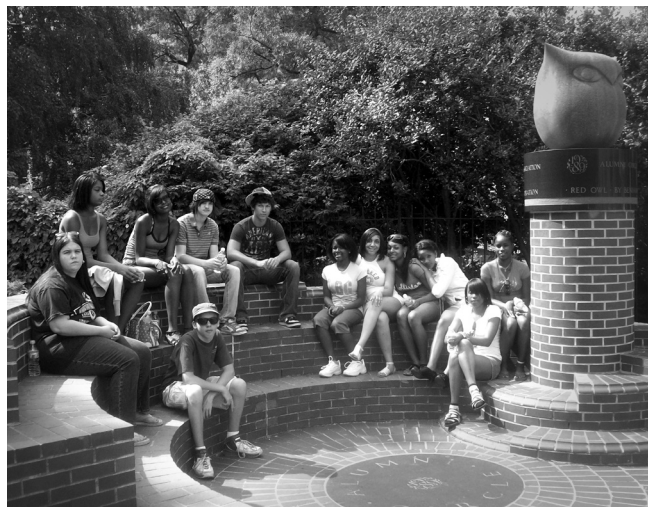
Franklin Institute



Upward Bound students on the stairs of the Franklin Institute in Philadelphia, PA.



◀ L to R: Will Schwab, Shannon Worden, Patricia Austin and Nikko Amaya



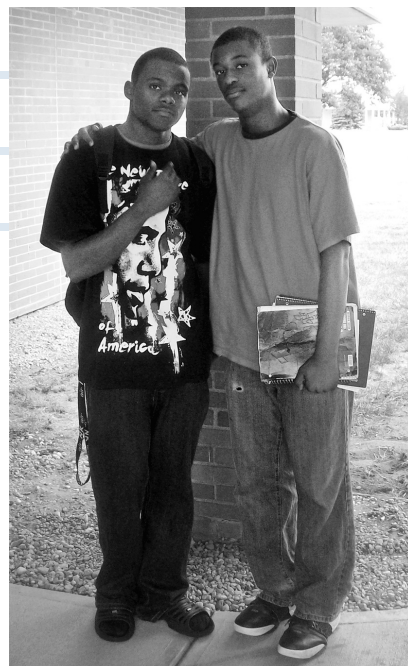
◀ Group of Upward Bound students at Temple University located in Philadelphia, PA.

Upward Bound Summer Program

on the campus of

Monroe County Community College

(L) Reyes LaSalle and
(R) Terrance Grant



L to R: Terrance Grant, Reyes LaSalle, Valencia Wright,
Keeyana Thomas and Willibea Thomas



Front row L to R: Logan Bourbina, Robert Burris and Tim Grant
Back row L to R: Mr. Abru, Ashley Stevenson and Sharvae Davis

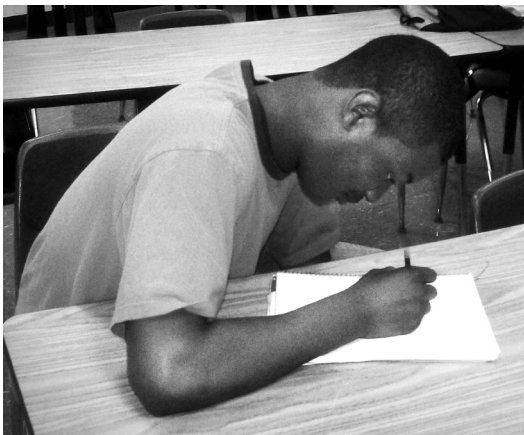


(L) Rachel Pierce and (R) Will Schwab

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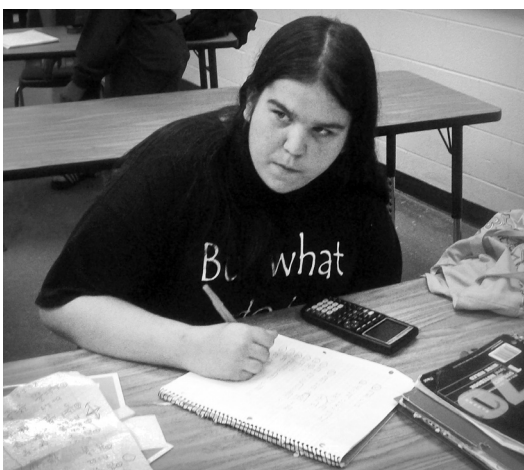
Summer Program at MCCC – continued

Terrance Grant ▶



▲
Amber Lewis

Rachel Pierce ▶



Upward Bound Senior Highlight

BRYCE ALTHOUSE

College plans: Attend Monroe County Community College for two years with a focus on the accounting program and then transfer to Oakland University for two more years to finish up my accounting degree.

Favorite food: I live for chicken cordon bleu, tilapia, and of course most forms of chocolate.

Favorite movie: I am a big fan of Boondock Saints, Crank, and all Monty Python's.

Favorite shows: Bones, House, Married with Children, and Spin City

Favorite part about Upward Bound: Visiting colleges. I am terrible with setting appointments and remembering dates so it's nice that Upward Bound sets them up for us and we can go as a group.

Who is your role model?: I don't hold a role-model because you need to be your own person, not someone else.

Continued –

Bryce Althouse – *continued*

College of choice: Monroe County Community College and Oakland University

Hobbies: Dungeons & Dragons, video games, cooking and baking

Extra curricular activities: None currently. Former member of German Klub and co-founder and vice president of German Klub Redux last year.

Most memorable high school experience: When the school locked down for almost an hour when a strange person walked into the building who was legitimately an employee of Monroe Public Schools that just forgot their ID.

Words of wisdom: High school is just like the movies: full of mean kids, worse teachers, and a LOT of drama. Just make sure that you're better than that, keep your head up high, and don't take anything from anyone.



Upward Bound Senior Highlight

PATRICIA AUSTIN

College plans: Major in early childhood education. Get my associate's degree.

Favorite food: Chinese

Favorite movies: A Walk to Remember and The Notebook

Favorite TV shows: iCarly, America's Funniest Videos and Pranked

Favorite part about Upward Bound: Getting help with college plans

Who is your role model? My mother

College of choice: Indiana University

Hobbies: Playing saxophone, writing songs and designing cloths

Extra curricular activities: Upward Bound, Marching Band and Photography Club

Most memorable high school experience: Being on Winterfest Court

Words of wisdom: Work hard, have fun



Upward Bound Senior Highlight

SHANEA BYRD

College plans: Nursing at Monroe County Community College for two years and then go some place else.

Favorite food: Mac n' cheese

Favorite movie: Dirty Dancing

Favorite TV shows: iCarly and Bet the Game

Continued –

Shanea Byrd – *continued*

Favorite part about Upward Bound: To have seen different cities and places

Who is your role model?: My dad

College of choice: Monroe County Community College

Hobbies: Singing, watch T.V. and listen to music

Words of wisdom: Do your best and get all your work done.

Upward Bound

CAMP MIAKONDA

SUMMER 2009

L to R:

Amanda Sharpe (pony tail and black shirt), Raynisha Thomas (striped shirt)
Valencia Wright, Keeyana Thomas, Terrance Grant,
Amber Lewis, Katie Tigney and Rachel Pierce.



McKenna Duchenne, Shannon Worden, Tim Grant, Sidney Williams, Ebony Bias, Will Schwab



▲ Clockwise from L:

Keeyana Thomas (pony tail), Dariun Hudson, Patricia Austin, Addison Hendricks and Robert Burris

Continued –

Robert Burris and Tim Grant as guides for Shannon Worden and McKenna Duchenne ▶



From the desk of **DANIELLE LAMBERT**

ATTENTION!



ALL SOPHOMORES:

All 10th graders are **required** to take the **PLAN** test. This is a **MANDATORY** test if you are in the Upward Bound Program.



SENIORS: If you have a need to re-take the ACT, sign up as soon as possible. Upward Bound will take care of any fee. Submit your registration to Ms. Lambert in room A-115.

COLLEGE NIGHT 2009

Tuesday,
• **NOVEMBER 3** •
- 6:30 to 8:00 p.m. -

Monroe County Community College **Welch Health Education Building**

1555 South Raisinville Road • Monroe, Michigan 48161

Adrian College
Albion College
Alma College
Aquinas College
Ashford University
Baker College, Allen Park
Baker College of Owosso
Baldwin-Wallace College
Bluffton University
Bowling Green State University
Central Michigan University
Concordia University – Ann Arbor
Cornerstone University
Davenport University
Defiance College
Eastern Michigan University
Eastern Michigan U. Aviation
Ferris State University
Finlandia University
Grace Bible College
Grace College

Grand Valley State University
Great Lakes Christian College
Grove City College
Henry Ford Community College
Indiana Technological University
Kettering University
Lake Superior State University
Lawrence Tech University
Lincoln College of Technology
Lourdes College
Madonna University
Mary Grove College
Mercy College of Northwest Ohio
Michigan Technological University
Monroe County Community College
Northern Michigan University
Northwood University
Ohio Northern University
Ohio State University
Olivet College
Robert Morris University-Illinois

Saginaw Valley State University
Siena Heights University
St. Mary's College - Notre Dame
Spring Arbor University
Tiffin University
Trine University
United States Air Force
University at Buffalo
University of Detroit Mercy
University of Findlay
University of Michigan – Ann Arbor
University of Michigan – Dearborn
University of Michigan – Flint
University of Michigan – ROTC
University of Phoenix
University of Toledo
Walsh College
Wayne State University
West Point
Western Michigan University
WyoTech

Grant, Loan and Scholarship professionals will be available.

Sponsored by
Monroe County Community College

ROSTER

2009-2010

UPWARD BOUND

P R O G R A M A T M C C C



Freshman

Jaliam Burris
Annie Dailey
Aliyah Elston
Terrence Grant
Dariun Hudson
Kendra Murphy
Keri Stevenson
Keeyana Thomas
Trent Walker

Sophomore

Alaijah Brewer
Keyonna McCray
Racheal Pierce
William Schwab
Chasity Stephens
Raynisha Thomas
Sidney Williams
Valencia Wright

Junior

Nikko Amaya
Malarie Babik
Logan Bourbina
Robert Burris
Charisse Byrd
Cierra Clay
Gary Cooper
Sharvae Davis
Timothy Grant
Travon Hamilton
Amanda Hunt
Sylvaysha Lee
Robyn Monk
Amanda Sharpe
Ashley Stevenson
Marissa Sulfaro
Willibea Thomas

Senior

Bryce Althouse
Patricia Austin
Alyssa Briggs
Shanea Byrd
McKenna Duchenne
Addison Hendrick
Emily Kern
Kate Killingback
Lee Korotney
Reyes LaSalle
Amber Lewis
Ben Romero
Jessica Russell
Steven Taylor
Katie Tigney
Shannon Worden

